

# SUMMER GUIDE



April - September 2024  
Registration begins April 8



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# WEST BLOOMFIELD

HEALTH & REHABILITATION CENTER



## QUALITY HAS ITS REWARDS

We are proud to announce our latest triple-crown of outstanding recognition from *HOUR Detroit*, *U.S. News & World Report* and *Newsweek*. **West Bloomfield Health & Rehabilitation Center** continues to deliver nationally recognized senior care you can trust, close to home. It's just more affirmation that quality has its rewards.

6445 W. Maple Road | West Bloomfield, MI 48322 | 248-661-1600 | wbhrc.com

April - September 2024 Registration begins April 8

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*Fees are listed as West Bloomfield residents first, followed by non-residents.*

**Recreation Activities Center**  
4640 Walnut Lake Road, West Bloomfield, MI 48323

**Office Hours:** Monday - Friday, 8 am - 4:30 pm  
Offices are closed June 19, July 4, September 2.

**Connect Hours:** 8:30 am-4 pm  
Visit [wbparks.org/connect](http://wbparks.org/connect) for a list of closures.

**Park Hours:** Parks are open daily from 8 am - dusk, year-round.

**Phone:** (248) 451-1900  
**Email:** [info@wbparks.org](mailto:info@wbparks.org)

**Staff Contact Information:**  
Contact information for individual staff can be found at: [wbparks.org/staff](http://wbparks.org/staff).

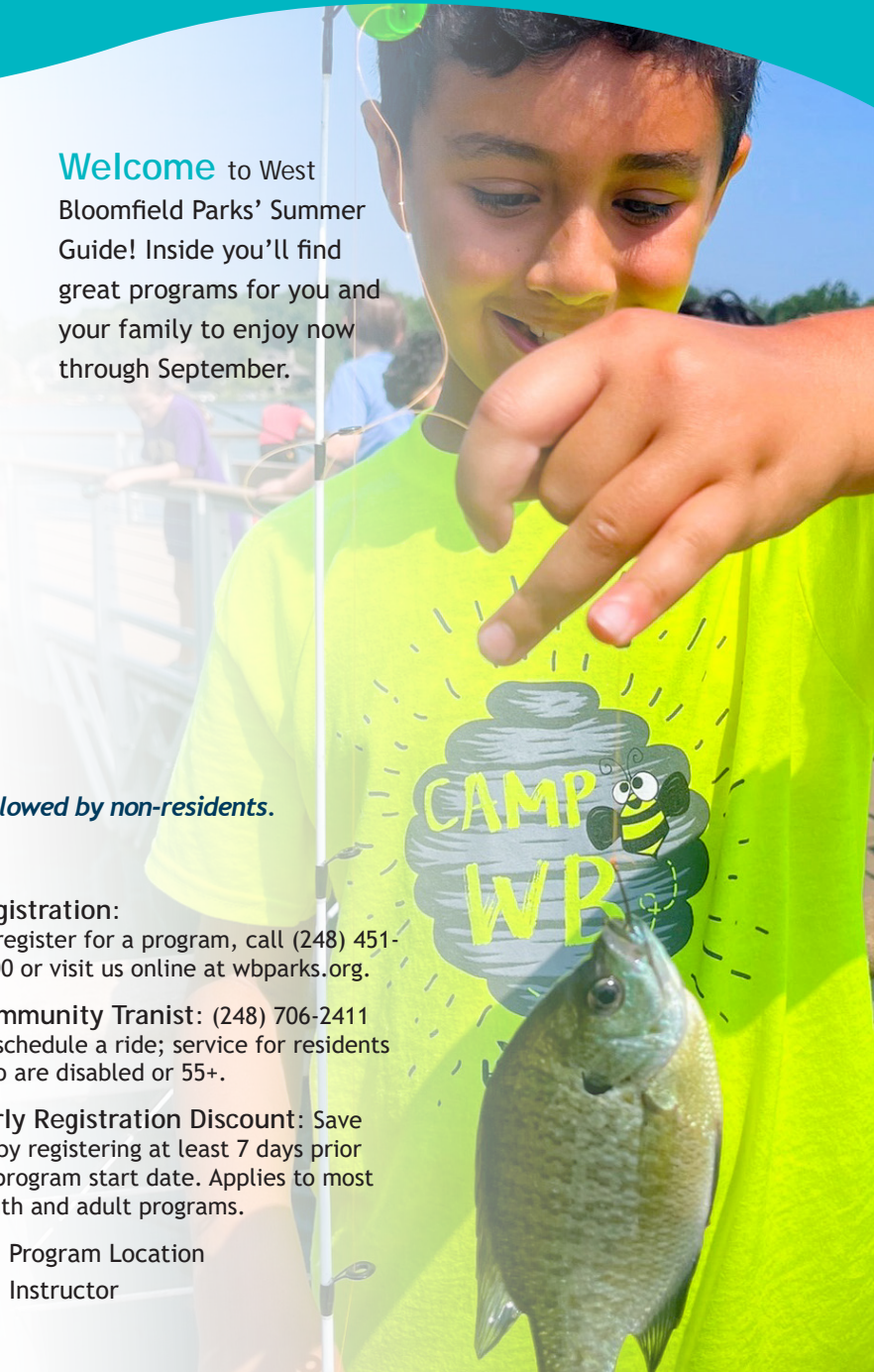
**Welcome** to West Bloomfield Parks’ Summer Guide! Inside you’ll find great programs for you and your family to enjoy now through September.

**Registration:**  
To register for a program, call (248) 451-1900 or visit us online at [wbparks.org](http://wbparks.org).

**Community Transit:** (248) 706-2411  
To schedule a ride; service for residents who are disabled or 55+.

**Early Registration Discount:** Save \$5 by registering at least 7 days prior to program start date. Applies to most youth and adult programs.

- Program Location
- Instructor



#### COMMISSIONERS

- |                   |                     |
|-------------------|---------------------|
| Terrance T. Adams | John A. Erich       |
| Merv Aronoff      | Vincent C. Kirkwood |
| David Barash      | Sally Wenczel       |
| Robert V. Brooks  |                     |

#### UPCOMING COMMISSION MEETINGS

- |           |   |
|-----------|---|
| April 25  | All meetings are at 6 pm at Town Hall (4550 Walnut Lake Rd.). They are open to the public and can be viewed online live at <a href="http://civiccentertv.com">civiccentertv.com</a> . |
| May 23    |   |
| June 27   |   |
| July 25   |   |
| August 22 |   |





# FROM the DIRECTOR



## A SEASON OF RENEWAL: CREATING COMMUNITY THROUGH PEOPLE AND EXPERIENCES

As we embrace the vibrant season of renewal, I am delighted to share what spring brings to the West Bloomfield community. Within this Activity Guide, you'll notice a theme of fostering connections, connecting with one another, fostering personal well-being and engaging with the great outdoors.

**Connecting seniors to resources to age gracefully:** At Connect, we believe that living an active and engaged life is the key to longevity and happiness. From fitness classes that help build and sustain balance to social gatherings that nourish the soul, we aim to create a supportive environment where friendships flourish and a sense of belonging is cultivated.

**Connecting to family:** The moments we share bring us together. Rediscover the excitement of Touch-A-Truck's return, celebrate the completion of our skatepark renovation and learn about the upcoming addition of the new playground at Drake Sports Park this fall. Explore additional improvements along the West Bloomfield Trail. Users will benefit from easier trail crossings across Orchard Lake Road. Anticipate the opening of a restroom and water bottle refill station in June. We're committed to making your connections on the Trail even more safe and enjoyable.

**Connecting with our new faces:** We are thrilled to welcome our new team members whose diverse skills and fresh perspectives promise to enhance our programs and facilities and bring new ideas to West Bloomfield. You can learn more about our new staff members on our website at [wbparks.org/staff](http://wbparks.org/staff).

**Connecting Community:** As our community embraces the concept of aging in place, we are proactively preparing for the future. Explore page six for details on the proposed bond, pending Township Board approval, aiming to secure \$25 million for crucial capital enhancements. These improvements encompass an enhanced Connect facility by relocating it to the Civic Center campus and adding on 22,000 sq. feet.

In addition, the funds will also be used for expanded pickleball courts at Drake Sports Park, playground replacements at three parks and replacement of the paved walking path at Marshbank Park.

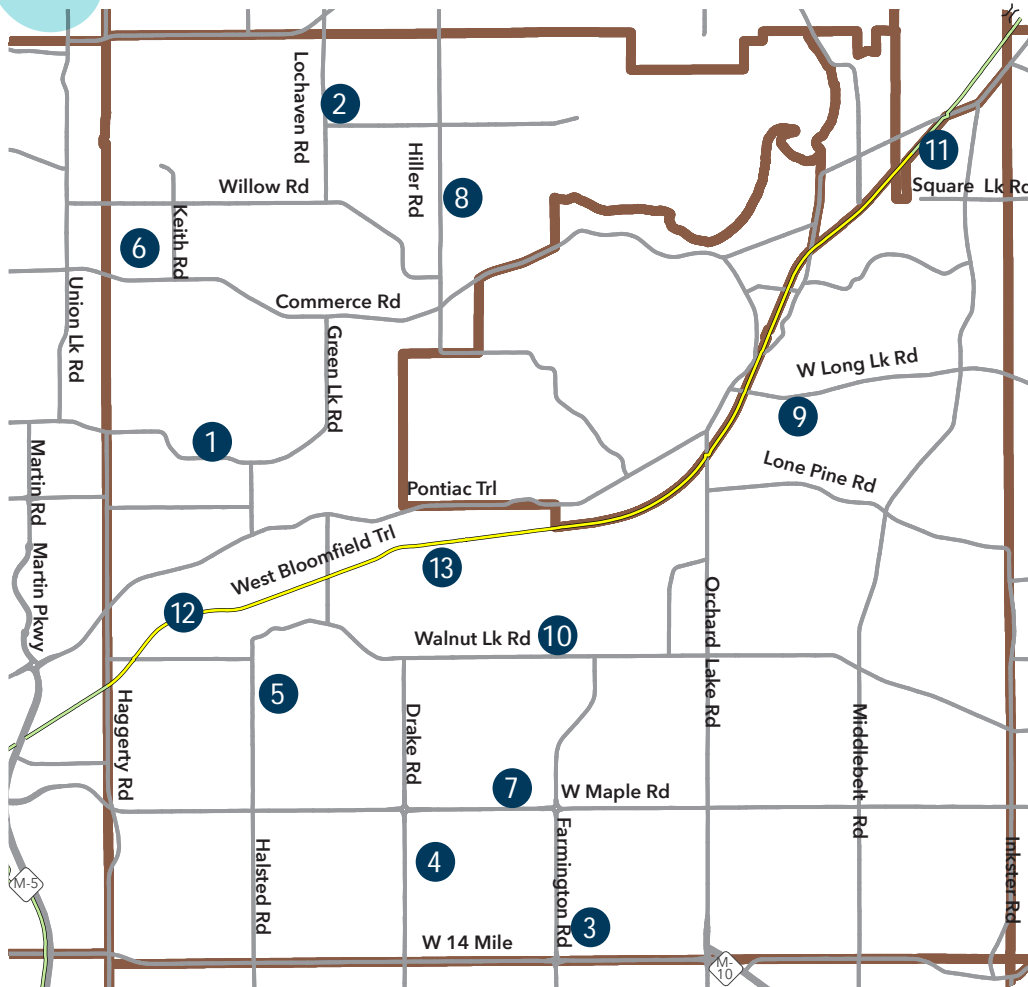
In closing, our dedication remains strong in nurturing connections, advocating for wellness and enriching the lives of our residents. Wishing you a season filled with joy, connection and the revitalization that only spring can offer.

*Kelly Hyer, CPRP*





# Explore YOUR PARKS



- 1 Bloomer Park
- 2 Bloomfield Knolls Park
- 3 Connect Senior Center
- 4 Drake Sports Park
- 5 Karner Farm
- 6 Keith Sports Park
- 7 Lily Pad Springs
- 8 Marshbank Park
- 9 Pine Lake Park
- 10 Recreation Activities Center
- 11 Sylvan Manor Park
- 12 West Bloomfield Trail
- 13 West Bloomfield Woods Nature Preserve

# WB PARKS BOND PROPOSAL

AUGUST 6 ELECTION

## WHAT IS BEING ASKED?

Critical support for creating a healthier community through expanded recreation programming for all ages and enhanced park amenities.

### 20-YEAR \$25 MILLION BOND FOR:

- A new, larger **CONNECT** community center for all ages
- Expanded programs for seniors
- Enhanced park amenities

**SERVING 2X  
THE RESIDENTS  
SINCE 1970**

- 65,000 residents and growing
- 50% are 50 or older

### CURRENT SENIOR CENTER

- 9,000 square feet
- Temporary space
- Located off-site
- 600+ members
- 6,000+ visits since August 2023

### CONNECTING COMMUNITY

### NEW **CONNECT** CONCEPT

33,000-square-foot multigenerational facility on the Civic Center Campus

4X

More programming space



Dedicated lounge space for seniors



Indoor pickleball, table tennis, walking track + more



Focused on mental & physical wellbeing



Expanded nature center



More meeting & event space options

### ADDITIONAL IMPROVEMENTS

NEW PLAYGROUNDS AT PINE LAKE, BLOOMER & MARSHBANK PARKS

PAVED WALKING PATH REPLACEMENT AT MARSHBANK PARK

EXPANDED PICKLEBALL COMPLEX AT DRAKE SPORTS PARK

### HOW MUCH WILL IT COST?

A resident whose home has a taxable value of \$100,000 will be assessed approximately \$35 annually.



# YOUR WEST BLOOMFIELD PARKS: **CONNECTING COMMUNITY**

Continuously imagining the future of recreation, wellness and green spaces that will encourage our diverse community to develop connections with nature and one another, ultimately contributing to the vibrancy of life in West Bloomfield.



Nearly 600 acres of parkland



13 parks and 13 miles of trails



20,000 visits annually to Lily Pad Springs on average



27 annual community events



Dozens of fitness & wellness programs



40+ different summer camps

**17,025** TOTAL NUMBER OF PROGRAM REGISTRATIONS IN 2023

## West Bloomfield Parks tackles BIG projects with BIG results

From extensive renovations at Marshbank Park to creating the West Bloomfield Trail to opening the largest splash pad in Michigan, Lily Pad Springs, we have a proven track record of success.



### COMMITTED TO NATURE EDUCATION

- 3 naturalists on staff
- 100+ annual educational programs, hikes and open hours

### HOW WE'RE FUNDED

- Four operating millages and various grants
- Independent of the Township, so no general fund dollars used

### INVESTING IN OUR COMMUNITY

- \$1.45 million poured into capital projects in 2023
- \$300,000+ in grant funding dedicated to seniors

### CRITICAL SUPPORT NEEDED

- Current funding is not enough to make needed investments to keep pace with increased resident demand



# Opening May 24

Located at 6200 Farmington Road

Pre-sale admission available  
April 24 for West Bloomfield residents  
or May 9 for nonresidents

Weather hotline: (248) 451-1940



[wbparks.org/LilyPadSprings](http://wbparks.org/LilyPadSprings)

Residents: \$4/person per session  
Non-residents: \$7/person per session

Session Hours are as follows, seven days a week:

- (3) Sessions: 11:00 am-1:00 pm, 1:30-3:30 pm, 4:00-6:00 pm - Plus special Twilight Sessions (see below)
- Limited hours on some weekdays in the beginning/end of the season. See [wbparks.org/lilypadsprings](http://wbparks.org/lilypadsprings) for details.
- Anyone 6 months and older entering the splash pad must pay the entrance fee.
- Pre-registration limited to 10 people per reservation.
- Resident pre-sale: available 30 days in advance
- Non-residents pre-sale: available 15 days in advance
- On-site sales begin 15 minutes prior to session
- New! Tickets are available online until 10 am the day of your visit.

Lily Pad Springs includes:

- Fun for children of all ages
- Over 50 play features and 4 water slides
- Splash bucket that dumps 55 gallons of water
- ADA and Universally Accessible

## Private Party Rentals

Reservations begin April 24 - \$550

Includes splash pad and tent for private party  
(up to 100 people)

See [wbparks.org/rentals](http://wbparks.org/rentals) for additional details.

## Semi-Private Rentals

Reservations begin April 24 - \$100

Includes tent rental (up to 40 people)  
Group cannot exceed 40 people, admittance  
fees not included. See [wbparks.org/rentals](http://wbparks.org/rentals) for  
availability & additional details.

## Sensory Friendly Mondays

For our park visitors that may find a regular day at  
the splash pad a little overwhelming, this special  
session is perfect for you.

Mondays from 11 am-1 pm

June 3-August 5

## Twilight Sessions

Join us for our once-weekly evening session!

Tuesdays Twilight sessions:

6:30-8:30 pm

June 11-August 6





# Park IMPROVEMENTS



## WEST BLOOMFIELD TRAIL RESTROOM & HAWK LIGHTS

Thanks in part to a \$100,000 grant from Oakland County, we will be opening a permanent restroom along the west Bloomfield Trail this June! The restroom will be located at the Arrowhead Rd. trailhead and will feature two unisex restrooms and a refillable water bottle station/drinking fountain. We will host a ribbon cutting during our National Trails Day event on June 1 at 9:30 am. See page 13 for details.



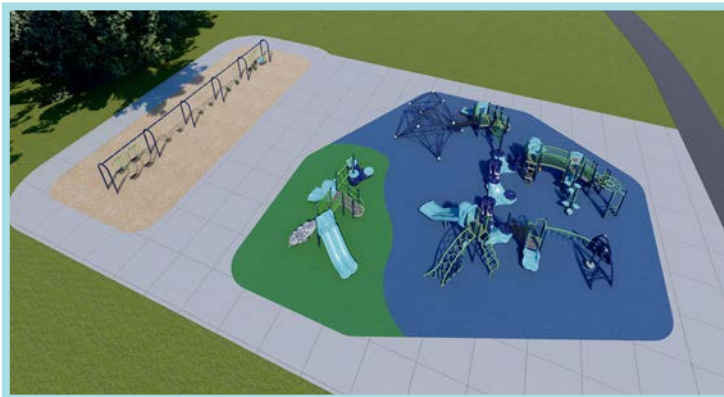
Two new hawk lights have been added along the West Bloomfield Trail at Orchard Lake Road crossing #2 (at Orchard Lake and Old Indian Trail) and Orchard Lake crossing #3 (just south of Commerce Road). These lights help trail users cross the road more safely and efficiently. For an instructional video on how these lights work, visit [wbparks.org/wbtrail](http://wbparks.org/wbtrail).



## DRAKE SPORTS PARK PLAYGROUND & SKATE PARK

The skate park at Drake Sports Park was replaced late fall of last year and is now open!

We will be replacing the playground at Drake Sports Park this summer/fall. Construction will begin in early August and should take six weeks to build. The new playground will be built on the open green space that is northeast of the current playground. The old playground will remain open during construction and will be removed once the new playground is finished.







# SPECIAL EVENTS

# TOUCH -A- TRUCK

FRIDAY, APRIL 26

TIMESLOTS BEGINNING  
AT 4PM

DRAKE SPORTS PARK

GET A FIRST-HAND LOOK AT POLICE, FIRE,  
CONSTRUCTION AND OTHER COOL VEHICLES!

RESIDENT CHILD \$7 NONRESIDENT CHILD \$9

REGISTRATION REQUIRED IN ADVANCE

FEE INCLUDES TIRE OBSTACLE COURSE, GOODY BAG AND POPCORN.



SPONSORED BY:



FIRST TIMESLOT IS SENSORY FRIENDLY!



# EARTH DAY CELEBRATION

**THURSDAY, APRIL 18**  
Pre-registration requested!



**4-6PM**

**RECREATION ACTIVITIES CENTER**

**FREE!**

**ACTIVITIES INCLUDE:**

**GUIDED HIKES RECYCLED CRAFT**

**FREE SEEDLINGS CONSERVATION LEADERS & MORE!**  
(LIMITED SUPPLY)

PRESENTED BY:



SPONSORED BY



# NATIVE PLANT SALE



**ONLINE  
PRE-ORDER  
MAY 12-16  
BEGINNING AT 8 AM**

**PICK UP MAY 18  
9AM-12PM  
MARSHBANK PARK**  
NO ONSITE SALES

VISIT [PLANTSFORECOLOGY.COM](http://PLANTSFORECOLOGY.COM) FOR A LIST OF PLANTS AND TO SHOP. A WIDE RANGE OF TREES, SHRUBS AND PLANTS ARE AVAILABLE FOR PURCHASE!

PLANTS FOR ECOLOGY WILL DONATE A PORTION OF THE PROCEEDS TO OUR NATURE ROOM TO HELP FURTHER OUR MISSION OF ENVIRONMENTAL EDUCATION!

AGES 3+

RESIDENT \$9/NONRESIDENT \$11

# GO FISH!

**FISHING!**

**CRAFTS!**

**PRIZES!**

THIS EVENT IS ON THE DNR'S FREE FISHING WEEKEND, SO NO FISHING LICENSE IS REQUIRED.

LIMITED NUMBER OF FISHING POLES AVAILABLE ALONG WITH HANDS-ON INSTRUCTION FROM WB PARKS STAFF.



**SUNDAY, JUNE 9**

**TIMESLOTS BEGINNING  
AT 9AM**

**MARSHBANK PARK**

Special guest; Mike McKinstry from The Bassquatch Hunter: Fish Out of Water

# Bees AUGUST 24TH Butterflies & Blooms

A FESTIVAL FOR POLLINATORS!

10AM  
-  
12PM

MARSHBANK PARK



Buzz and flutter about Marshbank Park to learn about the importance of our pollinators & what you can do to help these critters that are so important to our earth.

- Monarch tagging with butterfly release
- Sweep netting for native pollinators
- Beeswax craft
- Interactive talks with Bees in the D & Xerces Society
- Live caterpillar displays
- Native seed giveaway

FREE! NO REGISTRATION REQUIRED! ALL AGES!

SPONSORED BY:



# Marshbank Music

WEDNESDAYS AT MARSHBANK PARK  
5:30 – 8:30 PM

FOOD SERVICE STARTS AT 5:30, MUSIC KICKS OFF AT 6:00

VARIETY OF FOOD TRUCKS AVAILABLE!

SPONSORED BY:



## LINEUP

JULY 10: **DAN RAFFERTY BAND**  
ROCK AND POP HITS

JULY 17: **THUNDERBEARDS**  
ZZ TOP TRIBUTE  
THIS EVENT ENDS AT 8:15 PM.

JULY 24: **DETROIT RETRO SOCIETY**  
SOUL, FUNK, R&B AND MORE

JULY 31: **MOBILE DUELING PIANO**  
INTERACTIVE MUSICAL COMEDY

# Kids Harmonotion

## Concert Series Marshbank Park

FREE!

SPONSORED BY:



URGENT CARE



THE FUNNY DUMPLINGS  
MAY 16  
5-7PM

CHILDREN'S THEATRE OF MICHIGAN  
JUNE 20  
10AM-12PM

GUY LOUIS SFERLAZZA  
AUGUST 22  
10AM-12PM

INFLATABLES!

BRING SOCKS

EVENT PARTNER



FOOD AVAILABLE FOR PURCHASE FROM THE WEST BLOOMFIELD OPTIMIST CLUB!



# Community Garage Sale

Shop local & help reduce community waste!

**SATURDAY, MAY 11**

**8 AM-2 PM**

**RECREATION ACTIVITIES CENTER  
PARKING LOT**

Become a seller for \$10 (residents only)  
One registration per household. Seller registration opens April 1.  
Visit [wbparks.org/garage-sale](http://wbparks.org/garage-sale) for details & restrictions



Tent between the Library & Recreation Activities Center!

**MAY 7TH-SEPTEMBER 24TH**

In the Civic Center Complex

**TO VIEW THE COMPLETE**

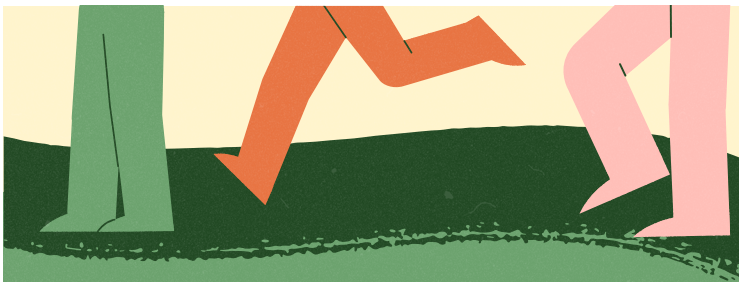
4600 Walnut Lake Road,  
West Bloomfield 48323

**2024 FOOD TRUCK**

**LINEUP VISIT:**

This is an event series organized by West Bloomfield Township, Library, Police and Parks Departments.

[WBPARKS.ORG/FOODTRUCKTUESDAY](http://WBPARKS.ORG/FOODTRUCKTUESDAY)



Celebrate National Trails Day on the West Bloomfield Trail!

# National Trails Day

Check in between 8-8:30 for a free t-shirt!  
T-shirts are first-come-first-serve while supplies last.

**Saturday, June 1**

**8 am**

**Start at  
Walnut Creek Middle School**

Join us at 9:30 am for the ribbon cutting ceremony for the new Arrowhead Rd. trailhead restroom!

SPONSORED BY:



# WALK WB

Tuesdays at 7 pm, Saturdays at 8 am  
May 7-August 27

Sponsored by:



Walk WB is a fun, free program designed to encourage fitness opportunities while enjoying all the parks and trails West Bloomfield has to offer.

Walks are scheduled at various locations throughout West Bloomfield and range from 2.2 to 3.7 miles.

On the second Tuesday of each month, Henry Ford Health experts will be available prior to the walk to answer questions and encourage dialog about health concerns.

Gifts will be given to walkers that complete 26.2 miles (a marathon). Names will be placed in the \$250 grand prize drawing (one entry for each walk) done after the 8/27 walk.

The schedule and walk maps are available at:  
[wbparks.org/walkwb](http://wbparks.org/walkwb)

At Henry Ford West Bloomfield Hospital,  
we are changing healthcare.

# WE ARE HENRY

We're on a mission to build a healthier community.

Our expert teams are delivering care that redefines what's possible—from neurosurgery, cardiac care and stroke treatment to robot-assisted joint replacements, cancer management and a birthing center like no other. For your convenience, we've also added a spacious new parking structure. Discover the most advanced care, close to home.

## HENRY FORD HEALTH

henryford.com/westbloomfield



## Your New Home Awaits!

The warm, welcoming feeling of home and family. It's what you notice first at Rose Senior Living Farmington Hills, and—you can be sure—it's what you'll experience every day.

Our independent living features exceptional services and amenities, maintenance-free living, wonderful dining, and comfortable spaces to gather with friends and family. Plus, the gracious, helping hand of assisted living and memory care is available whenever you need it, all under the same roof. Now that's a retirement life you can love—and that's the singular vision of senior living Edward Rose and Sons brings to every one of our communities.

Contact us to find out how to become a  
**Founders Club Member!**

**SCHEDULE A VISIT TODAY!**

— Call 248-850-1351 —



*Independent Living | Assisted Living | Memory Care*

28800 West Eleven Mile Road • Farmington Hills, MI 48336  
FarmingtonHills.RoseSeniorLiving.com | (248) 850-1351

Managed by Life Care Services®







**International  
Academy**  
Michigan



# WEST BLOOMFIELD MINI REDS & REDS JUNIOR ACADEMY SOCCER FOR AGES 4-12 AT DRAKE SPORTS PARK

Liverpool FC IA Michigan and West Bloomfield Parks have teamed up to offer a recreational soccer program for ages 4-12 in the community. Your child will have a fantastic time working with our coaches who deliver a fun, energetic session in a positive learning environment. Open to all levels of skill/experience.

### **Mini REDS (2020-2017)**

Engage your little one with fun activities designed for development of basic motor skills, body mechanics, and soccer skills.

### **REDS Junior Academy (2016-2012)**

Enhance your child's technical skills and prepare them for competition in a fun and enriching atmosphere. Training once per week followed by an in-house game on the weekend.

**JUSTIN KANE Program Director**  
kane.lfcmi@gmail.com

VISIT WEBSITE  
FOR FALL SESSION DETAILS  
**LFCInternational**  
**AcademyMI.com/Reds**



## **LEARN TO PLAY THE LIVERPOOL WAY**



Fees are listed as resident rate followed by nonresident.

## Sports

### Tiny Tykes & Mighty Tykes

A fun introduction to the very basic elements of the game: small coaching groups, lots of running, kicking, laughing and making new friends. For Tiny Tykes, parents are encouraged to join in and help guide their child through this fun learning experience.

📍 Marshbank Park

**Tiny Tykes**.....3-5  
4/24-5/29 | W | 5:00-6:00P | \$149/\$164  
4/24-5/29 | W | 6:00-7:00P | \$149/\$164

**Mighty Tykes**.....6-9  
4/24-5/29 | W | 7:00-8:00P | \$149/\$164

### Learn-To-Play Olympic Team Handball.....8-10

Team Handball is one of the most popular Olympic sports in the world. Combining elements of soccer and basketball, the sport is easy to learn, fun to play and a great way for kids to exercise. Participants will learn the FUNDamentals of Team Handball

while also building confidence and developing skills like communication and respect.

📍 Drake Sports Park  
4/30-5/28 | Tu | 6:00-7:00P | \$95/\$105

### Track & Cross Country....9-13

Learn the fundamentals of running and training techniques. This program covers all aspects of track and field events and cross country.

📍 Drake Sports Park  
5/6-6/3 | M | 6:30-7:30P | \$95/\$105

### Sand Volleyball

Learn hand-eye coordination, reflexes and proper volleyball techniques. This class is an introduction to all aspects of the volleyball sport.

📍 Marshbank Park  
Ages 7-9  
5/8-5/29 | W | 5:30-6:30P | \$97/\$107  
Ages 10-12  
5/8-5/29 | W | 6:30-7:30P | \$97/\$107

### Basketball

Enhance your basketball skills including dribbling, passing, shooting and defense.

📍 Bloomer Park  
Ages 8-11  
5/7-5/28 | Tu | 5:30-6:30P | \$97/\$107  
Ages 12-15  
5/7-5/28 | Tu | 6:30-7:30P | \$97/\$107

### Flag Football.....7-10

Learn the fundamentals of passing, catching and running. No tackling! Designed for both beginners and those with some or no playing experience.

📍 Drake Sports Park  
5/6-6/3 | M | 5:30-6:30P | \$95/\$105

### T-Ball.....3-5

Kids will be introduced to the sport of baseball. They will explore the essentials of the game, including throwing, catching, fielding, base running and tee-based batting.

📍 Keith Sports Park  
5/2-5/23 | Th | 5:00-6:00P | \$97/\$107





## Baseball.....6-9

You will learn basic baseball skills including throwing, catching, fielding, running the bases and hitting.

📍 Keith Sports Park

5/2-5/23 | Th | 6:00-7:00P | \$97/\$107

## Learn to Play

### Lacrosse.....5-10

Lacrosse is an awesome sport, but it's also challenging! This program will teach kids the basic skills and rules in a fun and supportive environment. By the end of the program, your child will step onto the lacrosse field with confidence!

📍 Drake Sports Park

5/2-5/30 | Th | 6:00-7:00P | \$115/\$130

## Amazing Athletes Tots Class.....1-3

Amazing Athletes is an educational sport and fitness program. Children learn the basic fundamentals of five sports (football, soccer, volleyball, baseball and basketball). Class also focuses on gross motor development, cardio fitness and nutrition. Parents must stay.

📍 Drake Sports Park

4/24-5/29 | W | 10:00-10:30A | \$137/\$152

## Gymnastics

Kids will use the floor, bars, beam, vault and trampolines to learn cartwheels, handstands, back walkovers, rolling and other skills. Each class includes movement to music creating a fun atmosphere while building coordination, rhythm and timing.

📍 Drake Sports Park

**Itty Itty Bunnies - Ages 1.5-3**

5/9-5/30 | Th | 6:00-6:30P | \$73/\$83

**Bizzy Bunnies - Ages 3-5**

5/9-5/30 | Th | 6:35-7:05P | \$73/\$83

**Happy Hoppers - Ages 6-8**

5/9-5/30 | Th | 7:10-7:40P | \$73/\$83

## Tennis Clinic

This class is for beginner through intermediate players. Clinic will focus on learning the fundamentals of hitting the ball and learning skills to improve your playing ability. Youth will be grouped based on ability level. Bring a water bottle and a tennis racquet.

📍 Drake Sports Park

**Ages 6-8**

5/21-5/30 | Tu,Th | 5:00-6:00P | \$77/\$87

**Ages 9-12**

5/21-5/30 | Tu,Th | 6:00-7:00P | \$77/\$87



## Leaders in Training Program

An empowerment program designed for young leaders aged 13-16. Get all the details on page 18!

## Fall Soccer League

WB Parks has partnered with the Liverpool FC IA Michigan to offer a recreational soccer program for our community. Your child will work with coaches who deliver a fun, energetic session in a positive learning environment. Session will contain components of athletic development, 1v1 domination, and end with an in-group game. Your child will also receive an LFC training shirt. Visit [wbparks.org/soccer](http://wbparks.org/soccer) for more information and to register!



**International Academy**  
Michigan

Program runs on Saturdays 9/7-10/12


- Registration begins 4/8 and ends 8/31
- No refunds after 8/25
- Request to play with your friends and neighbors when registering, but it's not guaranteed!
- Teams are formed on a first come, first served basis until full.
- Cost \$137/\$152 ages 4-5 or \$173/\$193 ages 6-12

📍 Drake Sports Park



## CPR Certification....11-14

This course covers: injury prevention, babysitting emergencies, 9-1-1 calls, child and infant CPR and AED, how to help a choking child, water and playground safety. This is a great class for youth with younger siblings, those who babysit, or require certification for school activities. Upon completion, students will receive a Heartsaver K-12 certification card, valid for 2 years.

 Recreation Activities Center  
7/13 | Sa | 9:00A-12:00P | \$60/\$70  
8/10 | Sa | 9:00A-12:00P | \$60/\$70

## Beecher Charm School

Beecher Charm School teaches character-building, social and communication skills and cultural competence that helps uplift and enhance personal presence, confidence, self-image, poise and grace. Students will receive a certificate of completion upon the end of the six week program.

 Beecher Etiquette School

Ages 9-12  
4/27-6/1 | Sa | 9:00-11:00A | \$209/\$229  
Ages 13-17  
4/27-6/1 | Sa | 12:00-2:00P | \$209/\$229

## Chess Wizards.....6-10

Chess Wizards will teach different chess lessons best suited to students individualized needs. All lessons have an activity and homework to accompany them and this program has well over 80 different lessons to keep challenging the little wizards! Chess has been taught for thousands of years because of its emphasis on logic, tactics and sportsmanship. This program will coach your kids to a higher level of education!

5/14-6/4 | Tu | 6:00-7:00P | \$73/\$83

## Leader In Training Program (LIT)

Our LIT program offers teens the opportunity to gain and strengthen leadership skills. LITs will support staff in the facilitation of our camp programming. Responsibilities will include but are not limited to: assisting camp staff with implementing daily activities, craft/game prep, setup and clean-up, assisting with field trips and other off-site activities. Please visit [wbparks.org/lit](http://wbparks.org/lit) for more details.

This program is for young individuals that exhibit great role model behavior and enjoy working with and mentoring youth. Must apply to be considered for the program. Application deadline is 5/6. Early registration discount does not apply.  
6/24-8/9 | \$300/\$325 | 13-16

## VR STEM Edutainment

This program aims to explore diverse STEM topics. Fostering education, engagement, motivation, and inspiration for young minds to pursue careers in science, technology, engineering, and mathematics, cultivating future innovative leaders.

Ages 7-10  
5/1-5/29 | W | 5:30-7:00P | \$205/\$230  
No class 5/8  
Ages 11-14  
5/2-5/30 | Th | 5:30-7:00P | \$205/\$230  
No class 5/9



### SERVICES:

- We provide Applied Behavior Analysis (ABA Therapy)
- Our team consists of Board Certified Behavior Analysts (BCBA) and Registered Technicians (RBT)
- Social, behavioral, and motor skills development
- Community outings/Field trips
- Parent consultations and training
- Sibling support and training
- Attend IEP meetings
- Provide Speech Therapy & Occupational Therapy

Contact:

(313) 694-7700

[support@mybrighttherapy.com](mailto:support@mybrighttherapy.com)

7011 Orchard Lake Rd. West Bloomfield MI, 48322



Scan Me







# CAMP SCHEDULE




Week	Activity	Start Time	End Time	Days	
June 10 - 14	T-Ball	9:00 AM	10:00 AM	3-5	
	Camp WB	9:00 AM	3:00 PM	6-11	
	Basketball (AM)	9:00 AM	12:00 PM	8-11	
	Basketball (Full)	9:00 AM	3:00 PM	8-11	
	Art with Miss Lindsay	10:00 AM	1:00 PM	5-12	
June 17 - 21	Camp WB	9:00 AM	3:00 PM	6-11	
	Challenger Core (AM)	9:00 AM	12:00 PM	7-14	
	Challenger Core (Full Day)	9:00 AM	3:00 PM	7-14	
June 24-28	Camp WB	9:00 AM	3:00 PM	6-11	
	Sand Volleyball	9:00 AM	12:00 PM	7-9	
	Sand Volleyball	1:00 PM	4:00 PM	10-12	
	STEAM Survivor	9:00 AM	12:00 PM	5-10	
	Pokemia	1:00 PM	4:00 PM	5-10	
	Candy Shop Art	9:00 AM	12:00 PM	4-9	
Beyond Pokemon Art	1:00 PM	4:00 PM	5-12		
July 1-3	Camp WB	9:00 AM	3:00 PM	6-11	
	Roblox Editor	9:00 AM	3:00 PM	5-12	
July 8-12	Camp WB	9:00 AM	3:00 PM	6-11	
	Basketball (AM)	9:00 AM	12:00 PM	8-11	
	Basketball (Full)	9:00 AM	3:00 PM	8-11	
	Art with Miss Lindsay	10:00 AM	1:00 PM	5-12	
July 15 - 19	Camp WB	9:00 AM	3:00 PM	6-11	
	Sand Volleyball	9:00 AM	12:00 PM	7-9	
	Sand Volleyball	1:00 PM	4:00 PM	10-12	
	Challenger Core (AM)	9:00 AM	12:00 PM	7-14	
	Challenger Core (Full Day)	9:00 AM	3:00 PM	7-14	
	Art with Miss Lindsay	10:00 AM	1:00 PM	5-12	
July 22-26	Camp WB	9:00 AM	3:00 PM	6-11	
	Flag Football	9:00 AM	12:00 PM	7-10	
	Track & Cross Country	1:00 PM	4:00 PM	9-13	
	Mess to the Max! Art	9:00 AM	12:00 PM	4-9	
	Modern Masters In Clay	1:00 PM	4:00 PM	5-12	
	Youtube Production	9:00 AM	3:00 PM	5-12	
July 29 - Aug 2	Camp WB	9:00 AM	3:00 PM	6-11	
	T-Ball	9:00 AM	10:00 AM	3-5	
	Basketball (AM)	9:00 AM	12:00 PM	8-11	
	Basketball (Full)	9:00 AM	3:00 PM	8-11	
	Baseball	1:00 PM	4:00 PM	6-9	
	Attack Bots Robotics	9:00 AM	12:00 PM	6-12	
	Jedi Masters	1:00 PM	4:00 PM	6-12	
	Art with Miss Lindsay	10:00 AM	1:00 PM	5-12	
	Aug 5-9	Camp WB	9:00 AM	3:00 PM	6-11
		Emotion in Motion	10:00 AM	1:00 PM	5-12
Minecraft		9:00 AM	3:00 PM	7-13	
Challenger Core (AM)		9:00 AM	12:00 PM	7-14	
Challenger Core (Full Day)		9:00 AM	3:00 PM	7-14	
Tiny Tykes		9:00 AM	10:00 AM	3-4	
Mighty Tykes	10:00 AM	11:30 AM	5-6		
Aug 12-15	Camp WB 2.0	9:00 AM	3:00 PM	6-11	
	Sand Volleyball	9:00 AM	12:00 PM	7-9	
	Sand Volleyball	1:00 PM	4:00 PM	10-12	
	Animation Studios	1:00 PM	4:00 PM	7-14	
	Advanced Mining & Building	9:00 AM	12:00 PM	7-14	
	Art with Miss Lindsay	10:00 AM	1:00 PM	5-12	
Nature Camps	Serene Safari (6/17)	9:00 AM	3:00 PM	6-12	
	Eco-Explorers (7/11)	9:00 AM	3:00 PM	6-12	
	Wildlife Detectives (7/18)	9:00 AM	3:00 PM	6-12	
	Fishing Frenzy (7/22)	9:00 AM	3:00 PM	6-12	
	Water Bug Wonders (7/25)	9:00 AM	3:00 PM	6-12	
	Scaly & Slimy (7/31)	9:00 AM	3:00 PM	6-12	
	Night at the Nature Room(8/9)	6:30 PM	8:30 AM	8-13	



**REGISTER BY JUNE 1 TO RECEIVE A \$10 DISCOUNT OFF EACH WEEK!**



Register by June 1 to receive a \$10 discount on each week of camp. 

## AGE REQUIREMENTS

Campers must turn the advertised age within one month of the camp start date (unless noted otherwise). Ages for each camp are listed next to the title.

No latchkey available.

The information in this brochure is considered accurate as of 3/7/24 and subject to change. Fees are listed as resident rates first, followed by non-resident rates.



## CAMP INFORMATION

### FORMS

Camp Registration = Camp Waiver + Concussion Form + Payment

- Every child must have all required camp forms completed and submitted before they can be registered for camp.
- Forms only need to be submitted once for the entire summer.
- Camp forms can be submitted online at [wbparks.org/camps](http://wbparks.org/camps), except for the optional medication form which must be completed by your doctor
- Once your required and optional camp forms have been processed, you will receive an email confirmation. At that point, you can either register online or give us a call for assistance.

Optional form:

- Permission to Administer Medication and Release of Claims (form found at [wbparks.org/camps](http://wbparks.org/camps))
- Only required if your child needs to take medication (including an inhaler or epi-pen) during camp hours. Must be completed by a doctor. The completed form can be emailed to [camps@wbparks.org](mailto:camps@wbparks.org).

Payment: We accept cash, check and all major credit cards.



### REGISTRATION DEADLINE

Registration begins April 22 at 8 am. Early registration for 2023 returning Camp WB participants is on April 19 from 6 am-4:30 pm. Register by June 1 and receive a \$10 discount on each week of camp.

- Registration deadline: 11:59 pm, the Tuesday prior to the camp start date (unless stated otherwise)
- Transfers/cancellations must be requested before the registration deadline and will incur a \$10 fee per transaction.
- Registration after the deadline will only be accepted if space allows and you will be charged a \$20 administration fee.



### REFUNDS

Refunds must be requested by 11:59 pm, the Tuesday prior to the camp start date, less a \$10 administrative fee. There will be no refunds given after this time frame.

Refund requests due to medical reasons: If your refund request is medical in nature, please provide a doctor's note with date of ineligibility of participation and those dates will be fully refunded (less the dates you attended before the medical issue) and no administration fee will apply. Ineligibility of participation dates must be within the dates for which you are requesting a refund, otherwise the request cannot be honored. Requests must be made before the last class/camp date. The doctor's note must be received within two weeks of the request.

### WEATHER PLAN

If camp needs to be cancelled in advance, we will decide by 8 am the morning of camp. Our goal is to have the weather hotline updated by 8:15 am. A make-up day has been pre-scheduled for select camps. If no make-up day is offered, a prorated refund will be provided. See Parent Newsletter for specific inclement weather details, emailed prior to the start of camp.

Weather hotline: (248) 451-1930





## Camp WB.....6-11

Keep your busy bee entertained, engaged and learning this summer with our action-packed, state-licensed day camp! Camp WB offers unique arts and crafts projects, naturalist-led nature exploration, fishing, sports, games, water activities and more. Some of our unique activities will include guest speakers facilitating exciting experiences.

Your camper will experience a variety of weekly activities including: Tuesdays spent at Marshbank Park, Wednesdays at Lily Pad Springs splash pad and weekly field trips. **On field trip days, the pick-up time will be 4 pm.** Your camper will have new experiences every day throughout the summer.

📍 Drake Sports Park

6/10-6/14 | 9:00A-3:00P | \$250/\$275  
 6/17-6/21\* | 9:00A-3:00P | \$212/\$237  
 6/24-6/28 | 9:00A-3:00P | \$250/\$275  
 7/1-7/3\* | 9:00A-3:00P | \$154/\$174  
 7/8-7/12 | 9:00A-3:00P | \$250/\$275  
 7/15-7/19 | 9:00A-3:00P | \$250/\$275  
 7/22-7/26 | 9:00A-3:00P | \$250/\$275  
 7/29-8/2 | 9:00A-3:00P | \$260/\$285  
 8/5-8/9 | 9:00A-3:00P | \$250/\$275

*Camp pricing varies weekly based on field trip costs and number of camp days offered.*

*\*No camp on June 19, July 4 & 5*



## Field Trips

June 13: Urban Air

June 20: Blake's Orchard + Pool Day

June 27: U of M Museum of Natural History

July 3: Upland Hills Farm

July 11: Jimmy Johns Field

July 18: Red Oaks Waterpark

July 25: Imagination Station

August 1: Bonaventure + Pool Day

August 7: Rolling Hills Water Park



## Camp WB 2.0.....6-11

Camp WB 2.0 is packed full of a kid's favorite summer camp activity, FIELD TRIPS! All four days will include at least one exciting field trip destination. The week will be full of ever-changing fun and engaging activities along the way. Be sure to secure your child's spot early! You must be registered for at least one week of Camp WB in order to register for Camp WB 2.0.

Field Trip Destinations Include (subject to change): Creature Conservancy, Cook's Dairy Farm, Michigan Science Center & Rev'd Up

📍 Drake Sports Park

8/12-8/15 | 9:00A-3:00P | \$325/\$350

## Camp WB Camp Out

This social event gives campers a unique opportunity to hang out with their camp friends and our staff in a cool, overnight camping experience. Reserved for Camp WB participants that have attended at least one week of camp prior to 7/19. To register, call 248-451-1900. Space is limited so register early! Registration deadline is 7/9. Campfire dinner will be provided and made by the campers. Activities will include: roasting s'mores, campfire stories, camp games, a naturalist-led activity and other fun. Drop-off is at the Drake Community Building at 7:30 pm and pick-up is at 8 am.

7/19-7/20 | F | \$50/\$60





## SPORTS CAMPS

### Basketball.....8-11

Campers will enhance their basketball skills including dribbling, passing, shooting and defense through skill-based instruction and small-sided scrimmages. Designed for beginning to intermediate players.

Fun Time Sports

Bloomer Park

6/10-6/14 | 9:00A-12:00P | \$195/\$215

6/10-6/14 | 9:00A-3:00P | \$265/\$290

7/8-7/12 | 9:00A-12:00P | \$195/\$215

7/8-7/12 | 9:00A-3:00P | \$265/\$290

7/29-8/2 | 9:00A-12:00P | \$195/\$215

7/29-8/2 | 9:00A-3:00P | \$265/\$290

### Flag Football.....7-10

Campers will learn the fundamentals of passing, catching and running, No Tackling! Designed for beginners and those with some playing experience.

Fun Time Sports Instructor

Drake Sports Park

7/22-7/26 | 9:00A-12:00P | \$195/\$215

### Sand Volleyball

This Camp is an introduction to all aspects of the volleyball sport. Campers develop hand-eye coordination, reflexes and proper volleyball techniques.

Fun Time Sports Instructor

Marshbank Park

Ages 7-9

6/24-6/28 | 9:00A-12:00P | \$195/\$215

7/15-7/19 | 9:00A-12:00P | \$195/\$215

8/12-8/16 | 9:00A-12:00P | \$195/\$215

Ages 10-12

6/24-6/28 | 1:00P-4:00P | \$195/\$215

7/15-7/19 | 1:00P-4:00P | \$195/\$215

8/12-8/16 | 1:00P-4:00P | \$195/\$215

## SOCCER

Challenger Sports Coaches

*Each camper receives a ball & t-shirt*

### Tiny Tykes & Mighty Tykes

A fun introduction to the very basic elements of the game: small coaching groups, lots of running, kicking, laughing and making new friends. For TinyTykes, parents are encouraged to join in and help guide their child through this fun learning experience.

Drake Sports Park

Tiny Tykes.....3-4

8/5-8/9 | 9:00A-10:00A | \$175/\$195

Mighty Tykes.....5-6

8/5-8/9 | 10:00A-11:30A | \$175/\$195

### Challenger Core

#### Soccer.....7-14

We use age-appropriate practices to help players develop at their own pace, learn brand new skills and become all-round better players.

These camps introduce international training tactics to campers including an educational approach that uses soccer to teach the core values of responsibility, integrity, respect, sportsmanship and leadership. Campers will receive an individualized evaluation.

Marshbank Park

6/17-6/22 | 9:00A-12:00P | \$205/\$225

6/17-6/22 | 9:00-3:00P | \$255/\$280

These camps run Monday-Saturday.

No camp on Wednesday, June 19.

Drake Sports Park

7/15-7/19 | 9:00A-12:00P | \$205/\$225

7/15-7/19 | 9:00A-3:00P | \$255/\$280

8/5-8/9 | 9:00A-12:00P | \$205/\$225

8/5-8/9 | 9:00-3:00P | \$255/\$280

### DON'T MISS OUR

### LEADER IN TRAINING

### PROGRAM ON PAGE 18!

### Baseball.....6-9

Campers will learn basic baseball skills including throwing, catching, fielding, running the bases and batting. Bring a baseball glove.

Fun Time Sports Instructor

Drake Sports Park

7/29-8/2 | 1:00P-4:00P | \$195/\$210

### T-Ball.....3-5

Campers will be introduced to the sport of baseball. Kids will explore the essentials of the game, including throwing, catching, fielding, base running and tee-based batting. Bring a baseball glove.

Fun Time Sports Instructor

Drake Sports Park

6/10-6/14 | 9:00A-10:00A | \$145/\$160

7/29-8/2 | 9:00A-10:00A | \$145/\$160



### Track & Cross Country.....9-13

Learn the fundamentals of running and training techniques. This camp covers all aspects of Track and field events and Cross Country.

Fun Time Sports Instructor

Drake Sports Park

7/22-7/26 | 1:00P-4:00P | \$195/\$215



Register by June 1 to receive a \$10 discount on each week of camp.



The instructor for our art camps is Kidcreate, unless stated otherwise.

Kidcreate Art Instructor

Marshbank Park

### Candy Shop.....4-9

Campers we will learn step-by-step drawing and sculpting techniques as they create jumbo-sized goodies. We'll make some of your campers favorite candies out of paint, clay and a variety of other art materials.

6/24-6/28 | 9:00A-12:00P | \$210/\$235

### Beyond Pokemon.....5-12

Your child will put their Pokemon skills to work as they create Pokemon inspired art. The kids will work with a variety of art materials as they make their own trading cards, Pokemon-inspired creature and a map of its habitat!

6/24-6/28 | 1:00P-4:00P | \$210/\$235

### Mess to the Max!.....4-9

Campers will be maximizing the mess to make it the very best! Campers will paint with plaster, sculpt with gooey gunk, make papier mache puppies and fling paint like Jackson Pollock. These projects are so messy your mom would never let you make them at home!

7/22-7/26 | 9:00A-12:00P | \$210/\$235

### Modern Masters in Clay.....5-12

Campers be inspired by Vincent Van Gogh, Claude Monet, Gustav Klimt and Pablo Picasso. They will recreate famous works of art like Van Gogh's Field of Irises, Monet's Sailboat at Le Petit Gennevilliers, Klimt's The Sunflower, and Picasso's Colombe—all in clay. You better make room to display these masterpieces!

7/22-7/26 | 1:00-4:00P | \$210/\$235

### Art Camp with Mrs. Lindsay.....5-12

Campers will get to choose their own subjects and explore with several different mediums and techniques.

Each camper will receive a small sketchbook, drawing pencil, brushes, acrylic paint set, canvas, clay and more! Expect to make a fun mess and plan to have at least one finished art piece per day! A \$25 material fee (cash, check or venmo) is due to the instructor on the first day of camp.

Lindsay Bochenek

6/11-6/13 | 10:00A-1:00P | \$175/\$195

7/10-7/12 | 10:00A-1:00P | \$175/\$195

7/16-7/18 | 10:00A-1:00P | \$175/\$195

7/30-8/1 | 10:00A-1:00P | \$175/\$195

8/13-8/15 | 10:00A-1:00P | \$175/\$195

## ART CAMPS



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## STEM CAMPS

### ICODE

iCode Instructor

iCode Novi  
48000 Grand River Ave., Novi 48374

### Roblox Editor.....5-12

Campers will create projects using block-based coding, a programming style that shows text-based coding is not essential. Demonstrating Video games filled with characters, object interaction, physics and goals are a great way to spark creativity and learning.

7/1-7/3 | 9:00A-3:00P | \$310/\$310

### YouTube Production...5-12

Perfect for future content creators to learn skills that will push their videos to the top. Campers will learn how to use digital cameras, edit audio/video and produce content that is unique and interesting for their audience.

7/22-7/26 | 9:00A-3:00P | \$490/\$490

### Minecraft Camp: The Building Blocks of Coding ...7-13

Learn conditionals, functions, coordinates and more in block-based coding and JavaScript. Campers will design an original, creative project to program four tools for a survival backpack to help them in a Minecraft world.

8/5-8/9 | 9:00A-3:00P | \$490/\$490

### SNAPOLOGY

If your child is registered for two half day camps, pack a lunch and two snacks. They will be supervised during lunch (12-1pm).

Snapology of Troy Instructor

West Bloomfield Middle School

### STEAM Survivor.....5-10

Campers will put their design, building and critical thinking skills to the test! They will be given daily challenges in which they will design functional solutions with their teammate using LEGO® bricks! This program encourages kids to carefully work through the engineering design process and see how well they can design with a purpose.

6/24-6/28 | 9:00A-12:00P | \$230/\$255

### Pokemania.....5-10

Campers will build and explore the world of Pokemon out of LEGO® bricks. They create their own gyms, battles and generation of Pokemon. Your child will have a blast becoming the best Pokemon trainer ever.

6/24-6/28 | 1:00-4:00P | \$230/\$255

### Attack Bots Robotics..6-12

Campers will learn important, foundational coding skills while building military inspired robots. Campers will learn about sequencing commands, value and sensor inputs and loops as they create robotic catapults, crossbows, battleships and much more using our LEGO® WeDo Robotics kits!

7/29-8/2 | 9:00A-12:00P | \$250/\$275

### Jedi Masters.....6-12

Your youngling will explore the galaxy with their master building skills and our intergalactically-focused curriculum. Motivated to become Jedi-like heroes in the movies, campers will learn to concentrate on mastering the Force, appreciating the use of teamwork to build battle drones and AT-Walkers, and make their very own lightsaber to use in battle.

7/29-8/2 | 1:00-4:00P | \$230/\$255

### Advanced Mining & Building .....7-14

Minecraft® lovers unite! This camp involves advanced Minecraft® building using LEGO® bricks and game-play experience. Campers will learn the art of crafting and stirring up their own potions.

8/12-8/16 | 9:00A-12:00P | \$230/\$255

### Animation Studios ....7-14

Create amazing movies with stop motion animation using LEGO® bricks. Campers will work in teams to produce their very own movie, complete with dialogue and sound effects. Movies are uploaded to a secure site for family and friends to see how cool they are!

8/12-8/16 | 1:00-4:00P | \$250/\$275

### Emotion in Motion.....5-12

This inclusive occupational therapy-based camp is designed to help kids develop their emotional intelligence. Through interactive games and creative activities, campers will improve their ability to understand and manage their own and others' emotions. They will develop self-awareness, empathy and communication skills that will empower them to build better relationships.

8/5-8/9 | 10:00A-1:00P | \$290/\$315

# CAMP REGISTRATION OPENS ON APRIL 22!





## SINGLE DAY NATURE CAMPS

The registration deadline for these camps is two business days prior to the program date. Every child must have all required camp forms completed and submitted before they can be registered for single-day camps. All of these naturalist-led programs include a hike, live animal encounters, games and a craft.

WB Parks Nature Staff

### Serene Safari.....6-12

Join us for a day of making meaningful connections with the natural world. Explore your senses through fun activities during a mindful hike. Flex your creativity using materials found on the trail to create nature art. Engage in yoga surrounded by the tranquil sounds of nature with DownPup Yoga.

Recreation Activities Center  
6/17 | M | 9:00A-3:00P | \$85/\$95

### Fishing Frenzy .....6-12

Fish are friends, not food! Spend the day at our fishing pier at Marshbank Park on Cass Lake where campers will learn about catch and release fishing. We will be joined by special guest Mike McKinstry from “The Bassquatch Hunter: Fish Out of Water” on the Discovery Channel! A hike, games and craft are part of this camp. Fishing poles provided.

Marshbank Park  
7/22 | M | 9:00A-3:00P | \$85/\$95

### Eco-Explorers .....6-12

Creativity meets conservation in this ultimate eco-adventure for young environmental enthusiasts! Explore the world of recycling right with a special guest from Green For Life (GFL). Meet animals that recycle right out in nature, make unique creations using recycled items and get hands-on with green games and activities.

Recreation Activities Center  
7/11 | Th | 9:00A-3:00P | \$85/\$95

### Wildlife Detectives....6-12

Join the ranks of wildlife detectives with a day of decoding animal signs and uncovering the secrets of the local animal kingdom. Campers will hone their observational skills and engage in exciting, wildlife-themed challenges and scavenger hunts.

Recreation Activities Center  
7/18 | Th | 9:00A-3:00P | \$80/\$90

### Water Bug Wonders....6-12

Dive into a day of watershed exploration. Joined by the Clinton River Watershed Council, campers will discover the animals that call Cass Lake home. Expect a day filled with fishing, outdoor games and hiking adventure! Fishing poles provided.

Marshbank Park  
7/25 | Th | 9:00A-3:00P | \$85/\$95



### Scaly & Slimy.....6-12

Embark on an ooey gooeey adventure exploring the world of reptiles and amphibians. Create slime to mimic some of the unique textures found in nature. Meet the cold-blooded critters that call the Nature Room home and observe the characteristics that make them scaly & slimy.

Recreation Activities Center  
7/31 | M | 9:00A-3:00P | \$80/\$90

## NATURE CAMPS



### Night at the Nature Room Overnight

#### Camp.....8-13

Spend the night with the animal ambassadors in the Nature Room to celebrate the end of the 2024 Nature Camp season. A night hike, stargazing, story and more will make up this nocturnal night out! The nature fun continues in the morning before pickup at 8:30 am. Your camper must have attended at least one Single Day Nature Camp or one week of Camp WB in 2024 to sign up for this experience.

Recreation Activities Center  
8/9-8/10 | F, Sa | 6:30P-8:30A | \$95/\$105

## Nature Appointments

Discover your wild side when you book a naturalist-guided nature appointment! Nature appointments include a live animal, interactive nature talk, stories and more. We welcome families, school field trips (including preschoolers), homeschoolers, scout groups and many other community organizations for fun educational programs that are available year-round. You can visit [wbparks.org/nature-appointments](http://wbparks.org/nature-appointments) for details and pricing.

Contact our award-winning Naturalist David Anthony at (248) 451-1909 or [danthony@wbparks.org](mailto:danthony@wbparks.org) for more details on available topics and to schedule your nature appointment.



# NATURE PROGRAMS

All programs take place at the Recreation Activities Center and are led by WB Parks Nature Staff, unless stated otherwise.

## Family Programs

All children and adults must register for these programs.

### Who's Calling? Frog Hike...8+

As spring rain fills our wetland ponds, frogs and toads are out and about in large numbers. This interactive walk will help you learn the "when" and "whys" of Michigan's vocal amphibians. Learn how the Friends of the Rouge citizen scientist volunteers monitor wetlands for frogs and toads.

Free!

WB Woods Nature Preserve

5/3 | F | 7:30-8:30P

### Garlic Mustard Gatherers.....5+

Are you interested in putting in some volunteer hours or just doing some good in your community? Help with invasive species management by removing garlic mustard plants. Training provided. Some friendly competition is included - let's see who can gather the most! Winner will receive a small prize.

Free!

Marshbank Park

5/8 | W | 6:00-7:30P

### Hero Hike.....3+

Hike with a naturalist and one of WB's very own heroes, a local Army sergeant! Come dressed as your favorite hero or in camouflage to explore the trail. Make a craft and interview our guest hero after the hike.

Marshbank Park

5/11 | Sa | 1:00-2:30P | \$2/\$4

### Beekeeper for a Day Hive Tour.....8+

Become a Beekeeper for the day! Join us as we explore the magical world of beekeeping with our friends at Bees in the D! Discover how integral honey bees are to our food system and how incredible these misunderstood creatures really are.

You'll have the opportunity to put on a beekeeping suit and get hands on with the bees to learn how a hive works and thrives.

Karner Farm

5/19 | Su | 10:00A-12:00P | \$30/\$35

8/3 | Sa | 10:00A-12:00P | \$30/\$35

### Planting for Beginners....3+

Are you interested in learning about gardening by getting some hands-on experience? Not only will you learn how to garden, but you will also learn all about what makes plants important. This program will take place outdoors and will be fun for the whole family!

5/20 | M | 6:00-7:30P | \$5/\$7

### Live Animal Show: The Reptarium.....5+

Join the Reptarium for live animal encounters featuring a variety of reptiles and amphibians!

6/22 | Sa | 6:00-7:00P | \$9/\$11

### Little Hikers.....All Ages

Join our Naturalist on a nature discovery walk. Enjoy silly songs and fun activities to keep all ages, from babies to school-aged engaged. Families can explore the Nature Room and Outdoor Natural Play Area after the hike.

5/2, 6/6, 8/1 | Th | 10:30-11:30A |

\$3/\$5 per family





## Pollinator Storytime around the Hive.....3+

Join us for a story, songs and a craft - all about bees and other native pollinators. The program will be on the pathway to the beehives at Karner Farm. We will observe the hives from a distance and use nets to catch and observe our native pollinators that may be fluttering in the gardens nearby.

Karner Farm

6/27 | Th | 5:30-7:00P | \$7/\$9

## Night Hike Series.....8+

Experience the trails after dark on these naturalist-led hikes. Different nighttime nature topics will be explored each month.

### Nocturnal Animals

Explore the animal kingdom after dark. Learn about the nocturnal animals that call West Bloomfield home.

5/22 | W | 8:00-9:30P | \$3/\$5

### S'mores Stroll

Enjoy the thrill of nocturnal exploration, captivating storytelling and the cozy warmth of a crackling campfire. We will start the night with a hike and end with s'mores!

6/27 | Th | 8:00-9:30P | \$3/\$5

### Astronomy Adventure

Embark on a sensory adventure while enjoying the wonders of nature on the starlit trail.

8/2 | F | 8:00-9:30P | \$3/\$5

## Family Fun Field Trip: Detroit Abloom.....5+

Calling all parents and grandparents! Join a naturalist on this fun recycling adventure at Detroit Abloom! This field trip includes a tour of the gardens at Detroit Abloom, including time to make discoveries in the Kids Abloom Garden. Learn about the importance of native plants and pollinator conservation. Transportation from the Recreation Activities Center included.

8/2 | F | 8:00A-12:30P | \$9/\$11

## Fishing & Kayaking

Marshbank Park

### “Like, Totally!” 1980’s

## Fishing Day.....5+

Join us for fun, family fishing. The family that rocks our ‘80s gnarly and bodacious costume contest will win the coveted “fishing trophy”. Fishing equipment and bait will be provided. Fishing licenses are required for anyone over 17 to fish.

8/17 | Sa | 1:00-2:30P | \$8/\$10

## Storytime & Fishing w/ Bassquatch.....6+

Join Mike McKinstry, of “The Bassquatch Hunter: Fish Out of Water” on the Discovery Channel, in this family fun event! Mike will read his book, “The Adventures of Seth-Squatch”, do a fun craft and then hit the docks to fish! Fishing instruction is available so no experience necessary.

7/26 | F | 5:00-6:45P | \$5/\$7

## Family Kayak.....8+

Discover the fun of kayaking on scenic Cass Lake during this naturalist-led paddle. Upon arrival, receive a brief lesson on how to successfully enter, exit and paddle. Fee is per person, choose single or double kayak at registration. All equipment is provided, including life jackets.

8/14 | W | 7:00-8:30P | \$43/\$48

## Senior Kayak

Fun on the water doesn’t have to end as you age. Join us as we explore Cass Lake, the largest and deepest lake in Oakland County. Must be able to get in and out of a kayak with minimal assistance. All equipment is provided, including life jackets. Fee is per person, choose single or double kayak at registration.

8/14 | W | 9:00-10:30A | \$38/\$43

## Adults & Seniors

## Your Natural, Edible Yard: Un-Lawning.....16+

Save money and save your health by ditching that lawn company. Let’s take a closer look at the “weeds” (dandelion, violet, plantain and more) growing right under our feet! Learn how to add nutrient-packed plants to meals and learn tips on how to maintain a beautiful, chemical-free lawn. The program includes some foraged snacks, take home recipes and a guided hike.

Sally Wenczel

5/22 | W | 6:00-7:30P | \$7/\$9

## Senior Seasonal Hikes

Join our naturalist on a seasonal nature discovery walk. Each walk ranges from 1-1.5 miles. Explore various trails in West Bloomfield and observe the changing seasons. Hiking poles provided.



Drake Sports Park

5/15 | W | 2:00-3:30P

WB Woods Nature Preserve

6/12 | W | 2:00-3:30P

Bloomer Park

7/10 | W | 2:00-3:30P



# Nature Open Hours

Check out all the Nature Room and Outdoor Natural Play Area has to offer. No matter the weather or the season - we have something fun for you! The Nature Room inside the Recreation Activities Center has animal ambassadors (reptiles & amphibians), a craft and so much more.

The outside space features natural elements for play, designed to engage children with nature. Naturalist staff will be on hand to answer your nature questions. Best of all - IT'S FREE!! Children must be accompanied by an adult.

- 📍 Recreation Activities Center
- Saturday, May 11 from 9-11 am\*
- Tuesday, May 21 from 4-6 pm
- Thursday, June 13 from 12-2 pm
- Saturday, June 22 from 1-3 pm
- Saturday, July 13 from 11 am-1 pm
- Friday, July 26 from 1-3 pm
- Thursday, August 1 from 12-2 pm
- Saturday, August 17 from 9-11 am

\*Our Community Garage Sale is the same day. See page 13 for details.



# Nature Volunteer Opportunities

## Bluebird Nest Monitoring:

Do you love birds? Are you concerned about the sharp decline of bluebirds and other cavity-nesting birds? Monitoring the nest boxes along the Civic Center trails comes with the near certainty of seeing baby birds in their habitat. Become a citizen scientist today by volunteering with WB Parks' naturalist team to monitor nest boxes for the NestWatch program. NestWatch is a nationwide nest-monitoring program designed to track the status and trends in the reproductive biology of birds. All training is simple and provided.

## Garlic Mustard Pulls

Help with invasive species management by removing garlic mustard plants. Training provided.

Sign up for these opportunities at [wbparks.org/volunteer!](http://wbparks.org/volunteer!)



**GREATER WEST BLOOMFIELD MICHIGAN WEEK**

CORDIALLY INVITES YOU TO CELEBRATE OUR COMMUNITY VOLUNTEERS AT THE

**52<sup>ND</sup> MICHIGAN WEEK COMMUNITY AWARDS BREAKFAST**

FRIDAY <b>MAY 10</b> 2024	<b>TEMPLE ISRAEL</b> 5725 WALNUT LAKE ROAD WEST BLOOMFIELD, MI 48323	<b>SEVEN</b> O'CLOCK AM
---------------------------------	--	----------------------------

**\$35 Reservations - purchase online at [www.michiganweek.org](http://www.michiganweek.org)**

**Deadline for reservations, April 19, 2024**



## Thank you to our park sponsors:







Pre-paid, individual classes are available for most fitness classes.

## Pilates Mat

A full body workout focusing on the core muscles, abdomen and spine. If you have an injury or special issue with your upper body, or have lower back problems (osteopenia or osteoporosis), you will learn the proper way to exercise the core muscles in a safe way.

Recreation Activities Center

Lisa Fein

5/6-6/10 | M | 9:00-10:00A | \$65/\$75

5/6-6/10 | M | 6:30-7:30P | \$65/\$75

5/8-6/5 | W | 9:00A-10:00A | \$65/\$75

6/17-7/15 | M | 9:00A-10:00A | \$65/\$75

6/17-7/15 | M | 6:30P-7:30P | \$65/\$75

6/26-7/24 | W | 9:00A-10:00A | \$65/\$75

7/29-9/2 | M | 9:00A-10:00A | \$65/\$75

7/29-9/2 | M | 6:30P-7:30P | \$65/\$75

7/31-9/4 | W | 9:00A-10:00A | \$65/\$75

No class 5/27, 8/5, 8/7

## Strength Training + Abs

Building muscle is the best way to speed up your metabolism, even better than cardio! It improves bone mass, and is essential for preventing and improving osteoporosis. You will be coached to make sure you are using the correct form when performing

exercises that target all major muscle groups from head to toe. Floor exercises are included.

Recreation Activities Center

Lisa Fein

5/7-6/4 | Tu | 9:00A-10:00A | \$65/\$75

5/10-6/7 | F | 9:00A-10:00A | \$65/\$75

6/18-7/16 | Tu | 9:00A-10:00A | \$65/\$75

6/21-7/19 | F | 9:00A-10:00A | \$65/\$75

7/30-9/3 | Tu | 9:00A-10:00A | \$65/\$75

8/2-8/30 | F | 9:00A-10:00A | \$65/\$75

No class 8/6

## Cardio Combo

A complete workout; strength training for the upper & lower body, cardio & flexibility. You'll get great conditioning for your heart and lungs with low impact aerobics and you'll speed up your metabolism strengthening your abdominal muscles and back. Stretching will keep the muscles flexible and prevent injury.

Recreation Activities Center

Lisa Fein

5/8-6/5 | W | 6:30-7:30P | \$65/\$75

6/26-7/24 | W | 6:30-7:30P | \$65/\$75

7/31-9/4 | W | 6:30-7:30P | \$65/\$75

No class 8/7

## Zumba®

We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning, dance fitness party. Come ready to sweat and prepare to leave empowered and feeling strong.

Brenda Pamela Zarinana

Drake Sports Park

5/8-6/5 | W | 6:30P-7:15P | \$60/\$70

6/26-7/24 | W | 6:30P-7:15P | \$60/\$70

7/31-9/4 | W | 6:30P-7:15P | \$60/\$70

No class 8/7

## Zumba® Gold

Join us for a modified Zumba® class that recreates the original moves, at a lower-intensity. This low impact choreography focuses on balance, range of motion and coordination.

Brenda Pamela Zarinana

Drake Sports Park

5/10-6/7 | F | 11:30A-12:15P | \$60/\$70


6/21-7/19 | F | 11:30A-12:15P | \$60/\$70

8/2-8/30 | F | 11:30A-12:15P | \$60/\$70

**DON'T MISS OUR  
SENIOR FITNESS  
CLASSES ON PAGE 34!**

## Yang Family Tai Chi

This style of Tai Chi is gentle and graceful, helps relax the mind and body, relieve stress and tension, and develop balance, flexibility and muscle tone. The advanced class is only for those that have previously taken class with the instructor. We will practice Yang Style Saber form and Hand forms. Beginner = 9 am, Intermediate = 10 am, Adv. = 11 am


 Recreation Activities Center

 Han Hoong Wang  
6/1-7/27 | Sa | \$75/\$85  
No class 6/22, 7/6

## Integrated Yoga

Yoga postures, meditation, breathing exercises and mindfulness are combined to create a safe and fun approach to calm the mind and find ease of movement. Not strenuous, yet still challenging, this class is a “work in” not a “work out”.

 Recreation Activities Center

 Katherine Schaefer  
5/6-6/3 | M | 10:30A-12:00P | \$61/\$71  
No class 5/27

## Sunset Yoga

A summertime favorite every year! Meet at the top of the hill at Marshbank Park for a relaxing sunset yoga practice. This is a guided class with music. No yoga experience necessary.


 Alicia Long, RYT-200

 Marshbank Park  
5/9-6/6 | Th | 6:30-7:30P | \$70/\$80  
6/20-7/18 | Th | 6:30-7:30P | \$57/\$67  
8/1-8/29 | Th | 6:30-7:30P | \$70/\$80  
No class 7/4

## Barre by the Bay


Overlooking Cass Lake and using the rails by the fishing pier, we will flex and flow our way through a workout. Barre engages all muscles and incorporates low-impact movements. No experience necessary.


 Alicia Long, RYT-200


 Marshbank Park  
6/20-7/18 | Th | 9:00-10:00A | \$57/\$67  
8/1-8/29 | Th | 9:00-10:00A | \$70/\$80  
No class 7/4

## Essentrics

This class will rebalance your body, unlock tight joints, restore connective tissue and relieve tension in overworked muscles. This form of exercise is distilled from Tai Chi, dance technique and physiotherapy. Class is done barefoot and consists of standing, floor and chair exercises.

 Recreation Activities Center

 Robin Gillis  
5/9-6/6 | Th | 10:00-11:00A | \$60/\$70

 Lauren Bauer

6/20-7/18 | Th | 10:00-11:00A | \$49/\$54  
8/1-8/29 | Th | 10:00-11:00A | \$60/\$70  
No class 7/4

## Tennis Skill Building

This class is for beginner through intermediate players. Clinic will focus on forehand, backhand and setting up points. Participants will be grouped based on ability level.

 Drake Sports Park

5/2-5/30 | Th | 7:30-8:30P | \$72/\$87

## Popular Motown Hustles

Learn popular hustle dances that are done in clubs and social events. The hustle is a form of line dancing with a variety of moves and turns. Individuals and couples are welcome.

 Recreation Activities Center

5/2-5/30 | Th | 7:30-8:30P | \$55/\$65

## Motown Ballroom

This popular style of ballroom dance stems from the “baby boomer” generation and combines the “Social” and the “Cha-Cha” often seen at weddings and other social events. You will learn basic ballroom steps and several dance combinations. Individuals and couples are welcome. The last class of each session will run an additional hour.


 Recreation Activities Center

5/2-6/6 | Th | 6:30-7:30P | \$75/\$85

## Open Studio Art Camp

Join us for for this four day art camp where anything goes. Finish started


art projects or create something new with an award winning instructor. All mediums are welcome. Help will be individualized for each student. You must provide your own supplies.

 Marshbank Park

8/13-8/16 | Tu, W, Th, F |  
10:00A-2:00P | \$165/\$185

## Pastels

Fabulous color, rich luminosity and beautiful renderings are all features of working with soft pastels (colored chalks). Learn how to layer pastels and to use colors and hues to create depth and interest. Work from a still life set up or your own photo for reference. Learn how to properly frame your finished pastel.

 Marshbank Park

5/9-6/20 | Th | 1:00-4:00P | \$185/\$205  
No class 5/16, 7/3

## Heartsaver: First Aid/ CPR/AED

This course teaches the critical skills needed to respond to and manage an emergency until medical services arrive. The class covers: First aid; choking relief and sudden cardiac arrest in adults, children and infants. Must pass written exam/skills test. American Heart Association Cards are valid for 2 years.

 Recreation Activities Center

6/25 | Tu | 5:00-8:00P | \$70/\$80  
8/13 | Tu | 5:00-8:00P | \$70/\$80

## BLS for Healthcare Workers

This course allows you to participate in simulated clinical scenarios. The class covers: adult, child and infant CPR; ventilations with a barrier device; one and two rescuer techniques; use of the bag-valve mask; use of AED (automated external defibrillation); relief of foreign body airway obstruction (choking) for adults and infants. Must pass written exam/skills test.

 Recreation Activities Center

6/18 | Th | 5:00-8:00P | \$70/\$80  
8/6 | Tu | 5:00-8:00P | \$70/\$80





## Pickleball:

Full descriptions available at [wbparks.org/pickleball](http://wbparks.org/pickleball). Due to the popularity of pickleball, non-residents may register two weeks after registration opens for residents on 4/15 (i.e. 4/29), pending availability.

- 📍 Drake Sports Park
- 👤 Jan Walton

### Pickleball 100

5/14 | Tu | 1:30-3:30P | \$40/\$45  
 5/15 | W | 2:30-4:30P | \$40/\$45  
 5/21 | Tu | 3:00-5:00P | \$40/\$45  
 5/22 | W | 1:30-3:30P | \$40/\$45  
 6/4 | Tu | 1:30-3:30P | \$40/\$45  
 6/5 | W | 2:30-4:30P | \$40/\$45  
 6/11 | Tu | 3:00-5:00P | \$40/\$45  
 7/16 | Tu | 1:30-3:30P | \$40/\$45  
 7/23 | Tu | 3:00-5:00P | \$40/\$45  
 8/6 | Tu | 1:30-3:30P | \$40/\$45

### Pickleball 125:

5/14 | Tu | 4:00-5:00A | \$30/\$35  
 5/15 | W | 1:00-2:00P | \$30/\$35  
 5/21 | Tu | 1:30-2:30P | \$30/\$35  
 6/4 | Tu | 4:00-5:00P | \$30/\$35  
 6/5 | W | 1:00-2:00P | \$30/\$35  
 6/12 | W | 4:00-5:00P | \$30/\$35  
 7/16 | Tu | 4:00-5:00P | \$30/\$35  
 7/17 | W | 4:00-5:00P | \$30/\$35  
 7/24 | W | 4:00-5:00P | \$30/\$35  
 8/6 | W | 4:00-5:00P | \$30/\$35  
 8/7 | W | 4:00-5:00P | \$30/\$35  
 8/14 | W | 1:00-2:00P | \$30/\$35

### Pickleball 200

Pre-requisite: Pickleball 100  
 5/22 | W | 4:00-5:00P | \$30/\$35  
 6/11 | Tu | 1:30-2:30P | \$30/\$35  
 6/12 | W | 1:00-2:00P | \$30/\$35  
 7/17 | W | 1:00-2:00P | \$30/\$35  
 8/7 | W | 1:00-2:00P | \$30/\$35  
 8/13 | Tu | 3:00-4:00P | \$30/\$35

### Pickleball 250

Pre-requisite: Pickleball 200  
 6/12 | W | 2:30-3:30P | \$30/\$35  
 7/17 | W | 2:30-3:30P | \$30/\$35  
 7/24 | W | 1:00-2:00P | \$30/\$35  
 8/7 | W | 2:30-3:30P | \$30/\$35  
 8/14 | W | 2:30-3:30P | \$30/\$35

Our pickleball program is sponsored by:



### Pickleball 300

Pre-requisite: Pickleball 250  
 7/23 | Tu | 1:30-2:30P | \$30/\$35  
 7/24 | W | 2:30-3:30P | \$30/\$35  
 8/13 | Tu | 1:30-2:30P | \$30/\$35  
 8/14 | W | 4:00-5:00P | \$30/\$35

### Doubles Ladder

Below 3.5:  
 5/2-6/6 | Th | 10:30A-12:30P | \$40/\$45  
 5/7-6/11 | Tu | 7:00-8:15P | \$40/\$45  
 6/20-8/1\* | Th | 10:30A-12:30P | \$40/\$45  
 6/25-7/30 | Tu | 7:00-8:15P | \$40/\$45  
 8/13-9/17 | Tu | 7:00-8:15P | \$40/\$45  
 8/15-9/19 | Th | 10:30A-12:00P | \$40/\$45

Above 3.5:  
 5/2-6/6 | Th | 9:00-10:15A | \$40/\$45  
 5/7-6/11 | Tu | 5:30-6:45P | \$40/\$45  
 6/20-8/1\* | Th | 9:00-10:15A | \$40/\$45  
 6/25-7/30 | Tu | 5:30-6:45P | \$40/\$45  
 8/13-9/17 | Tu | 5:30-6:45P | \$40/\$45  
 8/15-9/19 | Th | 9:00-10:15A | \$40/\$45  
 \*No class 7/4



### Men's Fall Softball

Fall Leagues will be at Drake Sports Park on Tuesdays and Thursdays. The top 6 teams participate in a single game elimination tournament at the conclusion of the season.

Registration begins 7/10 for returning teams and 7/23 for new teams. Visit [wbparks.org/softball](http://wbparks.org/softball) for more information. Registration deadline is 8/9. League runs 8/20-9/24.

Team Fee: \$675 (early registration discount doesn't apply)





# Bond Proposal Informational Meetings

- Learn what capital projects the bond money would fund.
- Hear answers to frequently asked questions.
- View concept designs and provide feedback.

**In-Person:** May 30, 10-11 am at Connect Senior Center

**Virtual:** June 20, 6-7 pm

For more information or to join the virtual meeting visit: [wbparks.org/bond](http://wbparks.org/bond)

**A** ♠

WBHS ROBOTICS CLUB & GREATER WEST BLOOMFIELD HISTORICAL SOCIETY PRESENT THE 2ND ANNUAL:

# CAR SHOW & POKER RALLY

THINGS YOU AUTO KNOW ABOUT LOCAL HISTORY

**SUNDAY, AUGUST 11, 2024**

Rain or shine! Start & end at West Bloomfield High School.

**CAR SHOW 9AM-12PM**  
FREE Admission  
\$20 Classic Car Registration  
Parking opens 8AM  
Judging starts 11:30AM  
Awards 12PM!



SCAN ME

**POKER RALLY 12PM-3PM**  
\$30 Non-Members  
\$5 Members  
Visit 6 historic locations.  
A map will be provided.  
Receive 1 card at each location.  
The best poker hand wins the Rally Grand Prize!

50th Anniversary logo

**JULY 12 FROM 12-1 PM**

★★★★★

## VETERANS MEET-UP SUMMER PICNIC

**AT CONNECT**

Join other vets for our seasonal Veterans Meetup!  
Lunch will include: fried chicken, a biscuit, coleslaw and a dessert. Free for veterans. There is a fee for the guest: R \$11/NR \$13 each.





# KENTUCKY DERBY DAY



Friday, May 3  
12-1:30pm  
Connect

Celebrate the 150th Kentucky Derby by crafting a unique Derby hat & placing your bet on derby-themed races and games!

Sponsored by:

Enjoy a themed lunch and beverages!  
Resident \$11/Nonresident \$13



## INDEPENDENCE DAY PICNIC

JUNE 26  
MARSHBANK PARK  
12-1:30 PM

ENJOY SOME MUSIC AND A GREAT OUTDOOR LUNCH UNDER THE MAPLERIDGE SHELTER!

PRE-REGISTRATION IS REQUIRED. RESIDENT \$5/NONRESIDENT \$7

SPONSORED BY:

## Explore LOCAL HISTORY

### SUMMER 2024 PROGRAMS

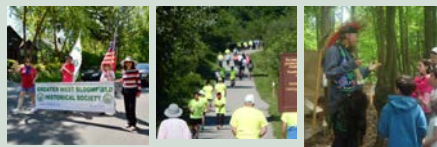
March with us in the Keego Harbor Memorial Day Parade!

**Monday, May 27 • 9 am - 12 pm**  
Volunteers are invited to walk, bike, or drive their classic car with us in the parade! To participate, email [contact@gwbhs.org](mailto:contact@gwbhs.org).

**National Trails Day Walk\*  
Saturday, Jun 1**

Visit Orchard Lake Museum along the West Bloomfield Trail! Details at [wbparks.org](http://wbparks.org).

\*Sponsored with West Bloomfield Parks



**Juneteenth in the WB  
Saturday, Jun 15**

*WB High School - 4925 Orchard Lake*  
Learn about local Black history at the GWBHS table during this free, family event. Details at [www.juneteenthwb.org](http://www.juneteenthwb.org)

**Volunteer Appreciation Reception  
Wednesday, Jul 17 • 6 - 8 pm**

*Orchard Lake Museum - 3951 Orchard Lake*  
Members, supporters, and volunteers will celebrate with refreshments, an amazing raffle, and a toast to 50 years!  
RSVP: [contact@gwbhs.org](mailto:contact@gwbhs.org).

### Visit the Museum this summer!

Open house hours: 1-4 pm

Admission: free

	Fri	Sun	Fri	Sun
May	5/3		5/17	5/26
June		6/9*	6/21	6/30
July	7/5	7/14*	7/19	
August	8/2	8/11*	8/16	8/25

\* Themed events: 6/9 Apple Island Tours, 7/14 E. LeRoy Pelletier, 8/11 Poker Rally - Ferrari Dino

**Special 50th anniversary event!**



**Car Show & Poker Rally:  
Things You Auto Know  
About Local History  
Sunday, Aug 11**  
Start & end at WB High School  
[gwbhs.org/pokerrally](http://gwbhs.org/pokerrally)

### Apple Island Tours are back!

Apple Island Tours\*  
Saturday, June 8 & Sunday, June 9

Travel by pontoon boat for a self-paced tour of the island.  
Ticket donations: \$25 adult, \$15 child (ages 5-12)  
No children under 5 years old. Online reservations for members only.  
[gwbhs.org/apple-island-tours](http://gwbhs.org/apple-island-tours)



Orchard Lake Museum  
3951 Orchard Lake Rd.

[GWBHS.org](http://GWBHS.org)



For more details, event updates, and a complete list of events, visit [gwbhs.org/events](http://gwbhs.org/events).



All programs require pre-registration and take place at Connect unless noted otherwise. Programs are subject to change.

## Fitness:

Receive a \$5 discount by registering at least 7 days prior to class start date.

### Gentle Yoga for Health

Enjoy this gentle mat class designed for seniors; incorporating mindfulness, meditation and breath-work. Improve movement and mobility with a focus on balance and the core. Strengthen and stretch with safety to improve your postural alignment. Julie Levinson is a Certified Yoga Therapist and Certified in Teaching Yoga to seniors.

📍 Recreation Activities Center  
👤 Julie Levinson, E-RYT, C-IAYT

5/8-6/12 | W | 10:30-11:30A | \$83/\$93  
6/26-7/24 | W | 10:30-11:30A | \$70/\$80  
7/31-8/28 | W | 10:30-11:30A | \$70/\$80

### Gentle Chair Yoga

Focus on the therapeutic benefits of yoga for both body and mind with Julie Levinson, Certified Yoga Therapist. Improve your balance, strength, flexibility and mobility. Attention to breath-work and meditation are included in this

practice. The class is tailored to meet the needs of each individual. Pre-paid individual classes available.

📍 Recreation Activities Center  
👤 Julie Levinson, E-RYT, C-IAYT

5/8-6/12 | W | 12:00-1:00P | \$83/\$93  
6/26-7/24 | W | 12:00-1:00P | \$70/\$80  
7/31-8/28 | W | 12:00-1:00P | \$70/\$80  
No class 8/7

### Chair Exercise

This class works on both the upper and lower body of individuals who find it difficult to stand and exercise for an hour. Using a chair, you will work on strength, balance and stretching while sitting or standing. Fall prevention techniques are also discussed.

📍 Recreation Activities Center  
👤 Lisa Fein

5/6-6/10 | M | 1:00-2:00P | \$65/\$75  
5/10-6/7 | F | 1:00-2:00P | \$65/\$75  
6/17-7/15 | M | 1:00-2:00P | \$65/\$75  
6/21-7/19 | F | 1:00-2:00P | \$65/\$75  
7/29-9/2 | M | 1:00-2:00P | \$65/\$75  
8/2-8/30 | F | 1:00-2:00P | \$65/\$75  
No class 5/27, 8/5

### Move Strong

This small-group exercise class is specifically designed to help you improve your ability to move safely and independently in life. Proper form and strategies for bending, reaching, lifting, sitting/standing and balancing will be at the heart of these fun and meaningful sessions.

📍 Recreation Activities Center  
👤 Gayle Taub

5/10-6/21 | F | 9:00-10:00A | \$137/\$152  
7/12-8/23 | F | 10:00-11:00A | \$137/\$152  
No class 5/24, 8/2

### Fitness Plus

Join our total-body wellness fitness class, where we blend a diverse range of equipment and exercises to cater to all fitness levels. This dynamic class is designed to enhance cardiovascular endurance, build strength, improve balance and stability and increase overall range of motion. A chair is used for seated or standing support.

👤 Lois Costello  
5/6-6/24 | M | 12:00-1:00P | \$26/\$31  
7/8-8/19 | M | 12:00-1:00P | \$26/\$31  
No class 5/27





## Line Dance

With roots in country and western dancing, line dancers now step their dance routines to a wide variety of popular music.

5/3-8/30 | Tu 11:00A-12:00P | F 10:00-11:00A | \$5/\$7 per class  
No class 5/10

## Tennis Skill Building

This class is for beginner through intermediate players. Clinic will focus on forehand, backhand and setting up points. Participants will be grouped based on ability level. Bring a water bottle and a tennis racquet.

6/3-6/12 | M, W | 5:00-6:00P | \$72/\$82

## Mah Jongg for Beginners

If you have been wanting to learn the popular game of Mah Jongg, this beginner's class is for you! Learn the basics of playing and keeping score following the National Mah Jongg League rules. A \$14 material fee will be collected in the first class.

📍 Recreation Activities Center  
5/1-5/22 | W | 1:00-4:00P | \$40/\$45

## Canasta: Beginner

Learn the popular game of Canasta! This class is for beginners who have never played before or for those who have just learned but need to sharpen their game. You will learn game basics and strategies to win. There will be a \$10 material fee collected the first day of class.

📍 Recreation Activities Center  
8/5-8/26 | M | 9:00-11:00A | \$60/\$70

## Canasta-Strategy

This class is for the intermediate or advanced player who wants to build on their Canasta skills and learn more about strategies to strengthen their game! Special and Splash hands, as well as 7's, Aces and Wilds will be discussed. There will be a \$10 material fee collected the first day of class.

6/3-7/1 | M | 9:00-11:00A | \$60/\$70  
No class 6/17

## Programs offered in partnership with:

Free!



## Tech Talk

Technology is ever-changing and it can feel impossible to keep up! Let our teen volunteers help you navigate your technology questions with patience and knowledge. Class topics below. Classes are held from 4-5:30 pm.

📍 WB Township Public Library  
6/3: Notes / Open Q&A  
8/12: FaceTime / Open Q&A

## Speed Dating with Books

Are you ready to find your next great read? Come and speed date with librarians of the West Bloomfield Library and you might just find the "one"! In this hour long program you will be introduced to at least 15 books and get to hear a quick synopsis from a librarian and the reasons they loved it!

6/27 | Th | 11:00A-12:00P

## West Bloomfield Public Library Pop-up

Stop by and see what is new and exciting at the library! Each month a librarian will be at Connect for an hour with new books and media available for checkout. They will be able to help WB residents sign up for and renew library cards, place holds on materials and register patrons for upcoming library programs. Returns of library materials cannot be accepted.

Program will be offered on the second Monday of the month from 1-2 pm: 5/13, 6/10, 7/8 & 8/12

## Senior Nature Programs

Don't miss our Senior Hikes and Senior Kayak on page 27!

## Friday Lunch at Connect

In May - we will feature pizza and salad from Benito's Pizza. In July we will serve assorted bagels and mixed cream cheese from Jersey Bagel. Make a day of it and stay for "Bingo for Connect members" after lunch. You must pre-register for lunch and Bingo separately.

5/17 | F | 11:30A-12:30P | \$9/\$11  
7/19 | F | 11:30A-12:30P | \$9/\$11

## Pine Lake Marina Tour

Gather at Pine Lake Marina for a walking tour with historical information about the longtime marina, water taxis and trolley transportation. We'll walk to the Interurban railway bed. Program offered in collaboration with Greater West Bloomfield Historical Society.

📍 Pine Lake Marina  
8/15 | Th | 7:00-8:00P | \$8/\$10


## Diamond Painting

Diamond Painting is the newest art craze that uses an applicator to apply sparkling resin rhinestones on an adhesive color-coded piece. Join artist, Kim Oderkirk, as she instructs and helps with the provided diamond painting coaster to be completed in class.  
May-Flower Coaster  
June-4th of July Coaster  
July-Beach Coaster  
August-Mandala Coaster

5/13 | M | 1:30-3:00P | \$25/\$30  
6/10 | M | 1:30-3:00P | \$25/\$30  
7/15 | M | 1:30-3:00P | \$25/\$30  
8/12 | M | 1:30-3:00P | \$25/\$30

## Senior Resource Group\*: Talk Time

Talk Times are sponsored by the West Bloomfield Chamber's Senior Resource Group, a network of professionals that look to connect seniors with knowledge and resources on relevant topics.

 Connect

W | 10:30A-12:00P

### May 15

Get Ready, Healthy or Not?

- Better Health for a Lifetime. Dr. Keshav Grover, Grover Health & Wellness
- Are you Sleeping Enough? Speaker - to be confirmed
- Meditate on this. It's not what you think. So don't miss it!" Josh Adkins, Odd Jobs LLC

### June 19

Share the Vision

- I can see clearly now...Presenter from Henry Ford OptimEyes
- Do you Clearly Understand Medicare? Susan Jackson, Best Health Options
- Medicare Look Back and Long Term Care. Kim West, Senior Benefits Plus

### July 17

Land of the Free

- Assisted living and your independence. Sherry Howe, Townhall Place
- Let's take a trip down "Memory Lane." Catherine Grace, Affinity Home Care
- How to make a plan that leads to freedom. Eric Glick, Eric Glick Law

### August 21

Happiness Happens in Many Ways

- Caring for you Skin after the Summer Sun. Maureen Frasure, Mary Kay
- Happy Hydration. Deana Grove, Drip V
- You gotta Love the WB Parks System. Kelly Hyer, WB Parks

## Exercise Your Mind:

### Geriatric Syndrome

Jasdeep Sidhu, MD, specializes in Geriatric Medicine at Henry Ford Health. She will discuss a number of conditions related to Geriatric Syndrome and tips on how to manage symptoms. This program includes a boxed lunch. Pre-registration required.

6/7 | F | 12:00-1:00P

Free!

**HENRY  
FORD  
HEALTH**

## Connect Member Programs:

Free but pre-registration required.

Free!

Sponsored by:



### Older Michiganian Day

Join us at Connect for popcorn, photo booth, games and Michigan-themed prizes as we celebrate our Connect Members on Older Michiganians Day.

5/15 | W | 12:30P-2:00P

### Ice Cream Floats

Join us for a root beer float, Boston cooler or scoop of ice cream. Stay and mingle with fellow Connect members or take a float to-go.

8/7 | W | 12:00-2:00P

### Bingo

Come play bingo and meet other Connect members. You will be given three cards to play at a time in five rounds of bingo. Prizes will be given.

5/17, 6/13, 7/19, 8/15 | 1:00-2:00P

## Drop-In Programs:

Free for Connect members and a \$2 drop-in fee for non-members. No drop in on 5/27, 6/19, 7/4

### Ping Pong

Come socialize and exercise with a game of ping pong!

5/7-8/29 | Tu,Th | 1:30-4:00P | \$0/\$2

### Open Game Room

On Monday and Wednesday afternoons, come play any game you wish. Please bring your own game supplies and a friend.

5/6-8/31 | M,W | 1:00-4:00P | \$0/\$2

### Euchre

Want to learn the card game of euchre in a no pressure environment? There will be an instructor to help teach the game for beginners as well as answer specific questions for intermediate players.

5/6-8/31 | W | 1:00-4:00P | \$0/\$2

### Knitting Club

Please join us for Knitting Club at our Connect Senior Center! The club welcomes all types of knitting, crochet, embroidery, or needlepoint. This will be treated as a social club where you have a place to meet, talk, and enjoy working on your craft.

5/1-8/31 | W | 10:00A-12:00P | \$0/\$2

Skip dates 5/15, 7/17, 8/21

## Stretch and Tone

Join this low-impact exercise class for seniors. This program uses a comprehensive exercise routine which encourages the use of light hand weights to maintain strength and fitness. This is not a drop-in class. You must pre-register once per season in advance to participate in this program.

5/7-8/29 | Tu,Th | 9:00-10:00A | \$0/\$2

Sponsored by:

**ATHLETICO**  
PHYSICAL THERAPY





## Parade Company Tour\*

Join us for an hour-long walking tour of the Parade Company and experience a behind the scenes look at America's Thanksgiving Parade®. Learn more about the parade's history, explore the 200,000 square-foot storyland of floats and see how the artisans bring them to life. Lunch will be included at Sindbad's. Lunch options include: ½ lb. Angus cheeseburger, fresh pickered sandwich or chicken Caesar salad.  
5/9 | Th | 10:30A-3:00P | \$43/\$48

## Haven Hill Tour

Tour beautiful Haven Hill, Edsel & Eleanor Ford's former County Estate at Highland Recreation Area, in White Lake. Outdoor tour will include the properties of the 1920's era Gatehouse, Carriage House, Lodge Site and Edsel Ford Barn. Boxed lunch from Billy's Tip'n Inn Restaurant will be served on-site in the park pavilion.  
5/30 | Th | 9:15A-2:00P | \$29/\$34

## Tuesday at Eastern Market

Enjoy Tuesday at Eastern Market, perfect for stocking up on fresh produce, baked goods and meats. Visit some of the specialty shops and have lunch on your own at one of the area restaurants. Limited space on the bus to bring back plants and purchases.  
6/11 | Tu | 9:30A-3:00P | \$7/\$9

## Detroit Tigers Game

Join us for an afternoon at the ballpark. The Tigers play host to the Washington Nationals in June and the Cleveland Guardians in July. Price includes: round-trip transportation to and from Comerica Park, an outfield box seat and a \$10 lunch voucher. Tickets are limited!

6/13 | Th | 11:00A-6:00P | \$59/\$69

7/11 | Th | 11:00A-6:00P | \$59/\$69

\*These programs are sponsored by the West Bloomfield Chamber's Senior Resource Group, a network of professionals that look to connect seniors with knowledge and resources on relevant topics. Sponsors contribute to each trip to help reduce trip costs.

## Packard Proving Grounds Tour\*

Enjoy a docent-guided tour of the Packard Proving Grounds - a lovely 17 acre site on the National Registry of Historic Places that features rustic, vintage buildings designed by Albert Kahn for the Packard Motor Car Company. We'll tour the buildings and enjoy lunch afterward in their converted garage. A boxed lunch is included.  
6/18 | Tu | 10:00A-2:30P | \$22/\$27

## Detroit Urban Farm & Garden Tour\*

Join us we explore urban farms and gardens in Detroit with Linda Yellin, of Feet on the Street Tours. Stops will feature: Earthworks Urban Farm - a part of the Capuchin Soup Kitchen, Greening of Detroit non-profit, and the Keep Growing Detroit - garden resource program. Lunch will be included at On the Rise Bakery and Café - in the Solanus Casey Center.  
7/25 | Th | 10:00A-3:15P | \$33/\$38

## Outdoor Adventure Center:

### Life of a Honeybee

Join us at the Outdoor Adventure Center in Detroit for their Brunch & Learn program. Enjoy coffee or tea and pastries as we join Bees in the D for their presentation about this interesting pollinator. We will explore the OAC and then head to Robert C. Valade Park - along the East Riverfront. Lunch will be on our own at the Café at Valade - featuring takeout from Smokey G's Smokehouse.  
8/1 | Th | 8:15A-3:00P | \$14/\$19

8/1 | Th | 8:15A-3:00P | \$14/\$19

## Trips

All trips leave from the Recreation Activities Center.

To schedule a home pickup through West Bloomfield Community Transit, call (248) 706-2411.



## Dossin Great Lakes Museum Tour\*

Hop on the bus and join us for a summer day on Belle Isle-complete with a guided maritime history tour of the Dossin Great Lakes Museum. A boxed lunch will be included after the tour. We will eat outside at a picnic shelter on Belle Isle. If time allows, we may stop at the Piet Oudolf Garden to see what is in bloom.

8/16 | F | 10:00A-2:30P | \$23/\$28

**BROOKSTONE REALTORS**

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Maria Auterman  
Senior and Military Specialist  
(248) 509-4318  
mauterman@gmail.com

## Detroit Symphony Orchestra

### Disco Fever

Get to Orchestra Hall and get down with the DSO, featuring an onstage dance off and non-stop hits, including That's the Way (I Like it), It's Raining Men, We Are Family, I Will Survive, Stayin' Alive, The Hustle, Hot Stuff and more. It's time to boogie with the best.

5/17 | F | 9:15A-1:45P | \$84/\$94

### Disney & Broadway Favorites

From Disney classics including The Little Mermaid, Aladdin, Beauty and the Beast and Hercules, to Broadway smashes like Little Shop of Horrors, Sister Act, and Newsies, the music of eight-time Academy Award-winner Alan Menken has become part of our world.

6/21 | F | 9:15A-1:45P | \$84/\$94

## Restaurant Ramblers

We make the reservations and provide the transportation while you choose what to eat and pay for the meal. Register in person, beginning at 8 am on 5/1. Phone reservations will be taken at 1 pm. Online registration begins 5/8. Each trip is \$5/R or \$7/NR, except Hungarian Rhapsody, which is \$7/R or \$9/NR. All restaurants are between \$20-\$30 per meal.

### Draught Horse Brewery: New Hudson

W 6/5, F 6/7 | 11:15A-2:45P

### Sparkies Kitchen: Highland

W 7/10, F 7/12 | 11:15A-2:45P

### Mitchell's Fish Market: Rochester Hills

W 7/24, F 7/26 | 11:15A-2:45P

### Hungarian Rhapsody: Southgate

W 8/7, F 8/9 | 11:00A-3:00P

### Simple Palate: Warren

W 8/21, F 8/23 | 11:15A-2:45P

### Karl's Cabin-Plymouth

W 9/11, F 9/13 | 11:15A-2:45P

### Mystery Location

W 9/25, F 9/27 | 11:15A-2:45P

## WEST BLOOMFIELD COMMUNITY TRANSIT:

WB Parks offers low cost transportation services for West Bloomfield residents who are:

- Senior citizens, age 55 and over
- Disabled citizens, age 16 and over

The fare is \$2 each way. Medical appointments can be scheduled 28 days in advance. All other appointments can be scheduled 14 days in advance.

Would you like to schedule a ride? Call 248-706-2411. Messages are returned daily.



## Meet our Family of Physicians



Maple Manor Rehab and Neuro Centers are one of the only **physician-family owned and operated** rehabilitation centers in the state of Michigan. With **physicians present on-site every day**, we ensure that patient care remains at the forefront, prioritizing individual needs and well-being.



Our team of physicians and therapists are on site seven days a week and specialize in a complete range of rehabilitation.

- Medical Director
- Board Certified Physicians
- Psychiatrist
- Nurse Practitioners
- Physician Assistants
- Administrators
- Rehabilitation Nurses
- Licensed Athletic Trainers
- Registered Dietitians
- Respiratory Therapists
- Behavioral/Cognitive Therapists
- Physical Therapists
- Occupational Therapists
- Speech Therapists
- Massage Therapists
- Recreational Therapists
- Certified Brain Injury Specialists
- Social Workers

**Novi**  
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Novi, MI 48377  
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3999 Venoy Road  
Wayne, MI 48184  
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**Howell**  
Coming soon

visit to learn more  
[MapleManorRehab.com](http://MapleManorRehab.com)





# VISIT Mackinac Island!

Join us on a four day/three night stay at the Grand Hotel!

*October 15-18*

Departing from the Recreation Activities Center

Fee includes lodging, daily breakfast, tea & 4-course dinners, a carriage tour, daily activities, nightly dancing with the Grand Hotel Orchestra, games, tournaments & more.

Registration deadline: Thursday, May 2. Payment due in full.  
No refunds will be offered. Trip insurance is available upon request.  
For complete details, visit [wbparks.org/grandexperience](http://wbparks.org/grandexperience).



Single Room: \$1,500

Double Room: \$1,200

Triple Room: \$1,100

Fee is per person.



