

SUMMER GUIDE



April - September 2025

Registration begins April 7

Camp Registration begins March 20

CHECK OUT THE
CAMP GUIDE
ON PAGE 19!



LEARN ABOUT **POLLI**, OUR HEAD POLLINATOR, AT [WBPARKS.ORG/STAFF](https://wbparks.org/staff)



WEST BLOOMFIELD

HEALTH & REHABILITATION CENTER



QUALITY HAS ITS REWARDS

We are proud to announce our latest triple-crown of outstanding recognition from *HOUR Detroit*, *U.S. News & World Report* and *Newsweek*. **West Bloomfield Health & Rehabilitation Center** continues to deliver nationally recognized senior care you can trust, close to home. It's just more affirmation that quality has its rewards.

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Program fees are listed as the regular rate followed by the resident discount rate.

Recreation Activities Center

4640 Walnut Lake Road, West Bloomfield, MI 48323

Office Hours: Monday-Friday, 8 am-4:30 pm

Offices are closed May 26, June 19, July 4, September 1.

Connect Hours: Monday-Friday, 8:30 am-4 pm

Park Hours: Parks are open daily from 8 am-dusk, year-round.

Phone: (248) 451-1900

Email: info@wbparks.org

Staff Contact Information:


Contact information for individual staff can be found at: wbparks.org/staff.

Registration:

To register for a program, call (248) 451-1900 or visit us online at wbparks.org.

Community Transit: (248) 706-2411

To schedule a ride; service for residents who are disabled or 55+.

 Program Location

 Instructor

Welcome to West Bloomfield Parks' Summer Guide! Inside you'll find great programs for you and your family to enjoy now through September.

COMMISSIONERS

Terrance T. Adams
Merv Aronoff
David Barash
Robert V. Brooks

John A. Erich
Amy Mindell
Sally Wenczel

UPCOMING COMMISSION MEETINGS

April 23
May 28
June 25
July 23
August 27

All meetings are at 6 pm at Town Hall (4550 Walnut Lake Rd.). They are open to the public and can be viewed online live at civiccentertv.com.



FROM the DIRECTOR



SPRING ADVENTURE CHALLENGE

Spring brings new motivation to get moving! It is time to explore new spaces and make new friends. If not now, when? This is the perfect season to embrace new adventures right here in your own backyard.

Here's a top 10 list to inspire your springtime activities. Let us know how many you check off:

1. Sign up for a class.

Explore something new! This guide is full of ideas.

2. Volunteer at a WB Parks event.

Make a difference in your community. Choose from a variety of events or volunteer at the Connect Senior Center. Bring a friend along as well. We will provide an orientation and a nametag and make it fun! wbparks.org/volunteer

3. Celebrate Earth Day or visit a Discovery Day in the Nature Room.

Our Earth Day Celebration is on page 8. Discovery Days are any Wednesday from 9 am-4:30 pm. See details on page 29. Both are FREE!

4. Shop the Native Plant Sale.

Bring home something green that is meant to grow and thrive in Michigan! Online orders start May 10.

5. Join the Garlic Mustard Pull effort.

Sign up solo or bring a friend. It is a great way to enjoy the outdoors while combating invasive species.

6. Browse the Adventure Guide.

Discover a new park or amenity that might be your new favorite. Pick up a hard copy at the Recreation Activities Center or view the guide online at wbparks.org/parks.

7. Walk or bike the WB Trail.

Start from the new Edgewood parking lot. Take a break at Arrowhead to use the restroom or refill your water bottle.

8. Visit Drake Sports Park.

Check out the new skate park which opened in the spring of 2024, the new playground which opened in the fall of 2024 or take a lap on the paved walking path.

9. Enjoy Marshbank Park.

Try the fishing pier or kayak/canoe launch or simply enjoy the breathtaking view of Cass Lake. NOTE: Parts of Marshbank Park will be under construction starting August 1, 2025.

10. Shoot hoops at Bloomer Park.

Perfect for some outdoor fun on our brand-new basketball court.

Make the most of the spring and summer seasons with WB Parks. Share your adventure with us on social media: [#wblovesnature](https://twitter.com/wblovesnature).

Kelly Hyer, CPRP

Park IMPROVEMENTS

Parks and Facilities



2025 CAPITAL IMPROVEMENTS:

Below is a list of capital improvement projects scheduled for 2025. Follow the progress of each on our website at wbparks.org/capital.

- **MARSHBANK PARK PAVING – PHASE 1**

The parking lots and walking paths at Marshbank Park will be repaved over the next three years. This project will be broken into phases, so the park can remain open as much as possible during construction. **Beginning approximately August 1**, the northwest portion of the park including walking paths, roads and one parking lot will be closed. Construction will last through early November.

- **PINE LAKE PARK ENGINEERING SERVICES**

In 2024, the Pine Lake Park Master Plan was approved. In 2025, we will begin to bring these improvements to fruition by contracting professional services such as engineers, landscape architects and playground designers. Playground installation is anticipated for the fall of 2025.

- **MARSHBANK PARK BUILDINGS EXTERIOR REFRESH**

The Lodge and Overlook buildings at Marshbank Park will be re-stained and other building fixtures will be repainted.

- **WEST BLOOMFIELD TRAIL SIGNAGE**

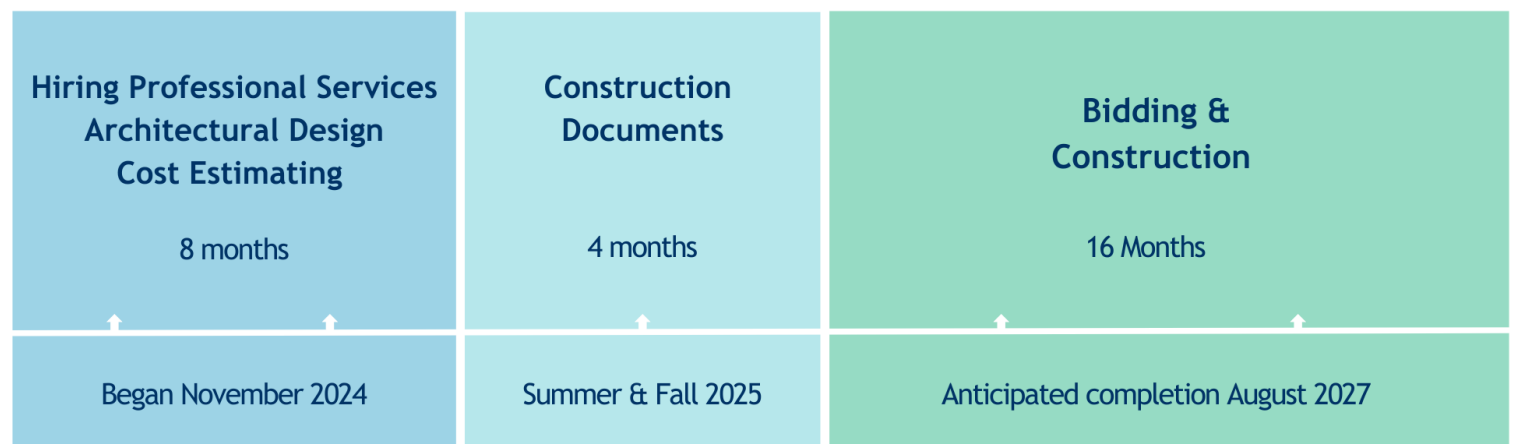
Signs at every intersection along the West Bloomfield Trail will be updated, redesigned and replaced.

- **ROOF REPLACEMENTS AT DRAKE SPORTS, KEITH SPORTS AND BLOOMER PARKS**

Eight roofs total will be replaced at Drake Sports Park, Keith Sports Park and Bloomer Park.

CONNECT COMMUNITY CENTER DESIGN & CONSTRUCTION TIMELINE

In August of 2024, West Bloomfield voters passed a 20-year, \$25 million bond that will be used to build an expanded multigenerational Connect community center and make needed investments in other parks. The Connect community center project is underway and the graphic below outlines the estimated timeline for completion. We will provide updates on our website as this project progresses. Visit wbparks.org/bond for details or watch our televised, monthly Commission meetings at www.civiccentertv.com.





Opening May 23

Located at 6200 Farmington Road

Pre-sale admission available
April 23 for West Bloomfield residents
or May 8 for nonresidents

Weather hotline: (248) 451-1940



wbparks.org/LilyPadSprings

Residents: \$4/person per session
Non-residents: \$7/person per session

Session Hours are as follows, seven days a week:

- (3) Sessions: 11:00 am-1:00 pm, 1:30-3:30 pm, 4:00-6:00 pm - Plus special Twilight Sessions (see below)
- Limited hours on some weekdays in the beginning/end of the season. See wbparks.org/lilypadsprings for details.
- Anyone 6 months and older entering the splash pad must pay the entrance fee.
- Pre-registration limited to 10 people per reservation.
- Resident pre-sale: available 30 days in advance
- Non-residents pre-sale: available 15 days in advance
- On-site sales begin 15 minutes prior to session
- Tickets are available online until 10 am the day of your visit.

Lily Pad Springs includes:

- Fun for children of all ages
- Over 50 play features and 4 water slides
- Splash bucket that dumps 55 gallons of water
- ADA and Universally Accessible

Private Party Rentals

Reservations begin April 1 - \$550

Includes splash pad and tent for private party
(up to 100 people.)

See wbparks.org/rentals for additional details.

Semi-Private Rentals

Reservations begin April 1 - \$100

Includes tent rental (up to 40 people)
Group cannot exceed 40 people, admittance
fees not included. See wbparks.org/rentals for
availability & additional details.

Sensory Friendly Sessions

For our park visitors that may find a regular day at
the splash pad a little overwhelming, this special
session is perfect for you.

Mondays from 11 am-1 pm

June 9-August 18

Plus the first Saturday of each month (6/7, 7/5, 8/2)
from 11 am-1 pm

Twilight Sessions

Join us for our once-weekly evening session!

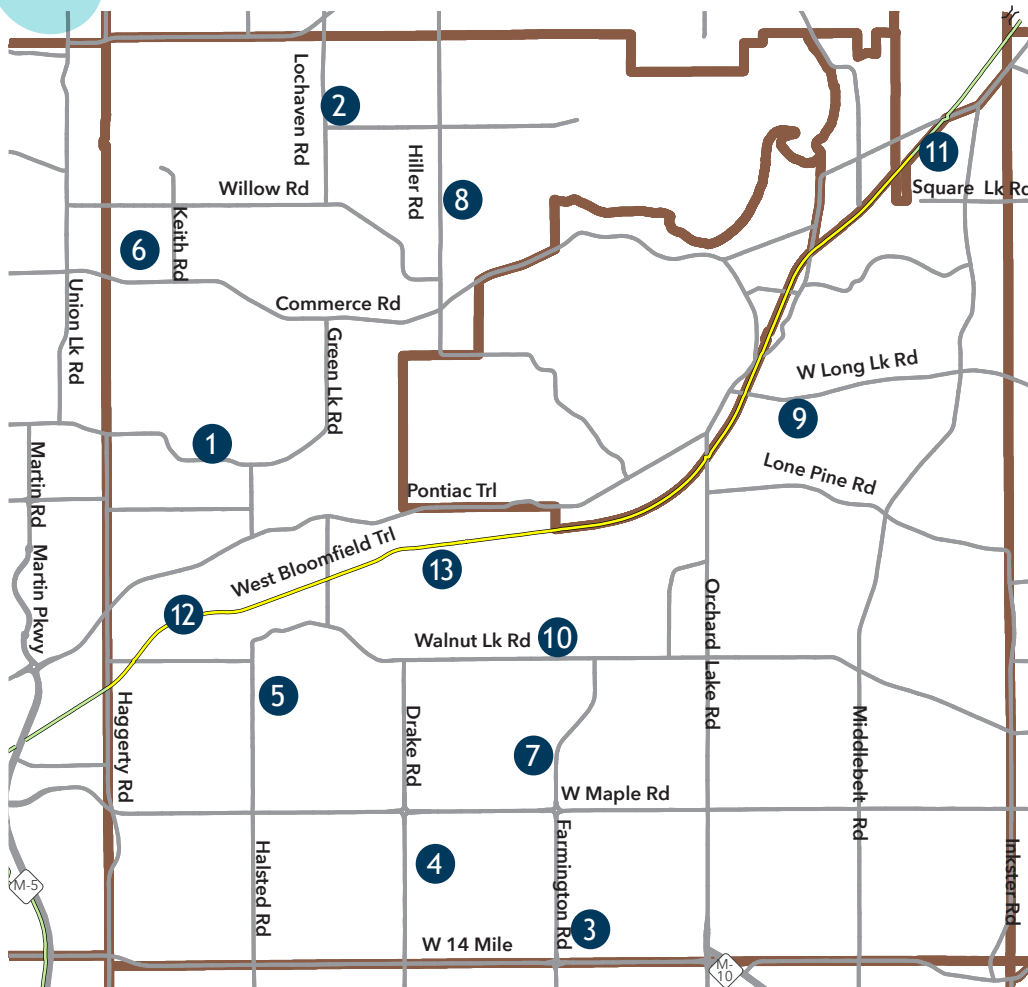
Tuesdays Twilight sessions:

6:30-8:30 pm

June 10-August 19

Explore YOUR PARKS

Parks and Facilities



- | | |
|--------------------------|--|
| 1 Bloomer Park | 8 Marshbank Park |
| 2 Bloomfield Knolls Park | 9 Pine Lake Park |
| 3 Connect Senior Center | 10 Recreation Activities Center |
| 4 Drake Sports Park | 11 Sylvan Manor Park |
| 5 Karner Farm | 12 West Bloomfield Trail |
| 6 Keith Sports Park | 13 West Bloomfield Woods Nature Preserve |
| 7 Lily Pad Springs | |



SPECIAL EVENTS

EARTH DAY CELEBRATION

Free!
Pre-registration Required.

Guided Hikes, Recycled Crafts,
Conservation Vendors & more!

Tuesday, April 22
4-6 pm
Recreation Activities Center

Guided Hikes at 4:30 & 5:30 pm
\$5/Family
Free tree seedlings to the first 50 families

Sponsored by:

DAVEY
Proven Solutions for a Growing World

RAISE HOPE & FOSTER DREAMS
BECOME A FOSTER PARENT
1-855-MICHKIDS

Michigan Solar Solutions

goldfish
swimschool

BLOOMFIELD
Child & Family
COUNSELING

COMMUNITY GARAGE SALE

MAY 10
8 AM-2 PM
RECREATION
ACTIVITIES
CENTER
(PARKING LOT)

SHOP LOCAL & HELP REDUCE
COMMUNITY WASTE!

BECOME A SELLER FOR \$10 (RESIDENTS ONLY)
ONLY ONE REGISTRATION PER HOUSEHOLD

FREE!

NO REGISTRATION
REQUIRED.

EVENT PARTNER:



PRESENTED BY:



KIDS KOMOTION

CONCERT SERIES AT MARSHBANK PARK

LEONARDO MUSIC
THURSDAY, MAY 15
5-7 PM

CHARACTER VISIT: SUPERMAN & SUPERWOMAN

THE STEVE & TRISTE DUO
THURSDAY, JUNE 12
10-12 PM

CHARACTER VISIT: JASMINE & ALADDIN

RICK & DAYNA'S PLAYHOUSE
THURSDAY, AUGUST 21
10-12 PM

CHARACTER VISIT: TINKERBELL & PETER PAN

SPONSORED BY:

INFLATABLES! (BRING SOCKS)

FOOD AVAILABLE FOR PURCHASE FROM THE WEST BLOOMFIELD OPTIMIST CLUB!



NATIVE PLANT SALE

ONLINE PRE-ORDER: MAY 10-15
BEGINNING AT 8 AM

PICK UP: SATURDAY, MAY 17
9AM-12PM
MARSHBANK PARK

VISIT [PLANTSFORECOLOGY.COM](https://plantsforecology.com) TO VIEW THE WIDE RANGE OF TREES,
SHRUBS AND PLANTS AVAILABLE FOR PURCHASE!

PLANTS FOR ECOLOGY WILL DONATE A PORTION OF THE PROCEEDS
TO OUR NATURE ROOM TO HELP FURTHER OUR MISSION OF
ENVIRONMENTAL EDUCATION!



WALK WB

Tuesdays at 6 pm, Saturdays at 8 am
May 6-August 26

Sponsored by:



Walk WB is a fun, free program designed to encourage fitness opportunities while enjoying all the parks and trails West Bloomfield has to offer.

Walks are scheduled at various locations throughout West Bloomfield and range from 2.2 to 3.7 miles.

On the second Tuesday of each month, Henry Ford Health experts will be available prior to the walk to answer questions and encourage dialog about health concerns.

The more you participate, the more chances you have to win the \$250 grand prize drawing (one entry for each walk). Winner is announced after the 8/26 walk. Must pre-register for the course once per year in order to participate.

The schedule and walk maps are available at:

wbparks.org/walkwb



FOOD TRUCK TUESDAYS
MAY 6TH-SEPTEMBER 30TH
11:30AM-1:30PM

TENT BETWEEN THE LIBRARY &
RECREATION ACTIVITIES CENTER!
IN THE CIVIC CENTER COMPLEX
4600 WALNUT LAKE ROAD, WEST BLOOMFIELD 48323

TO VIEW THE COMPLETE 2025 FOOD TRUCK LINEUP VISIT:
WBPARKS.ORG/FOODTRUCKTUESDAY

THIS IS AN EVENT SERIES ORGANIZED BY
WEST BLOOMFIELD TOWNSHIP, LIBRARY, POLICE AND PARKS DEPARTMENTS.

CELEBRATE NATIONAL TRAILS DAY ON THE WEST BLOOMFIELD TRAIL!

NATIONAL TRAILS DAY

SATURDAY, JUNE 7 AT 8 AM
START AT
WALNUT CREEK
MIDDLE SCHOOL



FREE T-SHIRTS!
*WHILE SUPPLIES LAST

CHECK IN BETWEEN 8-8:30 FOR A FREE T-SHIRT!
T-SHIRTS ARE FIRST-COME-FIRST-SERVED.

SPONSORED BY



Ages 3+ Resident \$9/nonresident \$11

GO FISH

June 8
9-10 am &
10:15-11:15 am
Marshbank Park

Special guest: Mike McKinstry from
The Bassquatch Hunter: Fish Out of Water
on the Discovery Channel

**THE BASSQUATCH
HUNTER
FISH OUT OF WATER**

Fishing!
Charts!
Prizes!

This event is on the DNR's free fishing
weekend, so no fishing license is required.
Limited number of fishing poles and bait available
along with hands-on instruction from WB Parks staff.



June 19 from 10am-2pm
Civic Center Campus

JUNETEENTH JAMBOREE

FREE!

CELEBRATE WITH THE WB DIVERSITY TASK FORCE!

Enjoy **FREE** food (limited quantities) & **FREE** Entertainment
Schedule available at wbparcs.org/juneteenth-jamboree
Recreation Activities Center
4640 Walnut Lake Road

Free programming from the WB Township Public Library
visit wblib.org for details
West Bloomfield Library
4600 Walnut Lake Road

SPONSORED BY:



PRESENTED BY:



The West Bloomfield Diversity Task Force is a partnership between WB Parks, the WB Public Library, WB Township and community volunteers.

FREE ENTRY!
No registration required.

SUMMER ON-THE-BANK

SATURDAY, JUNE 28 ☀️ **11 AM-3 PM** ☀️ **MARSHBANK PARK**

Free activities include water slides & bounce houses, fishing, kayaking, crafts & more!
Bring a bathing suit, towel, reusable water bottle and socks for the bounce houses.
The Game Zone, face painting & food trucks require a fee.

Presented by:



Sponsored by:



MARSHBANK MUSIC

WEDNESDAYS AT MARSHBANK PARK

LINEUP

JULY 9- COSMIC GROOVE
TOP 40 HITS

JULY 16- SPACECAT
TOP 40 HITS

JULY 23- OLD DAYS CHICAGO TRIBUTE
CHICAGO TRIBUTE BAND

JULY 30- LOSTWEST
COUNTRY ROCK AND POP

FREE!

5:30 - 8:30 PM

FOOD SERVICE STARTS AT 5:30
MUSIC KICKS OFF AT 6:00

VARIETY OF FOOD
TRUCKS AVAILABLE!

FOR FOOD TRUCK LINEUP,
VISIT WBPARKS.ORG/MARSHBANK-MUSIC-SERIES

SPONSORED BY:



MICHIGAN
SCHOOLS & GOVERNMENT
CREDIT UNION



Ages 50+



Lunch & Laughter

Friday, May 2

12-1:30 pm

Connect

A good laugh is essential to your wellbeing!

Join us for an afternoon of lunch & laughter with friends to celebrate World Laughter Day.

**Resident \$12
Nonresident \$14**

Sponsored by:



INDEPENDENCE DAY PICNIC



AGES 50+

WEDNESDAY, JUNE 25

12-1:30 PM

MARSHBANK PARK

ENJOY LUNCH AND LIVE ENTERTAINMENT UNDER THE MAPLERIDGE SHELTER!

PRE-REGISTRATION IS REQUIRED. RESIDENT \$12/NONRESIDENT \$14

SPONSORED BY:




Meet Your Police Force

Come out to meet some of the West Bloomfield Police Officers and learn about basic safety, ask questions, etc.

Saturday, June 14th

9:00-11:00 a.m.

Next to the Main Library, 4600 Walnut Lake Rd.

Food Trucks onsite include:

InfiniTeas (coffees, teas, donuts)

Donut Worry (croissants, pastries)



Hosted by West Bloomfield Township & WB Police

Call 248-451-4845 for more details

Presented by



Sponsored by



BEES, BUTTERFLIES & BLOOMS

A Festival For Pollinators!

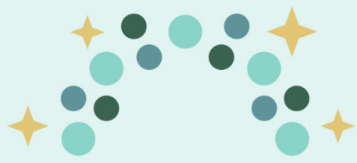
Saturday, August 23 from 10 am-12 pm at Marshbank Park

Buzz and flutter about Marshbank Park to learn about the importance of our pollinators & what you can do to help these critters that are so important to our earth.

Free! No registration required! All ages!



- Monarch tagging with butterfly releases
- Sweep netting for native pollinators
- Interactive talks with Bees in the D
- Live caterpillar displays
- Native seed giveaway
- Beeswax craft



ROCKIN' ROBOT
PARTY CO

YOUR EVENT ROCKS
ONCE WE ROLL IN



EST. 2011



TOP RATED BALLOON DECOR | WEST BLOOMFIELD & BEYOND
ROCKINROBOTPARTY.COM



At Henry Ford West Bloomfield Hospital, we are changing healthcare.

WE ARE HENRY

We're on a mission to build a healthier community.

Our expert teams are delivering care that redefines what's possible—from neurosurgery, cardiac care and stroke treatment to robot-assisted joint replacements, cancer management and a birthing center like no other. For your convenience, we've also added a spacious new parking structure. Discover the most advanced care, close to home. [Learn more at henryford.com/westbloomfield](https://henryford.com/westbloomfield)

**HENRY
FORD
HEALTH®**



Fees are listed as the regular rate followed by the resident discount rate.
Program ages are listed next to each title.

Athletics

Tiny Tykes.....3-5

Tiny Tykes is an exciting program that teaches basic soccer skills while developing strength, balance, coordination, listening skills and teamwork. Caregiver must stay during class.

📍 Marshbank Park
4/23-5/28 | W | 5:00-6:00P | \$174/\$150
4/23-5/28 | W | 6:00-7:00P | \$174/\$150

Tennis Clinics

This class is for beginner through intermediate players. Clinic will focus on learning the fundamentals of hitting the ball and learning skills to improve your playing ability. Youth will be grouped based on ability level.

📍 Drake Sports Park

Ages 6-8

5/5-5/14 | M,W | 5:00-6:00P | \$100/\$88
5/19-6/2 | M,W | 5:00-6:00P | \$100/\$88

Ages 9-12

5/5-5/14 | M,W | 6:00-7:00P | \$100/\$88
5/19-6/2 | M,W | 6:00-7:00P | \$100/\$88
No class 5/26

Tennis Team Prep...13-16

This class is to help players prepare for tennis team tryouts. The clinic will focus on improving skills to advance individuals playing ability. Youth will be grouped based on ability level.

📍 Drake Sports Park
5/8-5/20 | Tu,Th | 5:00-6:00P | \$100/\$88

Pickleball Club

Introduce your kids to the world's fastest-growing sport in this fun-filled pickleball class! Participants will develop hand-eye coordination agility and teamwork while learning the fundamentals of serving, volleying and scoring.

📍 Drake Sports Park
5/8-6/5 | Th | 5:30-7:00P | \$135/\$120

Basketball.....8-11

Improve your basketball skills with focused practice on dribbling, passing, shooting and defense. Gain confidence and elevate your game through expert instruction.

📍 Bloomer Park
5/7-6/4 | W | 5:30-6:30P | \$115/\$100
5/7-6/4 | W | 6:30-7:30P | \$115/\$100

T-Ball.....3-5

Kids will be introduced to the sport of baseball. They will explore the essentials of the game, including throwing, catching, fielding, base running and tee-based batting.

📍 Keith Sports Park
5/8-6/5 | Th | 5:30-6:30P | \$115/\$100
5/8-6/5 | Th | 6:30-7:30P | \$115/\$100

Amazing Athletes Tots Class.....1-4

Amazing Athletes is an educational sport and fitness program. Children learn the basic fundamentals of five sports (football, soccer, volleyball, baseball and basketball). Class also focuses on gross motor development, cardio fitness and nutrition. The classes are taught at an age-appropriate level. Parents must stay.

📍 Drake Sports Park
5/7-5/28 | W | 10:30-11:00A | \$144/\$128



International
Academy
Michigan

MINI REDS REDS JUNIOR ACADEMY

LEARN TO PLAY THE LIVERPOOL WAY

**OFFERING
SUMMER CAMPS!**
Sign up at wbparks.org

FALL, WINTER & SPRING SOCCER PROGRAMMING FOR AGES 4-12

Your child will have a fantastic time working with our Liverpool FC IA trained coaches who deliver a fun, energetic session in a positive learning environment. Open to all levels of skill/experience.

MINI REDS (AGES 4-6)

Engage your little one with fun activities designed for development of basic motor skills, body mechanics, and soccer skills.

REDS JUNIOR ACADEMY (AGES 6-12)

Enhance your child's technical skills and prepare them for competition in a fun and enriching atmosphere.

Program Director - Jenna Taylor
taylor@lfcmi.com

Visit website for location and session details.



BOOK NOW

LFCInternationalAcademyMI.com/REDS



**JOIN OUR
REDS COACHING TEAM!**
Visit website for details.



Karate

Kids will learn skills and drills in a fun way to help them learn the wonderful world of karate. Life skills such as respect, self-discipline, focus, listening and kindness are also emphasized. Each week is filled with a variety of activities and various props to keep each class unique, fresh and fun.

📍 Drake Sports Park

Ages 3-5

5/2-5/30 | F | 6:00-6:30P | \$100/\$85

Ages 6-8

5/2-5/30 | F | 6:35-7:05P | \$100/\$85

Jr. Academy All Sports Class.....4-6

Give your child a fun and educational experience with this active program. Kids will develop motor skills and coordination through games like soccer, t-ball, relay races and more, while enjoying structured activities and team-building challenges.

📍 Marshbank Park

4/29-5/20 | Tu | 5:30-7:00P | \$132/\$116

Academy All Sports Class.....7-12

This multi-sport class features activities like baseball, soccer, flag football, dodgeball and kickball, focusing on skill-building, teamwork and communication.

📍 Marshbank Park

4/29-5/20 | Tu | 5:30-7:00P | \$132/\$116

Gymnastics

Kids will use the floor, bars, beam, vault and trampolines to learn cartwheels, handstands, back walkovers, rolling and other skills. Each class includes movement to music creating a fun atmosphere while building coordination, rhythm and timing.

📍 Drake Sports Park

Itty Itty Bunnies - Ages 1.5-3

4/28-6/2 | M | 9:30-10:00A | \$100/\$85

5/1-5/29 | Th | 6:00-6:30P | \$100/\$85

Bizzy Bunnies - Ages 3-5

4/28-6/2 | M | 10:05-10:35A | \$100/\$85

5/1-5/29 | Th | 6:35-7:05P | \$100/\$85

Happy Hoppers - Ages 6-8

5/1-5/29 | Th | 7:10-7:40P | \$100/\$85

No class 5/26

Irish Dance

Learn Irish dance with a certified instructor! No prior experience is required. Dancers will learn a jig and reel, as well as group céilí dances.

📍 Drake Sports Park

Ages 5-7

4/26-5/31 | Sa | 10:00-11:00A | \$55/\$50

Ages 8-10

4/26-5/31 | Sa | 11:00A-12:00P | \$55/\$50

No class 5/24

Art

Bubbles & Slime.....4-7

Dive into a world of bubbly, gooey fun in our Bubbles and Slime science class! Young scientists will explore the chemistry behind bubbles and slime through hands-on experiments that are messy, fun, and educational. Perfect for curious minds who love science and getting their hands dirty!

📍 Recreation Activities Center

5/6-5/27 | Tu | 5:00-6:00P | \$128/\$112

Messy Fun Clay Factory.....5-12

Introduce your child to the magical, messy world of clay in this hands-on class! Young artists will learn basic clay-building techniques while creating unique projects like a sparkly geode, a tic-tac-toe game and a leaf-shaped pinch pot with mosaic decoration. Join us for sculpting, shaping and transforming clay into one-of-a-kind masterpieces!

📍 Marshbank Park

5/7-5/28 | W | 5:00-6:00P | \$128/\$112

Fathers Day Gift Making.....1-6

Create a unique, golf-themed jumbo card for Dad this Father's Day! Use

an assortment of materials to design a one-of-a-kind keepsake that shows him he's always your favorite caddy. Children must be accompanied by a caregiver.

📍 Marshbank Park

6/8 | Su | 10:00-11:00A | \$35/\$30

Enrichment

Entrepreneurship Workshop.....11-14

Kids will learn the basics of starting a business, brainstorm ideas, and explore how to turn their passions into opportunities. We'll guide them in setting goals, thinking critically and building confidence as they take their first steps toward becoming tomorrow's entrepreneurs. This hands-on workshop is perfect for sparking big ideas and empowering young minds!

📍 Recreation Activities Center

5/3 | Sa | 9:00A-3:00P | \$140/\$125

Leader In Training Program (LIT).....13-16

Our LIT program offers teens the opportunity to gain and strengthen leadership skills. LITs will support staff in the facilitation of our camp programming. Responsibilities will include but are not limited to: assisting camp staff with implementing daily activities, craft/game prep, setup and clean-up, assisting with field trips and other off-site activities. Please visit wbparks.org/lit for more details.

This program is for young individuals that exhibit great role model behavior and enjoy working with and mentoring youth. Must apply to be considered for the program. Application deadline is 5/6.

📍 Drake Sports Park

6/23-8/8 | 9:00A-3:00P | \$375/\$350



SERVICES:

- We provide Applied Behavior Analysis (ABA Therapy)
- Our team consists of Board Certified Behavior Analysts (BCBA) and Registered Technicians (RBT)
- Social, behavioral, and motor skills development
- Community outings/Field trips
- Parent consultations and training
- Sibling support and training
- Attend IEP meetings
- Provide Speech Therapy & Occupational Therapy

Contact:
(313) 694-7700

support@mybrighttherapy.com

7011 Orchard Lake Rd. West Bloomfield MI, 48322



Scan Me



THANK YOU TO OUR PARK SPONSORS:



Trinity Health Medical Center Farmington Hills

28300 Orchard Lake Road, Farmington Hills, MI 48334

Now accepting new patients | Same-day and next-day appointments

Primary Care

Suite 103
248-287-7860

**Comprehensive health care
for your entire family –
from birth to your most
senior members**

Routine check-ups
Same day/next day
appointments

Pediatrics

Suite 100A
248-855-7510

**Caring for patients from
birth to age 21**

Well visit checkups
Newborn care
Sports physicals
Behavioral health care

Obstetrics & Gynecology

Suite 100B
734-655-8250

**Care from adolescence
to postmenopause**

Well-woman care
Pregnancy care
Gynecologic care



SCAN HERE for more information,
or to make an appointment at one
of these three practices.



Trinity Health

IHA Medical Group



ONE MONTH OF PROGRESS JUST ^{IN} ONE WEEK

There's no slowing down in the summer! Our Jump Start Clinics offer the flexibility, convenience and excitement that are perfect for every schedule. Whether your kiddo is looking to master a skill, move up to the next level, or strengthen their water safety skills, Jump Start Clinics have you covered!

WHAT

4 consecutive 30-minute lessons, same time, same instructor.

WHEN

Weekly, this summer.

COST

\$96/swimmer.



**REGISTER FOR
JUMP START
CLINICS TODAY!**



WEST BLOOMFIELD | 248.406.4555

6335-A Orchard Lake Road | West Bloomfield, MI 48322
goldfishswimschool.com

[f /goldfishwestbloomfield](https://www.facebook.com/goldfishwestbloomfield)

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CAMP SCHEDULE



June 9 - 13	Camp WB	9:00 AM	3:00 PM	6-11	July 21-25	Camp WB	9:00 AM	3:00 PM	6-11
	Pickleball (AM)	9:00 AM	12:00 PM	7-13		Challenger Core (AM)	9:00 AM	12:00 PM	7-14
	Pickleball (Full Day)	9:00 AM	3:00 PM	7-13		Challenger Core (Full Day)	9:00 AM	3:00 PM	7-14
	Track Camp	9:00 AM	12:00 PM	6-10		Basketball	1:00 PM	4:00 PM	7-11
	Art with Miss Lindsay	10:00 AM	1:00 PM	5-14		Art with Miss Lindsay	10:00 AM	1:00 PM	5-14
June 16 - 18	Camp WB	9:00 AM	3:00 PM	6-11	July 28 - Aug 1	Camp WB	9:00 AM	3:00 PM	6-11
	Jr. Academy All Sports (AM)	9:00 AM	12:00 PM	4-6		Pickleball (AM)	9:00 AM	12:00 PM	7-13
	Jr. Academy All Sports (Full Day)	9:00 AM	3:00 PM	4-6		Pickleball (Full Day)	9:00 AM	3:00 PM	7-13
	All Sports Camp (AM)	9:00 AM	12:00 PM	7-12		Pet Shop Art	9:00 AM	12:00 PM	5-12
	All Sports Camp (Full Day)	9:00 AM	3:00 PM	7-12		Toys and Tinker Science	1:00 PM	4:00 PM	5-12
June 23-27	Camp WB	9:00 AM	3:00 PM	6-11	Aug 4 - 8	Artist's Studio: 2D & 3D Digital Art	12:00 PM	3:00 PM	6-12
	Minecraft: Modding Adventures	12:00 PM	3:00 PM	7-13		Camp WB	9:00 AM	3:00 PM	6-11
	T-Ball	9:00 AM	10:00 AM	3-5		Jr. Academy All Sports (AM)	9:00 AM	12:00 PM	4-6
	Challenger Core (AM)	9:00 AM	12:00 PM	7-14		Jr. Academy All Sports (Full Day)	9:00 AM	3:00 PM	4-6
	Challenger Core (Full Day)	9:00 AM	3:00 PM	7-14		All Sports Camp (AM)	9:00 AM	12:00 PM	7-12
	Create-N-Sniff Art	9:00 AM	12:00 PM	4-9		All Sports Camp (Full Day)	9:00 AM	3:00 PM	7-12
	Sparkle Science Spectacular	1:00 PM	4:00 PM	4-9		Space Explorers	9:00 AM	12:00 PM	5-11
June 30 - July 3	Camp WB	9:00 AM	3:00 PM	6-11	Aug 11-14	STEAM Tank Entrepreneur	1:00 PM	4:00 PM	5-11
	Liverpool Reds Soccer (AM)	9:00 AM	3:00 PM	7-12		Emotion in Motion	9:00 AM	12:00 PM	5-12
	Liverpool Reds Soccer (Full Day)	9:00 AM	3:00 PM	7-12		Art with Miss Lindsay	10:00 AM	1:00 PM	5-14
	Art with Miss Lindsay	10:00 AM	1:00 PM	5-14		Camp WB 2.0	9:00 AM	3:00 PM	6-11
July 7-11	Camp WB	9:00 AM	3:00 PM	6-11		Tiny Tykes	9:00 AM	10:00 AM	3-5
	Liverpool Reds Soccer (AM)	9:00 AM	3:00 PM	7-12	Nature Camps (1 day and 3 day)	Challenger Core (AM)	9:00 AM	12:00 PM	7-14
	Liverpool Reds Soccer (Full Day)	9:00 AM	3:00 PM	7-12		Challenger Core (Full Day)	9:00 AM	3:00 PM	7-14
	Tennis (AM)	9:00 AM	12:00 PM	6-12		Pajama Jam	9:00 AM	12:00 PM	4-9
	Tennis (Full Day)	9:00 AM	3:00 PM	6-12		End of Summer Bash	1:00 PM	4:00 PM	4-9
	Art with Miss Lindsay	10:00 AM	1:00 PM	5-14	Nature Camps	Animal Mania (6/23-6/25)	9:00 AM	3:00 PM	6-12
	Roblox: Editor Camp	12:00 PM	3:00 PM	6-12		Fishing Frenzy (6/27)	9:00 AM	3:00 PM	6-12
July 14 - 18	Camp WB	9:00 AM	3:00 PM	6-11		Fishing Frenzy (7/11)	9:00 AM	3:00 PM	6-12
	Jr. Academy All Sports (AM)	9:00 AM	12:00 PM	4-6		Adventure Academy (7/14-7/16)	9:00 AM	3:00 PM	8-14
	Jr. Academy All Sports (Full Day)	9:00 AM	3:00 PM	4-6		Outdoor Olympics (8/4-8/6)	9:00 AM	3:00 PM	6-12
	All Sports Camp (AM)	9:00 AM	12:00 PM	7-12					
	All Sports Camp (Full Day)	9:00 AM	3:00 PM	7-12					
	Financially WELLthy 4 Kids	9:00 AM	3:00 PM	11-14					

REGISTRATION OPENS MARCH 20!

REGISTER BY JUNE 1 TO RECEIVE A \$10 DISCOUNT OFF EACH WEEK!



CAMP INFORMATION

Register by June 1 to receive a \$10 discount on each week of camp.

AGE REQUIREMENTS

Campers must turn the advertised age within one month of the camp start date (unless noted otherwise). Ages for each camp are listed next to the title.

No latchkey available.

The information in this brochure is considered accurate as of 3/14/25 and subject to change. Fees are listed as the regular rate followed by the resident discount rate.

FORMS

Camp Registration = Camp Waiver + Concussion Form + Payment

- Every child must have all required camp forms completed and submitted before they can be registered for camp.
- Forms only need to be submitted once for the entire summer.
- Camp forms can be submitted online at wbparks.org/camps, except for the optional medication form which must be completed by your doctor
- Once your required and optional camp forms have been processed, you will receive an email confirmation. At that point, you can either register online or give us a call for assistance.

Optional form:

- Permission to Administer Medication and Release of Claims (form found at wbparks.org/camps)
- Only required if your child needs to take medication (including an inhaler or epi-pen) during camp hours. Must be completed by a doctor. The completed form can be emailed to camps@wbparks.org.

Payment: We accept cash, check and all major credit cards.



REGISTRATION DEADLINE

Registration begins March 20 at 8 am. Early registration for 2024 returning Camp WB and Nature Camp participants is on March 19 from 6 am-4:30 pm. Register by June 1 and receive a \$10 discount on each week of camp.

- Registration deadline: 11:59 pm, the Tuesday prior to the camp start date (unless stated otherwise)
- Transfers/cancellations must be requested before the registration deadline and will incur a \$10 fee per transaction.
- Registration after the deadline will only be accepted if space allows and you will be charged a \$20 administration fee.



REFUNDS

Refunds must be requested by 11:59 pm, the Tuesday prior to the camp start date, less a \$10 administrative fee. There will be no refunds given after this time frame.

Refund requests due to medical reasons: If your refund request is medical in nature, please provide a doctor's note with date of ineligibility of participation and those dates will be fully refunded (less the dates you attended before the medical issue) and no administration fee will apply. Ineligibility of participation dates must be within the dates for which you are requesting a refund, otherwise the request cannot be honored. Requests must be made before the last class/camp date. The doctor's note must be received within two weeks of the request.

For an expedited refund process, credit card information should be saved under "Finance Information" on your online account.

WEATHER PLAN

If camp needs to be cancelled in advance, we will decide by 8 am the morning of camp. Our goal is to have the weather hotline updated by 8:15 am. A make-up day has been pre-scheduled for select camps. If no make-up day is offered, a prorated refund will be provided. See Parent Newsletter for specific inclement weather details, emailed prior to the start of camp.

Weather hotline: (248) 451-1930



Camp WB.....6-11

Keep your busy bee entertained, engaged and learning this summer with our action-packed, state-licensed day camp! Camp WB offers unique arts and crafts projects, naturalist-led nature exploration, fishing, sports, games, water activities and more. Some of our unique activities will include guest speakers facilitating exciting experiences.

Your camper will engage in a variety of weekly activities including: Tuesdays spent at Marshbank Park, Wednesdays at Lily Pad Springs splash pad and weekly field trips. On field trip days, the pick-up time will be 4 pm. Your camper will have new experiences every day throughout the summer.

📍 Drake Sports Park

6/9-6/13 | 9:00A-3:00P | \$295/\$270

6/16-6/18 | 9:00A-3:00P | \$191/\$166

6/23-6/27 | 9:00A-3:00P | \$305/\$280

6/30-7/3 | 9:00A-3:00P | \$243/\$218

7/7-7/11 | 9:00A-3:00P | \$295/\$270

7/14-7/18 | 9:00A-3:00P | \$295/\$270

7/21-7/25 | 9:00A-3:00P | \$295/\$270

7/28-8/1 | 9:00A-3:00P | \$305/\$280

8/4-8/8 | 9:00A-3:00P | \$295/\$270

Camp pricing varies weekly based on field trip costs and number of camp days offered.

**No camp on June 19 & 20, July 4*

Camp WB 2.0.....6-11

Camp WB 2.0 is packed full of a kid's favorite summer camp activity, FIELD TRIPS! All four days will include at least one exciting field trip destination. The week will be full of ever-changing fun and engaging activities along the way. Be sure to secure your child's spot early! You must be registered for at least one week of Camp WB in order to register for Camp WB 2.0.

Field Trip Destinations Include (subject to change):

Belle Isle Nature Center,
Sloan Museum of Discovery, Troy Gym
and Rev'd Up

📍 Drake Sports Park

8/11-8/14 | 9:00A-3:00P | \$365/\$340



Exclusive add on events available only to Camp WB participants:

CAMP WB NIGHT OUT

July 11 from 6-10 pm

FREE ICE CREAM SOCIAL

August 7 from 6-8 pm

FIELD TRIPS

June 12: Urban Air

June 18: Ann Arbor Hands-On Museum

June 26: Outdoor Adventure Center + Pool Day

July 3: Waterpark

July 10: Jimmy Johns Field

July 17: Toledo Zoo

July 24: Waterpark

July 31: Upland Hills Farm + Pool Day

August 6: Blake's Orchard



CHECK OUT OUR LEADER IN TRAINING PROGRAM FOR KIDS AGES 13-16 ON PAGE 16!



SPORTS CAMPS

Pickleball7-13

The world's fastest-growing sport is now a camp your kids will love! Pickleball helps kids learn hand-eye coordination, agility and balance and provides social interaction in a team setting. Campers are taught the fundamentals of serving and receiving the ball, volleying, dinking, positioning and scoring.

National Academy of Athletics

Drake Sports Park

6/9-6/13 | 9:00A-12:00P | \$140/\$125

6/9-6/13 | 9:00A-3:00P | \$260/\$240

7/28-8/1 | 9:00A-12:00P | \$140/\$125

7/28-8/1 | 9:00A-3:00P | \$260/\$240

Track6-10

Build a strong foundation in running with expert training techniques. This camp explores Track and Field events as well as Cross Country, focusing on skill development and performance improvement.

Fun Time Sports

Marshbank Park

6/9-6/13 | 9:00A-12:00P | \$255/\$235

T-Ball3-5

Campers will be introduced to the sport of baseball. Kids will explore the essentials of the game, including throwing, catching, fielding, base running and tee-based batting.

Fun Time Sports

Drake Sports Park

6/23-6/27 | 9:00-10:00A | \$175/\$155

Tennis6-12

Whether your child is just starting out or already an advanced player, the drills at this camp will help them develop a passion for the

game. This camp provides the ideal environment to learn key skills, including both defensive and offensive strategies, footwork, speed, agility, rallying and serving.

National Academy of Athletics

Drake Sports Park

7/7-7/11 | 9:00A-12:00P | \$140/\$125

7/7-7/11 | 9:00A-3:00P | \$260/\$240

Basketball7-11

Boost basketball skills with focused instruction on dribbling, passing, shooting and defense. Perfect for beginners to intermediate players, this camp includes skill-building activities and small-sided scrimmages.

Fun Time Sports

Bloomer Park

7/21-7/25 | 1:00-4:00P | \$255/\$235

All Sports

This camp gives children a fun, active and educational experience! Kids will have a blast learning motor skills and coordination while playing games. Games may include soccer, t-ball, relay and obstacle races, and much more.

Featuring structured activities, individual and team-building challenges and competitions to develop and engage young athletes.

National Academy of Athletics

Marshbank Park

Jr. Academy - ages 4-6

6/16-6/20 | 9:00A-12:00P | \$128/\$110

6/16-6/20 | 9:00A-3:00P | \$238/\$210

7/14-7/18 | 9:00A-12:00P | \$145/\$130

7/14-7/18 | 9:00A-3:00P | \$270/\$250

8/4-8/8 | 9:00A-12:00P | \$145/\$130

8/4-8/8 | 9:00A-3:00P | \$270/\$250

Ages 7-12

6/16-6/20 | 9:00A-12:00P | \$128/\$110

6/16-6/20 | 9:00A-3:00P | \$238/\$210

7/14-7/18 | 9:00A-12:00P | \$145/\$130

7/14-7/18 | 9:00A-3:00P | \$270/\$250

8/4-8/8 | 9:00A-12:00P | \$145/\$130

8/4-8/8 | 9:00A-3:00P | \$270/\$250

No camp 6/19

SOCCER

Tiny Tykes3-5

A fun introduction to the very basic elements of the game: small coaching groups, lots of running, kicking, laughing and making new friends. For TinyTykes, parents are encouraged to join in and help guide their child through this fun learning experience.

Challenger Sports Coaches

Drake Sports Park

8/11-8/15 | 9:00-10:00A | \$200/\$180

Challenger Foundational7-14

We use age-appropriate practices to help players develop at their own pace, learn brand new skills and become all-round better players. These camps introduce international training techniques to campers, including an educational approach that uses soccer to teach the core values of responsibility, integrity, respect, sportsmanship and leadership. Campers will receive a ball, t-shirt and an individualized evaluation.

Challenger Sports Coaches

Drake Sports Park

6/23-6/27 | 9:00A-12:00P | \$235/\$215

6/23-6/27 | 9:00A-3:00P | \$295/\$270

7/21-7/25 | 9:00A-3:00P | \$295/\$270

7/21-7/25 | 9:00A-12:00P | \$235/\$215

8/11-8/15 | 9:00A-12:00P | \$235/\$215

8/11-8/15 | 9:00A-3:00P | \$295/\$270

Liverpool Reds

Elevate your child's soccer skills with dynamic training in ball mastery, dribbling, passing, and shooting. Participants will enjoy engaging games and expert coaching in a fun, encouraging environment inspired by Liverpool FC.

Marshbank Park

6/30-7/3 | 9:00A-12:00P | \$250/\$230

6/30-7/3 | 9:00A-3:00P | \$330/\$310

7/7-7/10 | 9:00A-12:00P | \$250/\$230

7/7-7/10 | 9:00A-3:00P | \$330/\$310



ART CAMPS

The instructor for our art camps is Kidcreate, unless stated otherwise.

Kidcreate Art Instructor

Marshbank Park

Create-N-Sniff.....4-9

Imagine creating a masterpiece that not only looks beautiful but smells incredible too. Whether it's sculpting a tempting birthday cake or painting an ocean scene that fills the air with a refreshing breeze, this art camp offers a sensory delight like no other. Get ready to unleash your creativity and explore the stunning connection between sight and scent.

6/23-6/25 | 9:00A-12:00P | \$192/\$177

Sparkle Science Spectacular.....4-9

Learn how light interacts with all things that sparkle and shimmer to create mesmerizing effects. You'll uncover the science behind shimmer and shine through hands-on experiments and creative projects. Discover how different materials reflect and refract light and make your sparkling creations.

6/23-6/25 | 1:00-4:00P | \$192/\$177

Pet Shop.....5-12

Every kid dreams of owning a hamster or a dog or maybe a kitty! In this critter-filled camp, their dream will come true . . . sort of! The kids will create pets of all shapes and sizes! At this camp we will work with clay, paint and draw too!

7/28-8/1 | 9:00A-12:00P | \$255/\$235

Pajama Jam.....4-9

Get creative in your pajamas at our fun-filled Pajama Jam! Campers will paint a colorful ring toss game, sculpt a seaworthy ship, make a 3D bug and more—all while wearing their favorite jammies. We'll provide the materials and fun; you bring the comfy vibes!

8/11-8/15 | 9:00A-12:00P | \$255/\$235

End of Summer Bash.....4-9

Celebrate the end of summer with a bang at this artsy party! Campers will sculpt summery treats, create tropical-inspired art and even craft a candy beach scene. Don't miss this fun-filled farewell to summer!

8/11-8/15 | 1:00-4:00P | \$255/\$235

Art Camp with Mrs. Lindsay.....5-12

Campers will get to choose their own subjects and explore with several different mediums and techniques. Each camper will receive a small sketchbook, drawing pencil, brushes, acrylic paint set, canvas, clay and more! Expect to make a fun mess and plan to have at least one finished art piece per day! A \$25 material fee is due to the instructor on the first day of camp.

Lindsay Bochenek

Marshbank Park

6/10-6/12 | 10:00A-1:00P | \$192/\$177

6/30-7/2 | 10:00A-1:00P | \$192/\$177

7/8-7/10 | 10:00A-1:00P | \$192/\$177

7/22-7/24 | 10:00A-1:00P | \$192/\$177

8/6-8/8 | 10:00A-1:00P | \$192/\$177

HENRY FORD
HEALTH



URGENT CARE

PLAY MORE. WORRY LESS.

Swing by nights, weekends
and holidays if you need us



Scan to find the closest
location and save your spot





STEM CAMPS

ICODE

iCode

iCode Novi

48000 Grand River Ave., Novi 48374

Roblox: Editor.....6-12

Campers will embark on a Roblox Journey where they focus on how to create games, program with Lua and monetize the games they create; a programming style that shows text based coding is not essential. Video games filled with characters, object interaction, physics and goals are a great way to spark creativity and learning.

7/7-7/11 | 12:00-3:00P | \$285/\$260

Minecraft: Modding

Adventures.....7-13

Campers will learn how to make Mods (modifications) for one of their favorite games: Minecraft. Learning to mod in Minecraft is a gateway to an adventure of creativity in computer skills that can be taken from video games to the real world.

6/23-6/27 | 12:00-3:00P | \$285/\$260

Artist's Studio: 2D and 3D

Digital Art5-12

Campers will explore self-expression through digital tools used in the art industry. They will create artwork using photo manipulation, digital painting, 3D sculpting, and programming art, culminating in a gallery-style presentation.

7/28-8/1 | 12:00-3:00P | \$285/\$260

Toys and Tinker

Science.....5-12

Kids will design and build their own toys and trinkets while discovering scientific theories through hands-on activities. This creative and educational adventure sparks imagination and brings learning to life in a playful, engaging way!

Kidcreate Art Instructor

Marshbank Park

7/28-8/1 1:00-4:00P \$255/\$235

Space Explorers.....5-11

Get ready for a journey through time and space as we meet great explorers. From Copernicus to Galileo, from the Wright Brothers to Amelia Earhart, to wherever your imagination will take you. This camp is guaranteed to be an out-of-this-world experience!

Challenge Island

West Bloomfield Middle School

8/4-8/8 9:00A-12:00P \$210/\$190

STEAM Tank

Entrepreneur.....5-11

Inspired by the Shark Tank TV show, this camp is a true experience in STEAM and entrepreneurship. Students will work together in small STEAM teams to learn about famous entrepreneurs, target markets, logo and slogan creation and more as they create their own businesses as PIZZApreneurs, SWEETpreneurs, PETpreneurs, HAUNTpreneurs and SLIMEpreneurs.

Challenge Island

West Bloomfield Middle School

8/4-8/8 | 1:00-4:00P | \$210/\$190

ADDITIONAL
CAMPS:Financially WELLthy 4
Kids.....11-14

This camp is an engaging three-day experience where kids start to develop a framework and healthy concepts around finances they can use now and as they grow. Through fun activities, we'll cover personal finance, entrepreneurship and the basics of investing.

Kids will explore their thoughts and actions around money, create functional plans and learn to set meaningful goals. This camp inspires confidence, creativity and a strong financial foundation for a brighter future!

Financially Wellthy Instructor

Recreation Activities Center

7/14-7/16 | 9:00A-3:00P | \$387/\$372

Emotion in Motion.....5-12

This inclusive, occupational therapy-based program is designed to help children develop their emotional intelligence. Through interactive games and creative activities, children will improve their ability to understand and manage their own and others' emotions.

They will also develop self-awareness, empathy, and communication skills to empower them to build better relationships.

Fun Therapy Instructor

Drake Sports Park

8/4-8/8 | 9:00A-12:00P | \$335/\$310

CAMP REGISTRATION OPENS ON MARCH 20!



All of these naturalist-led programs include a hike, live animal encounters, games and a craft.

WB Parks Nature Staff

Animal Mania.....6-12

Dive into the wild world of animals with this three-day adventure! Explore the wonders of the animal kingdom through activities, live animal encounters and outdoor fun in nature. Each day will feature a unique theme focused on different types of animals.

Day 1: Scaly & Slimy

Day 2: Critters & Crawlies

Bugs on Wheels

Day 3: Furs & Feathers

Recreation Activities Center

6/23-6/25 | 9:00A-3:00P | \$160/\$145

Adventure Academy.....8-14

Embark on a nature adventure. Become an outdoor adventurer in this action-packed three-day survival camp! Learn essential skills to conquer the wild; such as, shelter building, fire safety, map reading and more.

Day 1: Survival Secrets

Day 2: Wild Navigation

Day 3: Trailwise Summer Safety

Oakland County Parks

Recreation Activities Center

7/14-7/16 | 9:00A-3:00P | \$160/\$145

Fishing Frenzy6-12

Reel in an unforgettable adventure at Marshbank Park! Campers will dive into the world of catch-and-release fishing, explore the great outdoors with a nature hike, play fun games and paddle along the waters of Cass Lake in canoes.

On June 27, special guest Mike McKinstry from The Bassquatch Hunter: Fish Out of Water on the Discovery Channel will share expert tips and tricks to make your fishing experience even more exciting!

Marshbank Park

6/27 | 9:00A-3:00P | \$90/\$80

7/11 | 9:00A-3:00P | \$90/\$80

Outdoor Olympics.....6-12

Campers will compete in nature-inspired activities while learning about Michigan's wildlife, landscapes and ecosystems. These games will encourage teamwork, physical activity and an appreciation for the outdoors. Some of the games to expect are: tug-of-war, trivia, relay races, balancing games and more!

Day 1: Wild Woods

Walled Lake Outdoor Education Center

Day 2: Animal Athletes

Day 3: Closing Ceremony

Recreation Activities Center

8/4-8/6 | 9:00A-3:00P | \$160/\$145

NATURE CAMPS



Nature Appointments

Discover your wild side when you book a naturalist-guided nature appointment! Nature appointments include a live animal, interactive nature talk, stories and more. We welcome families, school field trips (including preschoolers), homeschoolers, scout groups and many other community organizations for fun, educational programs that are available year-round.

You can visit wbparks.org/natureappointments for details and pricing. Contact our Naturalist David Anthony at (248) 451-1909 or danthony@wbparks.org to schedule your nature appointment.

EXCLUSIVE ADD ON EVENT AVAILABLE ONLY TO NATURE CAMP PARTICIPANTS:

S'MORE SOCIAL

August 8 from 6:30-9:30 pm

Free!

Special thanks to our
camp shirt sponsor:





All programs take place at the Recreation Activities Center and are led by WB Parks Nature Staff, unless stated otherwise. Fees are listed as the regular rate followed by the resident discount rate.

Family Programs

All children and adults must register for these programs.

Little Hikers.....All Ages

Join our Naturalist on a nature discovery walk. Enjoy silly songs and fun activities to keep all ages, from babies to school-aged engaged. Families can explore the Nature Room and Outdoor Natural Play Area after the hike.

5/1, 6/5, 8/7 | Th | 10:30-11:30A | \$5/\$3 per family

Who's Calling? Frog Hike....8+

As spring rain fills our wetland ponds, frogs and toads are out and about in large numbers. This interactive walk will help you learn the "when" and "whys" of Michigan's vocal amphibians. Learn how the Friends of the Rouge citizen scientist volunteers monitor wetlands for frogs and toads.

WB Woods Nature Preserve
5/2 | F | 8:30-9:30P

Garlic Mustard Gatherers.....5+

Are you interested in putting in some volunteer hours? Or just doing some good in your community? Help with invasive species management by removing garlic mustard plants. Training provided. Some friendly competition is included - let's see who can gather the most! Winner will receive a small prize.

Marshbank Park

5/3 | Sa | 11:00A-12:30P

Planting for Beginners.....4+

Are you interested in learning about gardening by getting hands-on experience? Not only will you learn how to garden but you will also learn what makes plants important. This program will take place outdoors and will be fun for the whole family!

5/8 | Th | 6:00-7:30P | \$5/\$6

Beekeeper for a Day Hive Tour.....8+

Become a Beekeeper for the day! Join us as we explore the magical world

of beekeeping with our friends at Bees in the D! Discover how integral honey bees are to our food system and how incredible these misunderstood creatures really are.

You'll have the opportunity to put on a beekeeping suit and get hands on with the bees to learn how a hive works and thrives.

Karner Farm

5/18 | Su | 10:00A-12:00P | \$35/\$30
8/3 | Su | 10:00A-12:00P | \$35/\$30

A Closer Look: Wildlife Rehabilitation

Join the Howell Nature Center to learn how they help wild animals in need, from common critters to endangered species, return to their natural homes. Families will get the exciting chance to meet live animal ambassadors and hear their unique stories. This program offers an engaging way for families to connect with nature and understand how they can help protect local wildlife.

Howell Nature Center

6/5 | Tu | 6:30-7:00P | \$11/\$9



SUMMER SOCCER



SIGN UP NOW

WWW.CW3SOCCER.ORG/PROGRAMS



Toothless: Reptile or Amphibian?.....5+

Ever wondered if Toothless from the popular “How to Train Your Dragon” would be a reptile or amphibian? Join us for this live animal program featuring the Michigan reptiles and amphibians that call the Nature Room home! Meet real-life “dragons” as we explore their unique traits, habitats and differences in a fun, hands-on way.

6/10 | Tu | 6:00-7:30P | \$9/\$7

Animals After Dark.....5+

What goes bump in the night? Nocturnal animals! Meet the animals in the Nature Room that start their day after dark and learn about the fascinating nocturnal wildlife of West Bloomfield, with a special focus on Michigan bats. Gather around the campfire for s’mores and a story, then embark on a flashlight hike to explore the trails at night! Don’t miss the chance to take home a free bat house and support these amazing night flyers! ASL interpretation is available for this program upon request.

6/13 | F | 7:00-9:30P | \$9/\$7

Pollinator Storytime around the Hive.....3+

Join us for a story, songs and a craft - all about bees and other native pollinators. The program will be on the pathway to the beehives at Karner Farm. We will observe the hives from a distance and use nets to catch and observe our native pollinators that may be fluttering in the gardens nearby.

📍 Karner Farm

6/26 | Th | 5:30-7:00P | \$9/\$7

Sprout Scouts.....3-6

A hands-on nature series designed for early explorers and their caregivers! Embark on a journey of discovery, exploring everything from bugs and birds to trees and water. Each week features themed activities that invite young children to engage with the natural world through their senses, curiosity and play. Together, you and

your child will bond as you explore nature up close, create fun crafts, listen to nature-inspired stories and much more with our naturalist staff. Individual class drop-in registration is also available.

5/7 Plant Pals

5/14 Dirt Detectives

5/21 Forest Friends

5/28 Water Wonders

5/7-5/28 | W | 10:30-11:30A | \$16/\$12

Family Kayak.....8+

Discover the fun of kayaking on scenic Cass Lake during this family paddle. Upon arrival, receive a brief lesson on how to successfully enter, exit and paddle when using a kayak. Our naturalist will accompany you as your guide.

📍 Marshbank Park

8/13 | W | 7:00-8:30P | \$48/\$43

Adults

Your Natural, Edible Yard: Un-Lawning.....16+

Save money and save your health by ditching that lawn company. Let’s take a closer look at the “weeds” (dandelion, violet, plantain and more) growing right under our feet! Learn how to add nutrient-packed plants to meals and learn tips on how to maintain a beautiful, chemical-free lawn. The program includes some foraged snacks, take home recipes and a guided hike.

📍 Sally Wenczel

5/6 | Tu | 6:00-7:30P | \$9/\$7

A Closer Look: Wildlife Rehabilitation.....18+

Discover the vital work of the Howell Nature Center, Michigan’s largest wildlife rehabilitator, as they treat thousands of wild animals each year. This program explores the threats to wildlife, the steps involved in rehabilitation and how individuals can contribute to conservation efforts. Meet live animal ambassadors, providing an up-close look at some of the species impacted by rehabilitation efforts.

📍 Howell Nature Center

6/5 | Tu | 7:30-8:30P | \$11/\$9

Apple Island Kayak Adventure.....18+

Discover the fun of kayaking on Orchard Lake with West Bloomfield School District’s (WBSD) Apple Island as our exploration destination. We will hike the historic island before paddling back. Our naturalist and a Greater West Bloomfield Historical Society (GWBHS) docent will accompany you as your guides. This trip is for intermediate paddlers with their own watercraft. You must bring your own boat and life jacket. Program made possible through partnerships with the WBSD and GWBHS.

📍 Pine Lake Marina

8/14 | Th | 5:30-8:30P | \$9/\$7

Seniors

Senior Kayak

Fun on the water doesn’t have to end as you age. Join us as we explore Cass Lake, the largest and deepest lake in Oakland County. Must be able to get in and out of a kayak with minimal assistance. Our naturalist will accompany you as your guide. All equipment is provided, including life jackets.

📍 Marshbank Park

8/13 | W | 10:00-11:30A | \$48/\$43

Senior Seasonal Hikes

Join our naturalist on a seasonal nature discovery walk. Each walk ranges from 1-1.5 miles. Explore various trails in West Bloomfield and observe the changing seasons. Hiking poles provided.

📍 WB Woods Nature Preserve

5/14 | W | 2:00-3:30P

📍 Drake Sports Park

6/11 | W | 2:00-3:30P

📍 Bloomer Park

7/11 | F | 2:00-3:30P

Free!

Nature Explorers' Discovery Days

Free!
All ages!

Wednesdays from 9:00 am-4:30 pm

Visit the Nature Room on Wednesdays where children and families can immerse themselves in the wonders of nature in the backyard of West Bloomfield. This self-led program offers a variety of activities, both indoor and outdoor, designed to inspire curiosity and foster a love for the natural world!

- Observe live reptiles and amphibians native to Michigan.
- Engage in a variety of crafts and hands-on activities.
- Make discoveries in the natural features of our Outdoor Natural Play Area.

This self-guided experience allows families to explore at their own pace, making it perfect for children of all ages. Join us on our designated days and unleash your inner explorer!

No program held on 6/25, 7/16 or 8/6.

COME MEET OUR
ANIMAL
AMBASSADORS!

TREE FROG



BOX TURTLE



RED-EARED
SLIDER



TOAD



GARTER SNAKE



TIGER
SALAMANDER



DESERT
MILLIPEDE





ADULT RECREATION

Fees are listed as the regular rate followed by the resident discount rate. Pre-paid, individual classes are available for most fitness classes.

Fitness

Pilates Mat

A full body workout focusing on the core muscles, abdomen and spine. If you have an injury or special issue with your upper body, or have lower back problems (osteopenia or osteoporosis), you will learn the proper way to exercise the core muscles in a safe way.

📍 Recreation Activities Center

👤 Lisa Fein

4/28-6/2 | M | 9:00-10:00A | \$70/\$60
 4/28-6/2 | M | 6:30-7:30P | \$70/\$60
 4/30-6/4 | W | 9:00-10:00A | \$84/\$72
 6/16-7/14 | M | 9:00-10:00A | \$70/\$60
 6/16-7/14 | M | 6:30-7:30P | \$70/\$60
 6/18-7/16 | W | 9:00-10:00A | \$70/\$60
 7/28-8/25 | M | 9:00-10:00A | \$56/\$48
 7/28-8/25 | M | 6:30-7:30P | \$56/\$48
 7/30-8/27 | W | 9:00-10:00A | \$56/\$48
 No class 5/26, 8/4, 8/6

Strength Training + Abs

Building muscle is the best way to speed up your metabolism, even better than cardio! It improves bone mass, and is essential for preventing and improving osteoporosis. You will

be coached to make sure you are using the correct form when performing exercises that target all major muscle groups from head to toe. Floor exercises are included.

📍 Recreation Activities Center

👤 Lisa Fein

4/29-6/3 | Tu | 9:00-10:00A | \$84/\$72
 5/2-6/6 | F | 9:00-10:00A | \$84/\$72
 7/29-8/26 | Tu | 9:00-10:00A | \$56/\$48
 8/1-8/29 | F | 9:00-10:00A | \$70/\$60
 No class 8/5

Cardio Combo

Strength training for the upper and lower body, cardio and flexibility. You'll get great conditioning for your heart and lungs with low impact aerobics and you'll speed up your metabolism strengthening your abdominal muscles and back. Stretching will keep the muscles flexible and prevent injury.

📍 Recreation Activities Center

👤 Lisa Fein

4/30-6/4 | W | 6:30-7:30P | \$84/\$72
 6/18-7/16 | W | 6:30-7:30P | \$70/\$60
 7/30-8/27 | W | 6:30-7:30P | \$56/\$48
 No class 8/6

Zumba®

We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning, dance fitness party. Come ready to sweat and prepare to leave empowered and feeling strong.

👤 Brenda Pamela Zarinana

📍 Recreation Activities Center

5/7-6/4 | W | 6:30-7:15P | \$65/\$60
 6/11-7/2 | W | 6:30-7:15P | \$40/\$36

Zumba® Gold

Join us for a modified Zumba® class that recreates the original moves, at a lower-intensity. This low impact choreography focuses on balance, range of motion and coordination.

👤 Brenda Pamela Zarinana

📍 Recreation Activities Center

5/2-5/30 | F | 11:30A-12:15P | \$65/\$60
 6/6-7/11 | F | 11:30A-12:15P | \$50/\$45
 No class 7/4

Popular Motown Hustles

Learn popular hustle dances that are done in clubs and social events. The hustle is a form of line dancing with a variety of moves and turns. Individuals and couples are welcome.



📍 Recreation Activities Center
5/1-5/29 | Th | 7:30-8:30P | \$55/\$50

Motown Ballroom

This popular style of ballroom dance stems from the “baby boomer” generation and combines the “Social” and the “Cha-Cha” often seen at weddings and other social events. You will learn basic ballroom steps and several dance combinations. Individuals and couples are welcome. The last class of each session will run an additional hour.

📍 Recreation Activities Center
5/1-6/12 | Th | 6:30-7:30P | \$66/\$60
No class 6/5

Yang Family Tai Chi

This style of Tai Chi is gentle and graceful, helps relax the mind and body, relieve stress and tension, and develop balance, flexibility and muscle tone. The advanced class is only for those that have previously taken class with the instructor. We will practice Yang Style Saber form and Hand forms. Beginner = 9 am, Intermediate = 10 am, Adv. = 11 am

📍 Recreation Activities Center
👤 Han Hoong Wang
6/1-7/27 | Sa | \$77/\$70
No class 5/24

Integrated Yoga

Yoga postures, meditation, breathing exercises and mindfulness are combined to create a safe and fun approach to calm the mind and find ease of movement. Not strenuous, yet still challenging, this class is a “work in” not a “work out”.

📍 Recreation Activities Center
👤 Katherine Schaefer
5/5-6/2 | M | 10:30A-12:00P | \$64/\$56
6/16-7/14 | M | 10:30A-12:00P | \$80/\$70
No class 5/26

Sunset Yoga

A summertime favorite every year! Meet at the top of the hill at Marshbank Park for a relaxing sunset yoga practice. This is a guided class with music. No yoga

experience necessary.

👤 Alicia Long, RYT-200
📍 Marshbank Park
5/8-6/5 | Th | 6:30-7:30P | \$60/\$52
6/26-7/17 | Th | 6:30-7:30P | \$60/\$52
7/31-8/28 | Th | 6:30-7:30P | \$75/\$65
No class 5/15

Essentrics

Rebalance your body, unlock tight joints, restore connective tissue and relieve tension in overworked muscles. This form of exercise is distilled from Tai Chi, dance technique and physiotherapy. Class is done barefoot and consists of standing, floor and chair exercises.

📍 Recreation Activities Center
👤 Robin Gillis
5/8-6/5 | Th | 10:00-11:00A | \$65/\$55
6/26-7/17 | Th | 10:00-11:00A | \$52/\$44
7/31-8/28 | Th | 10:00-11:00A | \$65/\$55

Art & Enrichment

Euchre for Beginners

Join us for a fun and interactive euchre class designed specifically for beginners! Whether you're new to the game or just need a refresher, this free class will cover the basics including rules, strategies and gameplay. You'll have the chance to learn in a relaxed, fun and social environment.

📍 Recreation Activities Center
5/9-5/23 | F | 9:30-10:30A
8/1-8/15 | F | 9:30-10:30A

Free!

Adult Art Camp

Join us for this four day, Open Studio Art Camp where anything goes! Finish started art projects or create something new with an award-winning instructor. All mediums are welcome. Help will be individualized for each student. Students must provide their own supplies.

📍 Drake Sports Park
8/19-8/22 | Tu,F | 10:00A-2:00P | \$176/\$160

Native Plant Sale

Plant something beautiful while helping the environment.

Get all the details on page 9!

Heartsaver: First Aid/CPR/AED

This course teaches the critical skills needed to respond to and manage an emergency until medical services arrive. The class covers: First aid; choking relief and sudden cardiac arrest in adults, children and infants. Must pass written exam/skills test. American Heart Association Cards are valid for 2 years.

📍 Recreation Activities Center
7/8 | Tu | 5:00-8:00P | \$90/\$80
8/19 | Tu | 5:00-8:00P | \$90/\$80

BLS for Healthcare Workers

This course allows you to participate in simulated clinical scenarios. The class covers: adult, child and infant CPR; ventilations with a barrier device; one and two rescuer techniques; use of the bag-valve mask; use of AED (automated external defibrillation); relief of foreign body airway obstruction (choking) for adults and infants. Must pass written exam/skills test.

📍 Recreation Activities Center
6/17 | Tu | 5:00-8:00P | \$80/\$70
7/1 | Tu | 5:00-8:00P | \$80/\$70
7/15 | Tu | 5:00-8:00P | \$80/\$70
7/29 | Tu | 5:00-8:00P | \$80/\$70
8/12 | Tu | 5:00-8:00P | \$80/\$70

Pickleball

📍 Drake Sports Park

Pickleball Intro

This clinic introduces participants to pickleball, covering terminology, rules and basic skills. Enjoy playing a game by the end of the class!

👤 Maryann Copley

5/22 | Th | 5:30-6:30P | \$60/\$50

6/26 | Th | 5:30-6:30P | \$60/\$50

7/24 | Th | 5:30-6:30P | \$60/\$50

Pickleball Drills

Improve your ball control by drilling dinks, volleys, serves, and returns. Repeated practice of each shot will help you develop and refine your skills.

👤 Maryann Copley

5/22 | Th | 6:30-7:30P | \$60/\$50

6/26 | Th | 6:30-7:30P | \$60/\$50

7/24 | Th | 6:30-7:30P | \$60/\$50

Doubles League

This six-week league event kicks off with a random draw in the first week and matches players by skill level based on results. Your partner will change with each game and your points will be scored individually. Each week, players are grouped in fours or fives, moving up or down depending on performance.

Below 3.5:

5/6-6/10 | Tu | 7:00-8:15P | \$48/\$42

5/8-6/12 | Th | 10:30-11:45A | \$48/\$42

6/24-7/29 | Tu | 7:00-8:15P | \$48/\$42

6/26-7/31 | Th | 10:30-11:45A | \$40/\$35

8/6-9/3 | W | 7:00-8:15P | \$40/\$35

Above 3.5:

5/6-6/10 | Tu | 5:30-6:45P | \$48/\$42

5/8-6/12 | Th | 9:00-10:15A | \$48/\$42

6/24-7/29 | Tu | 5:30-6:45P | \$48/\$42

6/26-7/31 | Th | 9:00-10:15A | \$40/\$35

8/6-9/3 | W | 5:30-6:45P | \$40/\$35

No class 7/3

Our pickleball program is sponsored by:



Athletics

Tennis Skill Building

This class is for beginner through intermediate players. Clinic will focus on forehand, backhand and setting up points. Participants will be grouped based on ability level.

5/8-5/20 | Tu,Th | 6:00-7:00P \$100/\$88

5/22-6/3 | Tu,Th | 6:00-7:00P \$100/\$88

Men's Fall Softball

Fall Leagues will be at Drake Sports Park on Tuesdays and Thursdays. The top 6 teams participate in a single game elimination tournament at the conclusion of the season.

Registration begins 7/7 for returning teams and 7/14 for new teams. Visit wbparcs.org/softball for more information. Registration deadline is 8/1.

League runs 8/19-9/30.

Team Fee: \$675

Adaptive Softball League

West Bloomfield Waves: We're joining an adaptive recreation softball league for individuals with cognitive disabilities aged 16 and up! Sign up for the interest list to help us form this exciting team.

Games will be Thursdays, 6:30-8:00 pm, June-August, against local teams, including Lake Orion, Clarkston and Rochester. Volunteer coaches and umpires are encouraged to join and help ensure the program's success.

Player Eligibility:

- The league is for individuals with cognitive disabilities aged 16+.
- All players must field at least two innings.
- Personal assistants/aides are allowed on the field if needed for safety or support.

Sign up for the interest list:

wbparcs.org/wbwaves



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assisted living & memory care

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West Bloomfield Twp., MI 48323

🌐 www.CranberryPark.net



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FREE PUBLIC EVENT!

16TH ANNUAL GREATER WEST BLOOMFIELD HEALTH & WELLNESS FAIR

WEDNESDAY, JUNE 11TH 11AM-2PM

WEST BLOOMFIELD TOWN HALL 4550 WALNUT LAKE RD.

Hosted by The Greater West Bloomfield Chamber of Commerce

Come meet a variety of health-focused vendors including senior living, physical therapy, wellness providers, nutritionists, dentists and more!



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**Apple Island Tours**

Saturday, June 14
Sunday, June 15
10 am - 3:30 pm

Orchard Lake Museum

Travel by pontoon boat for a self-paced tour of the island.

Ticket donations: \$25 adult, \$15 child (ages 5-12)

No children under 5 years old.

Online reservations for members only.

gwbhs.org/apple-island-tours

Volunteer & Docent Training

Wed, June 11 • 7 pm
Orchard Lake Museum

Be a volunteer or a docent at the Museum during Apple Island Tours! RSVP by Tuesday, June 10 to contact@gwbhs.org.

Explore LOCAL HISTORY

SPRING/SUMMER 2025 PROGRAMS**Keego Harbor Memorial Day Parade**

Monday, May 26 • 9 am - 12 pm

Join GWBHS in the Memorial Day Parade. Volunteers are invited to walk (and potentially carry a large flag), bike, or drive their classic car. For details, contact duannesonneville@hotmail.com.

**Appreciation Reception**

Wednesday, July 16 • 7 pm
Orchard Lake Museum

Join members, supporters, and volunteers for complimentary refreshments and a raffle ticket. RSVP to contact@gwbhs.org or (248) 757-2451 by July 10.

Apple Island Kayak Adventure

Thursday, August 14, 5:30 - 8:30 pm

Register: wbparks.org (\$7 resident/\$9 non-resident)

Discover the fun of kayaking Orchard Lake with West Bloomfield School District's (WBSD) Apple Island as our exploration destination. Before paddling back, we will hike the historic island with a WBP naturalist and a Greater West Bloomfield Historical Society (GWBHS) docent. This trip is for intermediate paddlers with their watercraft and life jacket. Program made possible through WBSD & WBSD partnerships.

gwbhs.org/events

**Museum
Open Houses**
Hours: 1-4 pm
Free admission

Fri, May 16

Fri, June 20

Sun, July 13
Orchard Lake
Nature Sanctuary

Fri, July 18

Sun, August 10
Local Postcards

Fri, August 15



Orchard Lake Museum
3951 Orchard Lake Road

A 501(c)3 non-profit organization

Looking for **volunteer** opportunities? wbparks.org/volunteer



Fees are listed as the regular rate followed by the resident discount rate. All programs require pre-registration and take place at Connect unless noted otherwise.

Fitness:

Gentle Yoga for Health

Enjoy this gentle mat class designed for seniors; incorporating mindfulness, meditation and breath-work. Improve movement and mobility with a focus on balance and the core. Strengthen and stretch with safety to improve your postural alignment. Julie Levinson is a Certified Yoga Therapist and Certified in Teaching Yoga to seniors.

📍 Recreation Activities Center
🗣️ Julie Levinson, E-RYT, C-IAYT

5/7-6/11 | W | 10:30-11:30A | \$90/\$78
7/2-8/13 | W | 10:30-11:30A | \$90/\$78
No class 7/16

Gentle Chair Yoga

Focus on the therapeutic benefits of yoga for both body and mind with Julie Levinson, Certified Yoga Therapist. Improve your balance, strength, flexibility and mobility. Attention to breath-work and meditation are included in this practice. The class is tailored to meet the needs of each individual.

Pre-paid individual classes available.

📍 Recreation Activities Center
🗣️ Julie Levinson, E-RYT, C-IAYT

5/7-6/11 | W | 12:00-1:00P | \$90/\$78
7/2-8/13 | W | 12:00P-1:00P | \$90/\$78
No class 7/16

Chair Exercise

This class works on both the upper and lower body of individuals who find it difficult to stand and exercise for an hour. Using a chair, you will work on strength, balance and stretching while sitting or standing. Fall prevention techniques are also discussed.

📍 Recreation Activities Center
🗣️ Lisa Fein

4/28-6/2 | M | 1:00-2:00P | \$70/\$60
5/2-6/6 | F | 1:00-2:00P | \$84/\$72
6/16-7/14 | M | 1:00-2:00P | \$70/\$60
6/20-7/18 | F | 1:00-2:00P | \$56/\$48
7/28-8/25 | M | 1:00-2:00P | \$56/\$48
8/1-8/29 | F | 1:00-2:00P | \$70/\$60
No class 5/26, 7/4, 8/4

Move Strong

This small-group exercise class is specifically designed to help you

improve your ability to move safely and independently in life. Proper form and strategies for bending, reaching, lifting, sitting/standing and balancing will be at the heart of these fun and meaningful sessions.

📍 Recreation Activities Center
🗣️ Gayle Taub

5/10-6/21 | F | 9:00-10:00A | \$137/\$152
7/12-8/23 | F | 10:00-11:00A | \$137/\$152

Fitness Plus

Join our total body fitness class where we blend a diverse range of equipment and exercises to cater to all fitness levels. This dynamic class is designed to enhance cardiovascular endurance, build strength, improve balance and stability and increase overall range of motion. A chair is used for seated and standing support.

🗣️ Lois Costello
5/5-6/23 | M | 12:00-1:00P | \$35/\$28
5/7-6/25 | W | 12:00-1:00P | \$40/\$32
7/7-8/25 | M | 12:00-1:00P | \$35/\$28
7/9-8/27 | W | 12:00-1:00P | \$35/\$28
No class 5/26, 7/28, 7/30



Line Dance

Join us for an hour of choreographed moves to a variety of music to improve coordination and balance, boost overall health and most of all, have fun!

5/6-8/29 | Tu 11:00A-12:00P | F 10:00-11:00A | \$5/\$7 per class
No class 5/23, 7/4, 8/22

Stretch and Tone

Free!

This low-impact program uses a comprehensive exercise routine which encourages the use of light hand weights to maintain strength and fitness. You must pre-register once per month.

Tu, Th | 9:00-10:00A No class 6/19
May: 1-29 Registration: 4/24
June: 3-26 Registration: 5/27
July: 1-31 Registration: 6/24
Aug: 5-28 Registration: 7/29

Sponsored by:



Matter of Balance

Free!

Did you know that some normal aging changes can increase your risk of falling? This 8-week workshop is designed to reduce the fear of falling and increase physical activity among older adults. Topics discussed include: assertiveness, confidence building, recognizing "fall-ty" habits and fall hazards in both the home and environment. You can expect information peppered in with balance/flexibility exercises.

6/2-7/21 | M | 10:00A-12:00P

Mobile Secretary of State

The Michigan Secretary of State Mobile Office is providing their services to seniors here at WB Parks Connect! Register today to reserve your space. Last-minute drop-ins are also welcome. Onsite services include: apply for or renew a disability placard, Michigan ID, driver's license renewals, transfer title.

7/17 | Th | 10:00A-3:00P

Mah Jongg for Beginners

If you have been wanting to learn the popular game of Mah Jongg, this beginner's class is for you! Learn the basics of playing and keeping score following the National Mah Jongg League rules.

Recreation Activities Center
5/7-5/28 | W | 1:00-4:00P | \$72/\$60

Canasta: Beginner

Learn the popular game of Canasta! This class is for beginners who have never played before or for those who have just learned but need to sharpen their game. You will learn game basics and strategies to win. There will be a \$10 material fee collected the first day of class - cash only.

Recreation Activities Center
6/9-6/30 | M | 9:00-11:00A | \$76/\$64

Canasta-Strategy

This class is for the intermediate or advanced player who wants to build on their Canasta skills and learn more about strategies to strengthen their game! There will be a \$10 material fee collected the first day of class - cash only.

5/5-6/2 | M | 9:00-11:00A | \$76/\$64
7/21-8/11 | M | 9:00-11:00A | \$76/\$64
No class 5/26

Mixed Media Collage

Have you always wanted to explore your creative side? Explore various mediums such as drawing, painting and printing techniques combined to create collages. Collaging can be used to create things such as greeting cards, wall art, art journaling, creative exploration and more.

5/1-5/29 | Th | 10:30A-12:30P | \$195/\$175
6/26-7/24 | Th | 10:30A-12:30P | \$195/\$175

Friday Lunch at Connect

Join us for Friday lunch at Connect, provided by Meals on Wheels. In June we will feature an Italian Sub and in August, we will serve Chicken Salad on a Croissant. Make a day of it and stay for Bingo. You must pre-register for the lunch and Bingo separately.

6/20 | F | 11:30A-12:30P | \$11/\$9
8/15 | F | 11:30A-12:30P | \$11/\$9

Senior Nature Programs

Don't miss our Senior Hikes and Senior Kayak on page 28!

Programs offered in partnership with:

Free!



Tech Talk

Technology is ever-changing and it can feel impossible to keep up! Let our teen volunteers help you navigate your technology questions with patience and knowledge.

WB Township Public Library
5/12, 6/2, 7/7, 8/11 | M | 4:00-5:30P

WB Library Book Club

Join us monthly as we read across genres and then come together for discussion. Books will be available for pickup at Connect three weeks in advance.

May - *The Secret Life of Sunflowers*
5/12 | M | 2:15-3:15P

June - *The Art Thief*
6/9 | M | 2:15-3:15P

July - *The Only Woman in the Room*
7/14 | M | 2:15-3:15P

August - *Tell Me Everything*
8/11 | M | 2:15-3:15P

WB Library Pop-up

Stop by and see what is new and exciting at the Library! Each month a librarian will be at Connect for an hour with new books and media available for checkout.

5/12, 6/9, 7/14, 8/11 | M | 1:00-2:00P

Thrive over 55

This program provides tools for navigating issues faced by seniors. This session will address topics including healthy aging, understanding risks associated with substance and medication misuse, embracing diversity and combating ageism.

7/10-7/24 | Th | 10:30A-12:00P

Free!

Thrive over 55: Mocktail Workshop

We will learn how to make our own delicious mocktails while we socialize. Session topics include alcohol's potential interactions with medications and making smart decisions around drinking. Enjoy a mocktail with us!

8/15 | F | 2:30-4:00P

Free!

Senior Resource Group*: Talk Time

Talk Times are sponsored by the West Bloomfield Chamber's Senior Resource Group, a network of professionals that look to connect seniors with knowledge and resources on relevant topics. A healthy snack is provided.

W | 10:00-11:30A

May 21

Dr. Keshav Grover and staff from Grover Health will explore "Spring Rejuvenation." Featuring springtime health tips for seniors including skincare routines and nutrition for aging well.

June 18

Come to Connect and learn about a well-rounded summer featuring: BBQ's, summer wellness, Medicare and estate planning.

July 16

We will discuss heart and brain health basics, including stroke awareness, preparedness and how to keep our blood healthy and so too, our heart and brain.

August 20

What are the qualities of those living fully in later years? We will discuss, quality vs. quantity, mental wellbeing and music therapy. We will also explore senior travel, locally and globally.

Exercise Your Mind:

Breakfast or lunch is included. Pre-registration is required.

Free!

Hospice: Fact or Fiction

Please join us for an interactive program presented by Hospice of Michigan. This presentation incorporates a fun and informative twist on an introduction to comfort care in the later stages of life.

5/23 | F | 9:00-10:00A



Colon Cancer

Join us for an informative presentation by Alexandria Glenn, MD, from Henry Ford Health. She will discuss signs of colon cancer, how it begins and screening practices and procedures.

6/13 | F | 12:00-1:00P

**HENRY
FORD
HEALTH**

You Can't Take It with You: Prepare Wisely

Having a solid strategy in place can make things easier for your family after you're gone. Learn the four documents you need to ensure your final wishes are known and carried out. Free resources are available to help you create a plan and communicate it to your loved ones.

8/22 | F | 9:00A-10:00A

thrivent

Connect Members:

Pre-registration required.

Sponsored by:



Free!

Older Michiganian Day

Join us for popcorn, a photo booth, games and Michigan-themed prizes as we celebrate our Connect Members on Older Michiganians Day.

5/7 | W | 2:00P-3:30P

Drop-In Programs:

Free for Connect members and a \$2 drop-in fee for non-members. Snacks provided.

Ping Pong

Come socialize and exercise with a game of ping pong!

5/6-8/28 | Tu,Th | 1:30-4:00P | \$0/\$2
No program 8/7

Knitting Club

The club welcomes all types of knitting, crochet, embroidery or needlepoint. This will be a social club where you have a place to meet and enjoy working on your craft.

5/7-8/27 | W | 10:00A-12:00P | \$0/\$2
No program 6/25

Open Game Room

Looking for fun, friends, and a little friendly competition? Come join us at Connect for our new, expanded Open Game Room! Enjoy cornhole, chess or darts or bring your own game supplies. Refreshments provided.

5/6-8/31 | M,W | 1:00-4:00P | \$0/\$2

Special thanks to our fall prevention sponsor:



Ice Cream Floats

Join us for a float of your choice or a scoop of ice cream. Stay and mingle with fellow Connect members or take a float to-go.

8/6 | W | 2:00-3:30P

Bingo

Come play bingo and meet other Connect members. You will be given two cards to play at a time in four rounds of bingo. Prizes will be given.

5/16, 6/20, 7/18, 8/15 | 1:00-2:00P



Grant Funded Programs**



Happy Hour

Join us for our lively and engaging Connect Happy Hour! This once-a-month event is the perfect opportunity to meet new friends, enjoy a delicious mocktail and have fun with us!

4/25 | F | 3:30-5:00P

5/30 | F | 3:30-5:00P

6/27 | F | 2:00-4:00P

Discussion Groups

Join Karen Faith Gordon, LMSW, for a weekly discussion group. Participants will discuss the unique challenges faced with aging. Discover, create and renew purpose while cultivating connections with other like-minded individuals.

7399 Middlebelt Road, Suite 4

Women's Discussion Group

4/30-6/4 | W | 2:00-3:00P

Men's Discussion Group

4/30-6/4 | W | 4:00-5:00P

Caregiver Discussion Group

4/30-6/4 | W | 6:00-7:00P

Head, Shoulders, Knees & Toes

Confidence, limitations, ability, desire, intention and safety impact how we move. You will learn about exercises to help you move safely and healthily. Muscles, heart, joints and movement options will be covered.

4/16 | W | 11:00A-12:00P

Finding Purpose in Later Years

This two-week workshop is designed to support seniors in rediscovering their sense of meaning and direction in life. Participants will explore their passions, interests and strengths. The program offers tools to help participants engage in interactive, creative and purposeful activities that align with their values.

4/17-4/24 | Th | 11:00A-1:00P

5/9-5/16 | F | 11:00A-1:00P

Laughing Yoga

Laughing Yoga combines breathing exercises and laughter. This untraditional yoga combines gentle stretches and breathing to reduce stress, strengthen the immune system and boost mood!

Recreation Activities Center
5/2-5/30 | F | 9:00-9:30A

Connect
6/6-6/27 | F | 9:00-9:30A
No class 5/9, 5/16

Stress Free Crafts

Discover the joy of creativity and relaxation. This welcoming and supportive environment is designed for you to unwind, socialize and express yourself through various craft projects. Engage in therapeutic crafting, meet new friends and enjoy a fun atmosphere. New crafts each week!

4/23-6/25 | W | 1:00-2:30P

5/9 | F | 1:00-2:30P

No class 5/7

Nutrition Myths and Facts

With the abundance of nutrition information and opinions, it can be challenging to know what's true and right for you. This session will provide discussion, perspective and guidance on popular claims so you can quiet the 'noise' and make meaningful decisions that help you improve how you eat.

4/30 | W | 11:00A-12:00P

Stretching Step-by-Step

Join this interactive session to learn more about the importance of safe stretching for better body movement and health. Ease aches and pains, move more freely and feel confident as you move throughout the day.

5/7 | W | 11:00A-12:00P

6/11 | W | 11:00A-12:00P

Mindful Eating

What you believe and what's actually happening can be surprisingly different. Mindfulness and observation create opportunities to be proud or to make a meaningful change. Learn more about heightening your awareness of your food decisions/habits!

5/14 | W | 11:00A-12:00P

Exercise Myths and Facts

This session will provide discussion, perspective and guidance on popular claims. We want to help

you quiet the 'noise' and make meaningful decisions to help improve how you move.

5/22 | Th | 10:30-11:30A

Create Your Own Wellness Team

Learn how to build a wellness team that supports your well-being with a coordinated approach. Determine your needs, understand expertise areas, find qualified professionals and feel at ease with how you make important decisions.

5/28 | W | 11:00A-12:00P

Lifelong Learning

Join Karen Faith Gordon, LMSW, CDP and specialist on aging for a lecture-style series on lifelong learning for seniors. Free refreshments provided.

Life is Now: Coping with Loss

5/12 | M | 10:00-11:00A

Dealing with Dementia?

6/4 | W | 10:00-11:00A

Ask the Fitness Expert

Whether you have burning questions, appreciate new perspectives or like to gather information this session is for you. Take advantage of this great opportunity to talk about two of the most important aspects of health and wellness: exercise and mindset.

6/5 | Th | 10:30A-11:30A

Move Strong Step-By-Step

Take time to focus on one fundamental movement you already use. We will name it, learn why it is important, connecting it with your everyday life and practice. An expert will guide and help modify ensuring every person feels confident. Those with limitations or body concerns are welcome.

6/25 | W | 11:00A-12:00P

**This Senior Center Social Work Project is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$85,000 with 100% funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.

Visit Mackinac Island!

2025 GRAND EXPERIENCE



Sunday, October 19 – Wednesday, October 22, 2025

Join other Michigan communities on a 4 day / 3 night escape complete with horse-drawn carriages, tours, live entertainment and more!

Single Room Occupancy-\$1,525 per person
Double Room Occupancy-\$1,275 per person

Learn more at wbparks.org/travel.

Registration ends May 2!



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SENIOR LOAN CLOSET



The Connect Senior Loan Closet has a supply of donated items, which residents may use on a short term basis. Seniors are able to check out the item(s) and return them after use.

Items include: walkers, crutches, knee push scooters and more.

Donations are accepted based on need and condition. To be accepted, items must be new or gently used, thoroughly clean, in very good condition and ready to lend. To check out an item, view our inventory or donate an item, visit the front desk at Connect for more information.



NOW OPEN!



Discover modern, upscale residence options, five-star services & amenities, and a rich calendar of activities in a community that feels like home. Be among the first to explore our warm, inviting spaces, meet our dedicated team, and see what makes Rose Senior Living Farmington Hills so special.

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VOLUNTEERS NEEDED

The Meals on Wheels program needs volunteers in the West Bloomfield area.



Meals on Wheels
More than a Meal

This is a commitment of 1.5-2 hours of your time as little or as often as your schedule will allow.

Once a month, once a week, temporary, or on a continuous basis.

Delivering meals to homebound seniors is a very rewarding experience. Help make a senior's day!

For more information, please call Lucy at 810-632-2155 or email info@lwmmow.org.





Anna Scripps Whitcomb Conservatory Tour*

Hop on the bus for a summer day on Belle Isle, complete with a guided tour of the newly renovated Anna Scripps Whitcomb Conservatory. Weather permitting, we will make a quick stop at the Piet Oudolf Garden. Lunch will be included at Grand Trunk Pub, featuring a pre-set limited menu, following our tour. Please note: this trip includes a lot of walking.

5/8 | Th | 8:30A-2:30P | \$70/\$60

Thrift Store Shopping

Enjoy a day thrift store shopping, as we explore three favorite shops recommended by WB Parks' staff. Perhaps you will find a treasure to add to your summer wardrobe! Lunch will be on your own, at Hudson Café, in Northville, during our shopping trip.

5/15 | Th | 9:30A-3:45P | \$11/\$9

Tuesday at Eastern Market

Enjoy "Tuesday at Eastern Market." Perfect for stocking up on fresh produce, baked goods and meats. Take part in a free Zumba or yoga class. Visit some of the specialty shops and have lunch on your own at one of the area restaurants.

6/10 | Tu | 9:30A-3:00P | \$11/\$9

Detroit Tigers Game

Join us for an afternoon at the ballpark. The Tigers play host to the Washington Nationals in June and the Cleveland Guardians in July. Price includes: round-trip transportation to and from Comerica Park, an outfield box seat and a \$10 lunch voucher. Tickets are limited!

6/26 | Th | 11:00A-6:00P | \$69/\$59

7/30 | W | 11:00A-6:00P | \$69/\$59

Ford Rouge Factory Tour*

Join us for the Ford Rouge Factory Tour: a 5-part experience housed at the Ford's Dearborn Truck Plant. The tour includes: the Legacy Gallery and Electric Vehicle Display, Legacy Theater, Manufacturing Innovation

Theater, Observation Deck and Plant Walkway overlooking Ford F-150 final assembly area. Lunch will be included at Ford's Garage Restaurant, in Dearborn, featuring a burger bar, after our tour.

6/12 | Th | 8:30A-2:45P | \$90/\$80

DIA: Melodies at the Museum

Our trip to the DIA will feature a performance by Rev. Robert Jones Sr.: An inspirational storyteller, singer and instrumentalist covering genres from country blues guitar to folk spirituals and gospel. You will receive a 10% coupon for the DIA gift shop, cookies-to-go and bottled water for the bus ride back. Motor coach transportation provided by the DIA.

5/22 | Th | 12:15P-3:45P | \$7/\$5

Detroit Symphony Orchestra

Let's Misbehave: The Songs of Cole Porter

Cole Porter's songs feel forever new. Pianist Tony DeSare, trombonist Aubrey Logan and tap dancer John Manzari put fresh spins on "Night and Day," "I Get A Kick Out of You," "I've Got You Under My Skin," "Anything Goes," and more.

6/20 | F | 9:15A-1:45P | \$88/\$78



Trips

All trips leave from the Recreation Activities Center.

To schedule a home pickup through West Bloomfield Community Transit, call (248) 706-2411.

Restaurant Ramblers

Join this "Out-to-Lunch Bunch" as we make the reservations and provide the transportation while you select what to eat and pay for the meal.

Diamond Jim Brady's: Novi

W 6/4, F 6/6 | 11:30A-2:30P

4th Tavern Lakehouse: Waterford

W 7/9, F 7/11 | 11:30A-2:30P

Slows Bar BBQ: Detroit

W 7/23, F 7/25 | 11:00A-3:00P

HopCat: Livonia

W 8/13, F 8/15 | 11:15A-2:45P

Beach Tiki Bar: Walled Lake

W 8/27, F 8/29 | 11:30A-2:30P

WEST BLOOMFIELD COMMUNITY TRANSIT:

WB Parks offers low cost transportation services for West Bloomfield residents who are:

- Senior citizens, age 55 and over
- Disabled citizens, age 16 and over

The fare is \$2 each way. Medical appointments can be scheduled 28 days in advance. All other appointments can be scheduled 14 days in advance.

Would you like to schedule a ride? Call 248-706-2411.
Messages are returned daily.

*These programs are sponsored by the West Bloomfield Chamber's Senior Resource Group, a network of professionals that look to connect seniors with knowledge and resources on relevant topics. Sponsors contribute to each trip to help reduce trip costs.

