

2026 January

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5 Fitness Plus 12-1pm Game Room 1-4pm	6 Stretch&Tone1 8:45 - 9:45a Stretch&Tone2 10-11am Line Dance 11:30-12:30pm TableTennis 1:30-4pm	7 Knit, stitch&Chat 10-12pm Fitness Plus 12-1pm Game Room 1-4	8 NO PROGRAMS	9 Line Dance 10-11am Stretch&tone+ 12:45pm - 1:45pm	10
11	12 Fitness Plus 12-1pm Library pop-up 1-2pm Game Room 1-4pm	13 Stretch&Tone1 8:45 - 9:45a Stretch&Tone2 10-11am Line Dance 11:30-12:30pm TableTennis 1:30-4pm	14 Knit, stitch&Chat 10-12pm Fitness Plus 12-1pm Game Room 1-4pm	15 Stretch&Tone1 8:45 - 9:45a Stretch&Tone2 10-11am TableTennis 1:30-4pm	16 Line Dance 10-11am Stretch&tone+ 12:45pm - 1:45pm *BINGO* 1-2pm	17
18	19 CLOSED	20 Stretch&Tone1 8:45 - 9:45a Stretch&Tone2 10-11am Line Dance 11:30-12:30pm TableTennis 1:30-4pm	21 SRG: Alzheimers 10-11:30am Fitness Plus 12-1pm Game Room 1-4pm	22 Stretch&Tone1 8:45 - 9:45a Stretch&Tone2 10-11am TableTennis 1:30-4pm	23 NO PROGRAMS	24
25	26 Fitness Plus 12-1pm Game Room 1-4pm	27 Stretch&Tone1 8:45 - 9:45a Stretch&Tone2 10-11am Line Dance 11:30-12:30pm TableTennis 1:30-4pm	28 Knit, stitch&Chat 10-12pm Fitness Plus 12-1pm Game Room 1-4pm	29 Stretch&Tone1 8:45 - 9:45a Stretch&Tone2 10-11am Ex. Your Mind 11-12pm TableTennis 1:30-4pm	30 Line Dance 10-11am Stretch&tone+ 12:45pm - 1:45pm	31