SUMMER GUIDE



April - September 2023

Registration begins April 3





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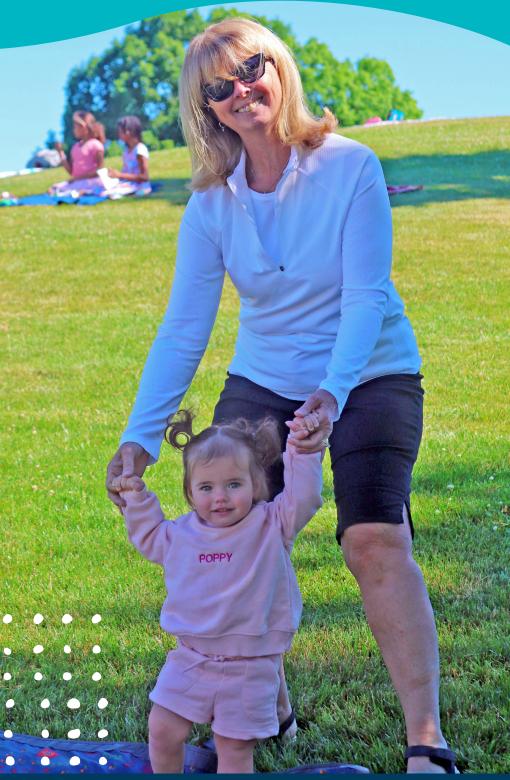
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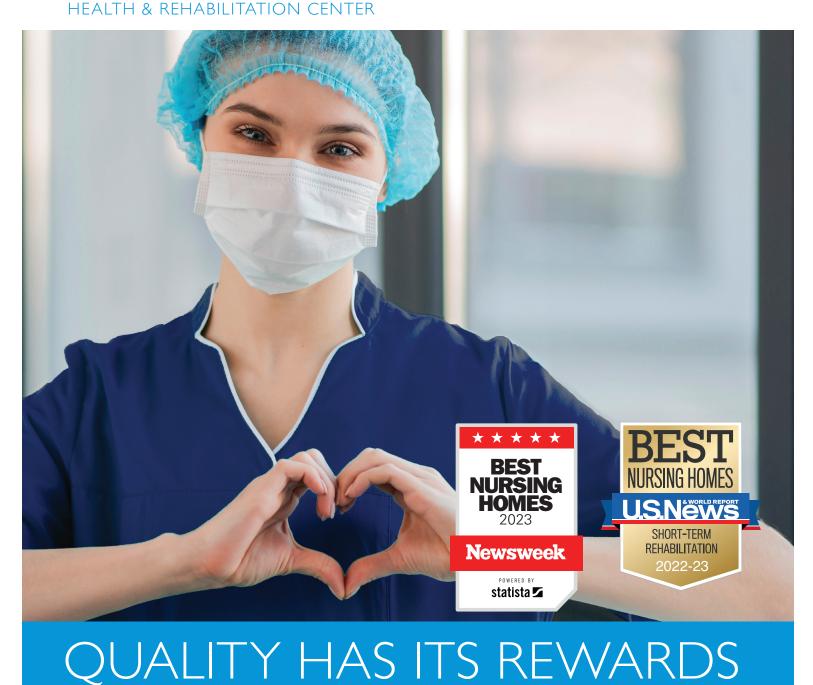












When choosing a skilled nursing facility, nothing matters more than the quality of care and service delivered. But how do you judge quality without first-hand experience?

Fortunately, you can turn to impartial third-party experts who seek excellence - publishing annual assessments that help distinguish the best in the industry. We are proud to announce that once again, both *Newsweek* and *U.S. News* & *World Report* have each named **West Bloomfield Health & Rehabilitation Center** to their respective lists of "Best Nursing Homes" for 2023. It's just more affirmation that quality has its rewards.

6445 W. Maple Road | West Bloomfield, MI 48322 | 248-661-1600 | wbhrc.com

bparks **SUMMER GUIDE**

GENERAL INFORMATION

April - September 2023 Registration begins April 3

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Welcome to West Bloomfield Parks' Summer Guide! Inside you'll find great programs for you and your family to enjoy now through September.

Fees are listed as West Bloomfield residents first, followed by non-residents.

Recreation Activities Center

4640 Walnut Lake Road, West Bloomfield, MI 48323

Office Hours: Monday - Friday, 8 am - 4:30 pm Offices are closed May 29, June 19, July 4, September 4.

Park Hours: Parks are open daily from 8 am dusk, year-round.

Phone: (248) 451-1900

Email: info@wbparks.org

Staff Contact Information:

Contact information for individual staff can be

found at: wbparks.org/staff.

Registration:

To register for a program, call (248) 451-1900 or visit us online at wbparks.org. To view our customer service guidelines or refund policy, visit www.wbparks.org/registration-information.

Transportation Services: (248) 706-2411 To schedule a ride: service for residents who are disabled or 55+.

Early Registration Discount: Save \$5 by registering at least 7 days prior to program start date. Applies to most youth and adult programs.

Program Location

Instructor

COMMISSIONERS

David Barash Robert V. Brooks Vincent C. Kirkwood Sally Wenczel

UPCOMING COMMISSION MEETINGS

September 28 April 27 May 25 October 26 June 22 November 16 July 27 December 14 August 24

All meetings are at 7 pm at Town Hall (4550 Walnut Lake Rd.). They are open to the public and can be viewed online live at civiccenterty.com.





As we are approaching the spring and summer seasons, I hope you look forward to getting into the parks! WB Parks staff has been planning and preparing for another busy summer. Some highlights include the Marshbank Music Series which runs on Wednesday nights starting July 12th through August 2nd. We've expanded the series from three weeks to four due to popular demand. The largest splash pad in Michigan, Lily Pad Springs, opens Memorial Day weekend through Labor Day weekend. Registration for popular programs including fishing, kayaking, guided hikes, senior trips and pickleball are now open and filling fast. We truly have something for everyone.

If programs are not your thing, please get out and enjoy your award-winning parks. You can play tennis or pickleball on the renovated courts at Drake and Keith Sports Parks, take a walk or bike ride on the West Bloomfield Trail or a hike at the serene WB Woods Nature Preserve.

WB Parks will also continue its investment in the parks this year with a new restroom facility at the West Bloomfield Trail at Arrowhead Road. This restroom facility will replace porta johns that are in use now. We applied for and received a \$100,000 grant from Oakland County Parks to help offset the \$400,000 budget for the project. The skate park ramps will also be replaced at Drake Sports Park in the fall. The current ramps are 17 years old and at the end of their life cycle.

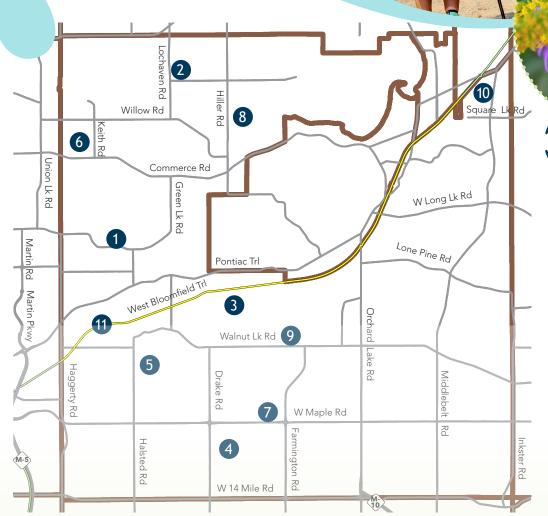
WB Parks' continued support and commitment to the environment continues as we have hired Michigan Natural Features Inventory to conduct a thorough inventory of the parks' natural features, rare wildlife species and natural communities.

The goal of this project is to comprehensively document these ecological assets within our park system, what threats they face, and what stewardship needs they have. This is a multi-year project and we look forward to releasing the findings as we receive them.

Joe Ketchum



Explore YOUR PARKS



- Bloomer Park
- Bloomfield Knolls Park
- WB Woods Nature Preserve
- Drake Sports Park

- Karner Farm
- Keith Sports Park
- Lily Pad Springs
- Marshbank Park
- Recreation Activities Center

Parks and Facilities

- Sylvan Manor Park
- West Bloomfield Trail





KASHAT THANKS TO OUR PARK SPONSORS



















Lily Pad Springs

Weather hotline: (248) 451-1940



wbparks.org/LilyPadSprings

Residents: \$4/person per session Non-residents: \$7/person per session

Opening May 26

Located at 6200 Farmington Road

Pre-sale admission available

April 26 for West Bloomfield residents

or May 11 for non-residents

Session Hours are as follows, seven days a week:

- (3) Sessions: 11:00 am-1:00 pm, 1:30-3:30 pm, 4:00-6:00 pm Plus special Twilight Sessions (see below)
- Limited hours on some weekdays in the beginning and end of the season. See wbparks.org/lilypadsprings for additional details.
- Anyone over 6 months old entering the splash pad must pay the entrance fee.
- Pre-registration limited to 10 people per reservation.
- Resident pre-sale: available 30 days in advance
- Non-residents pre-sale: available 15 days in advance
- On-site sales begin 15 minutes prior to session

Lily Pad Springs includes:

- Fun for children of all ages
- Over 50 play features and 4 water slides
- Splash bucket that dumps 55 gallons of water
- ADA and Universally Accessible



Sensory Friendly Mondays

For our park visitors that may find a regular day at the splash pad a little overwhelming, this special session is perfect for you.

Mondays from 11 am-1 pm
June 5-August 7



Private Party Rentals

Reservations begin April 26

Includes splash pad and tent for private party (up to 100 people)!

See wbparks.org/rentals for additional details



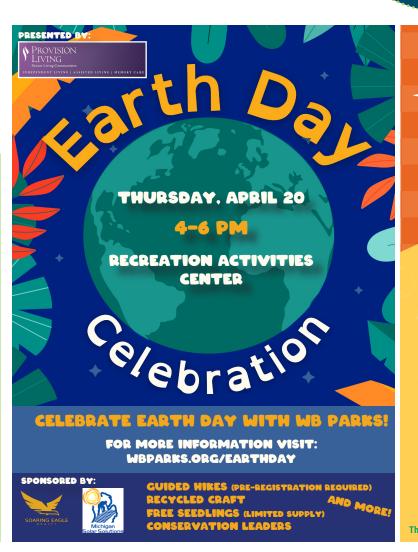
Twilight Sessions

Join us for our once weekly, special evening session!

Tuesdays Twilight sessions:

6:30-8:30 pm, June 6-August 8



















CHILDREN'S BOOK AUTHOR

8/24: THE FUNNY DUMPLINGS 10AM-12PM

HEALTH:





Tuesdays at 7 pm, Saturdays at 8 am May 6-August 15

Walk WB is a fun, free program designed to encourage fitness opportunities while enjoying all the parks and trails West Bloomfield has to offer.

Presented by:
HENRY
FORD
HEALTH

Walks are scheduled at various locations throughout West Bloomfield and range from 2.2 to 3.7 miles.

On the second Tuesday of each month, Henry Ford Health experts will be available prior to the walk to answer questions and encourage dialog about health concerns.

Gifts will be given to walkers that complete 26.2 miles (a marathon) and 53 miles to celebrate WB Parks 53rd birthday. Names will be placed in the \$250 grand prize drawing (one entry for each walk) done after the August 15th walk.

Walk WB participants walked a total of **5,791** miles in 2022!

Sponsored by:

The schedule and walk maps are available at: wbparks.org/walkwb















eadiness Program

Join the WBPA Family! (248) 865-6466 • www.wbsd.org





Fees are listed as resident rate followed by nonresident.

Snapology

Marshbank Park

Junior Scientist: All About Animals......4-6

Your little zoologists will examine the differences and similarities between insects and arachnids, study the frog life cycle, and build mammals and reptiles using Kid K'NEX® pieces. Your child will be too busy exploring the animal world to realize that they are gaining critical social, motor and developmental skills.

5/24-6/14 | W | 5:30-6:30P | \$70/\$80

Building a Better World....6-12

Children are challenged to think critically about the world around them. As students identify problems, they will think creatively about how they can use technology, robotics and LEGO® bricks to inspire change.

6/3 | Sa | 9:30A-12:30P | \$53/\$58

STEAM Fantasy.....5-10

Students will be guided, inspired and challenged to create fairytales of their own! We will help them create their own mythical creatures, develop a storyline for a unique fairytale, bring their story to life with LEGO® brick architecture, and even create a special fantasy map!

4/22 | Sa | 9:30A - 12:30P | \$53/\$58

Kidcreate Art

Marshbank Park

Star Wars R2D2......5-12

Obi Wan Kenobi and Anakin would be proud of the Star War® masterpiece your young Jedi will create in this class. Kids will construct their own mini R2D2 out of Model Magic® clay. 5/9 | Tu | 6:00-7:00P | \$32/\$37

Parent & Child: Mother's Day Craft...5-12

You and your child will follow easy step-by-step instructions as you create matching collages with a garden theme. Each parent and child will create their own masterpiece on a real canvas board. Fee covers parent and child. Sibling fee is an additional \$25.

5/13 | Sa | 9:30-11:00A | \$55/\$65

Simply Silly Stuff......4-9

Your child will make some of the craziest art you could imagine in this workshop, including a messy monster made of mush and a cute 3D goldfish to bring home. This combination of wacky projects will teach your child all sorts of simply silly stuff you never thought artistically possible!

6/1 | Th | 5:00-7:00P | \$55/\$65

Roblox5-12

Calling all Robloxians! We'll create with clay, paint and more as we sculpt a classic Roblox Noob. Whether they're a hardcore gamer or more of a Noob, this is the perfect class for your child. 5/23 | Tu | 6:00-7:00P | \$32/\$37

Story Time Art Series....1.5-6

This class is a great way to develop your child's love of art and reading! Beautifully illustrated children's books will inspire us each class! We'll swim with Swimmy, meet Yertle the Turtle, ride bikes with Curious George and get wild with The Wild Things!

4/27-5/18 | Th | 9:30-10:30A | \$101/\$111

Sports

Tiny Tykes Soccer.....3-5

This exciting program teaches basic soccer skills while developing strength, balance, coordination, listening skills and teamwork. The professional, licensed coaches will ensure your child has a positive soccer experience! Parent/caregiver must stay during class.

Marshbank Park

5/3-6/7 | W | 5:00-6:00P | \$149/\$164 5/3-6/7 | W | 6:00-7:00P | \$149/\$164

Mighty Tykes Soccer...6-9

The Challenger Soccer Academy offers players the opportunity to train with the best as they participate in practices designed around the world's top youth academies. With no emphasis on winning, practices only have one goal; to develop and improve each individual both on and off the field!

✓ Marshbank Park5/3-6/7 | W | 5:00-6:00P | \$149/\$164

Tennis Clinic.....6-13

This class is for beginner through intermediate players. Clinic will focus on forehand, backhand, serves and volleys using drills, games and point situations. Youth will be grouped based on ability level.

O Drake Sports Park

Ages 6-8 | 5/23-6/1 | Tu, Th | 4:005:00P | \$75/\$85

Ages 9-13 | 5/23-6/1 | Tu, Th | 5:156:15P | \$75/\$85

Amazing Athletes Tots Class.....1-3

Amazing Athletes is an educational sport and fitness program. Children learn the basic fundamentals of five sports (football, soccer, volleyball, baseball and basketball). Class also focuses on gross motor development, cardio fitness and nutrition. Parents must stay.

Orake Sports Park 5/3-6/7 | W | 10:30-11:00A | \$125/\$140

Mini-Hawks

Baseball & Soccer.....5-7

This multi-sport program was developed to give young players a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, kids explore balance, hand/eye coordination and skill development at their own pace.

Marshbank Park
5/5-6/9 | F | 4:30-5:15P | \$113/\$128

Multi-Sport

Baseball & Soccer.....7-10

This program is designed to introduce young athletes to a variety of different sports in one setting. Primary sports include soccer, flag football and baseball. Athletes will learn the rules and essential skills of each sport.

Marshbank Park
5/5-6/9 | F | 5:30-6:30P | \$119/\$134

Basketball.....6-11

This fun, skill-intensive program is designed for beginning to intermediate players. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction.

© Bloomer Park
Ages 6-8 | 5/2-6/6 | Tu | 4:30-5:15P |
\$113/\$128
Ages 8-11 | 5/2-6/6 | Tu | 5:30-6:30P |

\$119/\$134

New Diversity Series celebrates our community's diversity!

Next event: Sunday, June 4 from 2-4 pm at the WB Township Public Library

LGBTQ+ 101 from Equality Michigan

To register, see more events, volunteer or join the Task Force, visit wbparks.org/ DIVERSITY TASK FORCE diversity.

The West Bloomfield Diversity Task Force is a partnership between West Bloomfield Parks, Library, Township, and community volunteers.

Leaders in Training Program

An empowerment program designed for young leaders aged 13-16. Get all the details on page 19!

Safe Sitter Class.....11-14

Safe Sitter is designed to help students stay safe when they are home alone watching younger siblings or babysitting. The class teaches essential skills such as; safety, child care, first aid/rescue and life/business skills through fun and interactive activities.

Participants will have the skills necessary to start their own babysitting business or to safely watch family members at home. No CPR certification included. Registration deadline is May 15th.

Marshbank Park
5/27 | Sa | 10:00A-3:30P | \$105/\$115

CHECK OUT OUR NEW LOOK AT WBPARKS.ORG!

- Digital forms
- A better experience on mobile
- ADA compliant
- Event calendar and more!









AGE REQUIREMENTS

Campers must turn the advertised age within one month of the camp start date (unless noted otherwise). Ages for each camp are listed next to the title.

No latchkey available.

The information in this brochure is considered accurate as of 3/1/23 and subject to change. Fees are listed as resident rates first, followed by nonresident rates.

FORMS

Camp Registration = Camp Waiver + Concussion Form + Payment

- Every child must have all required camp forms completed and submitted before they can be registered for camp.
- Forms only need to be submitted once for the entire summer.
- Camp forms can be submitted online at wbparks.org/camps, except for the optional medication form which must be completed by your doctor
- Once your required and optional camp forms have been processed, you will receive an email confirmation. At that point, you can either register online or give us a call for assistance.

Optional form:

- Permission to Administer Medication and Release of Claims (form found at wbparks.org/camps)
- Only required if your child needs to take medication (including an inhaler or epi-pen) during camp hours. Must be completed by a doctor. The completed form can be emailed to camps@wbparks.org.

Payment: We accept cash, check and all major credit cards.

REGISTRATION DEADLINE

Registration begins April 24 at 8 am. Early registration for 2022 returning Camp WB participants is on April 21 from 8 am-4:30 pm. Register by June 1 and receive a \$10 discount on each week of camp.

- Registration deadline: 11:59 pm, the Tuesday prior to the camp start date (unless stated otherwise)
- Transfers/cancellations must be requested before the registration deadline and will incur a \$10 fee per transaction.
- Registration after the deadline will only be accepted if space allows and you will be charged a \$20 administration fee.

REFUNDS

Refunds must be requested by 11:59 pm, the Tuesday prior to the camp start date, less a \$10 administrative fee. There will be no refunds given after this time frame.

Refund requests due to medical reasons: If your refund request is medical in nature, please provide a doctor's note with date of ineligibility of participation and those dates will be fully refunded (less the dates you attended before the medical issue) and no administration fee will apply. Ineligibility of participation dates must be within the dates for which you are requesting a refund, otherwise the request cannot be honored. Requests must be made before the last class/ camp date. The doctor's note must be received within two weeks of the request.

For COVID related requested refunds, registration fees will be credited to your household account.





WEATHER PLAN

If camp needs to be cancelled in advance, we will decide by 8 am the morning of camp. Our goal is to have the weather hotline updated by 8:15 am. A make-up day has been pre-scheduled for select camps. If no make-up day is offered, a prorated refund will be provided. See Parent Newsletter for specific inclement weather details, emailed prior to the start of camp.

Weather hotline: (248) 451-1930

Field Trips:

June 23:

Launch Entertainment & Trampoline

June 29:

Upland Hills Farms

July 7:

Rev'd Up

July 13:

Red Oaks Water Park

July 20:

Sloan Museum of Discovery

July 27:

iFLY

August 3:

Toledo Zoo

August 9:

Rolling Hills Water Park



Your camper will have new experiences every day throughout the summer!

Camp WB......6-11

engaged and learning this summer

licensed day camp! Camp WB offers

Keep your busy bee entertained,

with our action-packed, state-

unique arts and crafts projects,

fishing, sports, games, water

activities and more. Some of

experiences.

naturalist-led nature exploration,

our unique activities will include

Your camper will experience a variety of weekly activities including:

guest speakers facilitating exciting

Tuesdays spent at Marshbank Park,

Wednesdays at Lily Pad Springs splash

pad or a pool and weekly field trips.

bi-weekly canoeing, fishing, nature

Marshbank Park days will include

O Drake Sports Park

education and more.

6/20-6/23* | 9:00A-3:00P | \$188/\$208 6/26-6/30 | 9:00A-3:00P | \$247/\$267 7/5-7/7* | 9:00A-3:00P | \$144/\$159 7/10-7/14 | 9:00A-3:00P | \$232/\$252 7/17-7/21 | 9:00A-3:00P | \$247/\$267 7/24-7/28 | 9:00A-3:00P | \$242/\$262 7/31-8/4 | 9:00A-3:00P | \$232/\$252 8/7-8/11 | 9:00A-3:00P | \$232/\$252

Camp pricing varies weekly based on field trip costs and number of camp days offered.

*No camp on June 19, July 3 & 4 $\,$

Camp WB 2.0.....6-11

Camp WB 2.0 is packed full of a kid's favorite summer camp activity, FIELD TRIPS! All four days will include at least one exciting field trip destination. The week will be packed full of ever-changing fun and engaging activities along the way. Be sure to secure your child's spot early! You must be registered for at least one week of Camp WB in order to register for Camp WB 2.0.

Field Trip Destinations Include (subject to change): Urban Air, Bonaventure, Creature Conservancy and Leslie Science Center.

O Drake Sports Park

8/14-8/17 | 9:00A-3:00P | \$290/\$310

Camp WB Camp Out

This social event marks the midpoint of our summer camp season. It gives campers a unique opportunity to hang out with their camp friends and our staff under the stars in a cool overnight camping experience. This Camp Out is only for Camp WB participants that have attended at least one week of camp prior to the Camp Out event. To register, please call our front desk at 248-451-1900. Space is limited so register early! Registration deadline is Tuesday, July 11. Campfire dinner will be provided and made by the campers. Activities will include: roasting s'mores, campfire stories, camp games, a naturalist-led activity and other fun.

7/21-7/22 | F | \$40/\$45









BASKETBALL

Basketball.....7-11

This fun, skill-intensive program is designed for beginning to intermediate players. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages. Campers receive a jersey.

- Skyhawks Instructors
- Bloomer Park

6/26-6/30 | 1:00-4:00P | \$185/\$205 7/17-7/21 | 1:00-4:00P | \$185/\$205 8/7-8/11 | 1:00-4:00P | \$185/\$205

Pistons Basketball....7-15

Whether it's the amazing coaching staff, the unbelievable performance by the Pistons Dunk Team, or the spectacular awards ceremony to end the week, this is an experience that only the Detroit Pistons can provide! Camp will consist of skill-development in the morning and games/competitions in the afternoon. All players will receive two free tickets to a 2023-24 Pistons home game. For boys and girls of all skill levels.

- Pistons Coaches
- West Bloomfield High School
 7/10-7/14 | 9:00A-3:00P | \$300/\$320



Beach Volleyball......9-14

All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. This camp is designed for the beginning to intermediate player. Campers receive a jersey.

- Skyhawks Instructors
- Marshbank Park

6/20-6/23 | 9:00A-12:00P | \$155/\$170 7/10-7/14 | 9:00A-12:00P | \$185/\$205 7/17-7/21 | 9:00A-12:00P | \$185/\$205

Tennis......7-11

Whether your child is a beginner or intermediate player, this camp will improve each player's game and help them get more enjoyment from tennis. This camp focuses on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Campers receive a jersey.

- Skyhawks Instructors
- O Drake Sports Park

7/5-7/7 | 9:00A-12:00P | \$130/\$145 7/5-7/7 | 9:00A-3:00P | \$217/\$237 7/24-7/28 | 9:00A-12:00P | \$185/\$205 7/24-7/28 | 9:00A-3:00P | \$320/\$340

Beginning Golf.....6-9

Campers will learn the fundamentals of swinging, putting, body positioning, etiquette and keeping score. The program is specifically designed for the entry-level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. Equipment provided. Campers receive a jersey.

- Skyhawks Instructors
- Marshbank Park

6/26-6/30 | 9:00A-12:00P | \$185/\$205

O Drake Sports Park

7/24-7/28 | 9:00A-12:00P | \$185/\$205

SOCCER

Challenger Sports Coaches

Each camper receives a ball & t-shirt

Tiny Tykes.....3-4

A fun introduction to the very basic elements of the game: small coaching groups, lots of running, kicking, laughing and making new friends. Parents are encouraged to join in and help guide their child through this fun learning experience.

- Marshbank Park
- 6/26-6/30 | 9:00-10:00A | \$175/\$195
- O Drake Sports Park

7/17-7/21 | 9:00-10:00A | \$175/\$195 8/7-8/11 | 9:00-10:00A | \$175/\$195

Mighty Tykes.....5-6

A fun introduction to the very basic elements of the game: small coaching groups, lots of running, kicking, laughing and making new friends.

- Marshbank Park
- 6/26-6/30 | 10:00-11:30A | \$175/\$195
- O Drake Sports Park

7/17-7/21 | 10:00-11:30A | \$175/\$195 8/7-8/11 | 10:00-11:30A | \$175/\$195

Challenger Core......7-14

We use age appropriate practices to help players develop at their own pace, learn brand new skills and become an all-round better player. Includes an educational approach that uses soccer to teach the core values of responsibility, integrity, respect, sportsmanship and leadership. Campers will receive an individualized evaluation.

- Marshbank Park
- 6/26-6/30 | 9:00A-12:00P | \$205/\$225 6/26-6/30 | 9:00-3:00P | \$255/\$275
- O Drake Sports Park

7/17-7/21 | 9:00A-12:00P | \$205/\$225 7/17-7/21 | 9:00-3:00P | \$255/\$275 8/7-8/11 | 9:00A-12:00P | \$205/\$225 8/7-8/11 | 9:00-3:00P | \$255/\$275

MULTIPLE SPORTS

Mini-Hawk Sports.....5-7

This multi-sport program was developed to give young children a positive first step into athletics. The essentials of Soccer and Flag Football are taught in a safe, structured environment with lots of encouragement and fun. Ultimate games will focus on games such as capture the flag, kickball, dodgeball, ultimate frisbee, and other camp style games. Campers receive a jersey.

- Skyhawks Instructors
- ② Drake Sports Park 6/20-6/23 | 9:00A-12:00P | \$155/\$170
- Marshbank Park7/17-7/21 | 9:00A-12:00P | \$185/\$2057/31-8/4 | 9:00A-12:00P | \$185/\$205

Multi-Sport.....7-11

Multi-Sport camps are designed to introduce young athletes to a variety of different sports in one setting.

Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship and teamwork. Campers receive a jersey.

Skyhawks Instructors

Baseball, Flag Football, Soccer

O Drake Sports Park

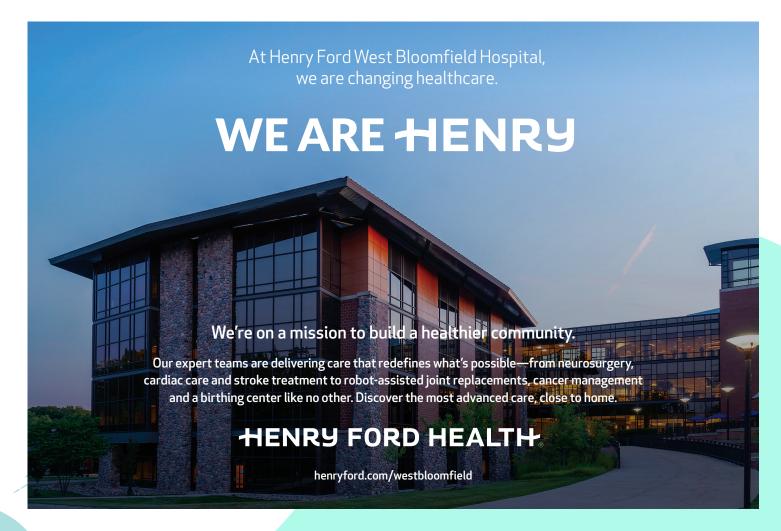
7/5-7/7 | 9:00A-12:00P | \$130/\$145 7/31-8/4 | 9:00A-3:00P | \$285/\$305

Basketball, Soccer

Bloomer Park

7/10-7/14 | 12:30-3:30P | \$185/\$205







ART CAMPS

The instructor for our art camps is Kidcreate, unless stated otherwise.

Kidcreate Art Instructor

Marshbank Park

Mirabel's World.....4-9

In this truly enchanted camp, we'll paint, sculpt with air-dry clay, and even sing along to some of your favorite tunes while creating dazzling clay butterflies, magical bedroom doors, Colombian rainforest creatures and so much more. Come join Mirabel, Isabella, Antonio and the rest of the Madrigals as you explore the enchanted side of creativity!

6/26-6/30 | 1:00-4:00P | \$210/\$230



Our Littlest Fan's Favorites.....3-6

From paper mache bowls, projects that glow-in-the-dark, and messy clay masterpieces, these are the Kidcreate projects our littlest campers love the most! All favorites are put together in one very popular camp.

6/27-6/29 | 10:30A-12:00P | \$121/\$136

Glow-In-The-Dark.....5-12

These projects will ROCK your child's world long after the lights go out at night. We will be working with a variety of different art supplies including clay, paint and other luminescent materials to create masterpieces that will glowin-the-dark!

7/11-7/14 | 9:00A-12:00P | \$190/\$210

Nailed It!

This is the perfect camp to hone both your artistic side and your puzzle-solving skills. Just like on the popular TV show Nailed It!, We'll show you a final product and give you all the supplies needed to recreate it. Your challenges will include creating a unicorn cake sculpture that looks good enough to eat, painting a fox at sunset, a llama with a flower crown and more.

7/11-7/14 | 1:00-4:00P | \$190/\$210

Game On!.....5-12

We'll draw, sculpt, paint, and more as we create projects inspired by some of our favorite video games. Design your own avatar on a real canvas board, sculpt your favorite Among Us Crewmate, create Sonic the Hedgehog and so much more! This camp covers some of the hottest, new games plus awesome throwback classics too.

7/31-8/4 | 9:00A-12:00P | \$210/\$230

Let's Draw, Paint & Sculpt.....5-12

Your child will love experimenting with many different materials while learning lots of new techniques.
We'll learn to draw a wacky llama, and we'll sculpt and paint a box full of delicious-looking donuts.
We'll even create one of our most popular projects-a snow globe!

7/31-8/4 | 1:00-4:00P | \$210/\$230

Claylicious.....5-12

Sculpt, slab, coil and carve...roll up your sleeves, because this camp is all clay, all the time! We'll sculpt silly puppies, fuzzy hedgehogs, a chocolate layer cake that looks good enough to eat and more.

8/7-8/11 | 1:00-4:00P | \$210/\$230

The Very Hungry Caterpillar.....3-6

The kids will cut, tear, glue, collage and sculpt away as they create cute caterpillars, colorful ladybugs and more, all inspired by the art and stories of beloved children's author Eric Carle.

8/8-8/10 | 9:00A-12:00P | \$121/\$136

Art Camp with Mrs. Lindsay.....5-12

Campers will get to choose their own subjects and explore with several different mediums and techniques.

Each camper will receive a small sketchbook, drawing pencil, brushes, acrylic paint set, canvas, clay and more! Expect to make a fun mess and plan to have at least one finished art piece per day! A \$25 material fee (cash, check or venmo) is due to the instructor on the first day of camp.

Lindsay Bochenek

6/20-6/22 | 10:00A-1:00P | \$175/\$195 7/25-7/27 | 10:00A-1:00P | \$175/\$195 8/9-8/11 | 10:00A-1:00P | \$175/\$195 8/15-8/17 | 10:00A-1:00P | \$175/\$195



2 0 2 3 C A M P G U I D E

SINGLE DAY NATURE CAMPS

The registration deadline for these camps is two business days prior to the program date. These drop-off programs require a camp waiver to be completed and returned before the program date. All of these naturalist-led programs include a hike, live animal encounters, games and a craft.

WB Parks Nature Staff

Animal Mania.....6-12

What makes a mammal different from a bird? Campers will find out with special live animal guests from the Leslie Science & Nature Center. Insect netting, bird watching and much more are what you can expect from this critter-filled day!

Recreation Activities Center6/29 | Th | 9:00A-3:00P | \$85/\$95

Natural Science......6-12

Campers will explore ways we can experiment with the world around us. Discover how aquatic insects determine the health of a stream; find out how to measure weather; and learn about the power of the sun through hands-on experiments!

Recreation Activities Center7/13 | Th | 9:00A-3:00P | \$80/\$90

Nature at Night.....6-12

We will make discoveries at dusk during a sunset hike. Campers will meet some nocturnal animals



brought to us by special guests from the Leslie Science & Nature Center. Insect netting, stories and s'mores are also all included in this nocturnal adventure!

Recreation Activities Center
7/20 | Th | 3:00P-9:00P | \$85/\$95

Fishing Frenzy6-12

Campers will spend the day on the fishing pier! We will explore various aquatic habitats. A hike, games and a craft are all included! And of course fishing! All equipment provided.

Marshbank Park

7/27 | Th | 9:00A-3:00P | \$80/\$90 8/14 | Th | 9:00A-3:00P | \$80/\$90



Pokémon Journey.....6-12

Get your Pokémon Trainer's License and go on a journey to discover Pokémon with a naturalist! Campers will explore the similarities between animals in the wild and Pokémon we find while hiking. Campers will also design a Pokémon of their own.

Recreation Activities Center 8/1 | Tu | 9:00A-3:00P | \$80/\$90

What's the Buzz?.....6-12

Bee cool and observe insects! We will learn about (and maybe touch a few) insects with our special guest "The Bug Lady" from Bugs on Wheels. Insect netting, insect life cycles and a butterfly release are some of the adventures we will have.

Recreation Activities Center
8/8 | M | 9:00A-3:00P | \$85/\$95

NATURE CAMPS



Nature Appointments

Discover your wild side when you book a naturalist-guided nature appointment! Nature appointments include a live animal, interactive nature talk, stories and more.

We welcome families, school field trips (including preschoolers), homeschoolers, scout groups and many other community organizations for fun, educational programs that are available yearround. You can visit wbparks.org/natureappointments for details and pricing.

Contact our Naturalist David Anthony at (248) 451-1909 or danthony@wbparks.org to schedule your nature appointment.

Leaders In Training......13-16

Our Leader in Training (LIT) program offers teens the opportunity to gain and strengthen leadership skills. LITs support Camp WB by helping with daily activities, craft/game prep, assisting with field trips and other off-site activities. Each LIT will have the opportunity to plan and execute a camp activity. Additionally, through workshops, LITs will gain professional, life and leadership skills. This program is for young individuals that exhibit great role model behavior and enjoy working with youth. Must apply to be considered. Visit wbparks.org/lit for more details. Please note that a reference is needed. Deadline to apply is 5/15.

6/26-8/11 | \$250/\$270







STEM CAMPS

ICODE

- iCode Instructor
- iCode Novi 48000 Grand River Ave., Novi 48374

Pizza lunch included each Friday at no additional charge.

Minecraft Modder.....5-12

Campers will learn how to make Mods (modifications) for one of their favorite games: Minecraft. Learning to mod in Minecraft is a gateway to adventure.

6/20-6/23 | 9:00A-3:00P | \$394/\$414

Roblox Editor.....5-12

Campers will create projects using block coding, a programming style that shows text-based coding is not essential. Video games filled with characters, object interaction, physics and goals are a great way to spark creativity and learning.

6/26-6/30 | 9:00A-3:00P | \$490/\$510

YouTube Production...5-12

Perfect for future content creators to learn the skills that will push their videos to the top. Campers will learn to use digital cameras, how to edit audio video, and produce content that is not just unique, but interesting for their audience.

8/14-8/18 | 9:00A-3:00P | \$490/\$510



SNAPOLOGY

If your child is registered for two half day camps, pack a lunch and two snacks. They will be supervised during lunch (12-1pm).

- Snapology of Troy Instructor
- Sheiko Elementary School

Amusement Park Engineering.....6-12

Campers will design their own amusement park in this super fun program! They will learn how to use LEGO® bricks and other building materials to make coasters and other awesome rides.

7/17-7/21 | 9:00A-12:00P | \$220/\$240

Incredible Inventions ...6-12

Does your child enjoy inventing new things? Campers will learn about the process real inventors go through while they help design, build and program robotic models to solve problems using LEGO® bricks and robotics.

7/17-7/21 | 1:00-4:00P | \$245/\$265

Creature Creator......6-12

Your animal lover will create their own animal-inspired robotic models. Camper will learn about gear ratio, sensors, simple machines and programming as they build insects, dolphins, gorillas and more.

8/7-8/11 | 9:00A-12:00P | \$245/\$265

Superstructure......6-12

Campers will learn how to take an idea and turn it into a building in the real world. They will be guided through the building process, from creating a floor plan to disasterproofing the structure, so that they will be able to create the next best thing in LEGO® architecture!

8/7-8/11 | 1:00-4:00P | \$220/\$240

Combat Robot.....7-14

Come learn engineering strategies for building sturdy structures using LEGO® bricks and then apply that knowledge to build a robot for friendly competition. Campers will have a blast as they play robot football and complete a hoop challenge.

7/31-8/4 | 9:00A-12:00P | \$245/\$265

Let's Make a Movie....7-14

Create amazing movies with stop motion animation using LEGO® bricks. Children will work in teams to produce their very own movie, complete with dialogue and sound effects. Movies are uploaded to a secure site for family and friends to see how cool they are!

7/31-8/4 | 1:00-4:00P | \$245/\$265

Mining & Building **Basics**.....5-10

Join us as we bring Minecraft® to life using LEGO® bricks. Create your own world, including animals, creepers and your very own Minecraft® character.

8/14-8/18 | 9:00A-12:00P | \$220/\$240

Pokemania.....5-10

Campers will build and explore the world of Pokemon as they create their own gyms, battles and even their very own generation of Pokemon. Children will also learn about real world science as they learn about the habitats of the Pokemon. Your child will have a blast becoming the best Pokemon trainer.

8/14-8/18 | 1:00-4:00P | \$220/\$240

Basic Engineers.....5-7

This program gives your camper the tools they need to understand mechanical movement and the importance of simple machines. They will see these moving parts up-close as they follow instructions to build various machines and then use the basic models to develop more elaborate, creative designs with their partners and teams.

7/24-7/28 | 9:00A-12:00P | \$220/\$240

Robopets Robotics....5-7

Children will begin to explore the world of robotics as they build moving animals that teach the fundamentals of robotic design. Whether learning about animal habitats, or discovering ways that gears and pulleys create movement while building alligators.

7/24-7/28 | 1:00-4:00P | \$245/\$265







CAMP SCHEDULE

une 20 - 23	Art with Miss Lindsay	10:00 AM	1:00 PM	5-12		Camp WB	9:00 AM	3:00 PM	6-11
	Camp WB	9:00 AM	3:00 PM	6-11	July	Tennis (AM)	9:00 AM	12:00 PM	7-11
	Mini-Hawk Sports	9:00 AM	12:00 PM	5-7	y 2	Tennis (Full Day)	9:00 AM	3:00 PM	7-11
	Beach Volleyball	9:00 AM	12:00 PM	9-14	T	Beginning Golf	9:00 AM	12:00 PM	6-9
	Minecraft Modder	9:00 AM	3:00 PM	5-12	28	Basic Engineers	9:00 AM	12:00 PM	5-7
						Robopets Robotics	1:00 PM	4:00 PM	5-7
	Camp WB	9:00 AM	3:00 PM	6-11		Art with Miss Lindsay	10:00 AM	1:00 PM	5-12
	Beginning Golf	9:00 AM	12:00 PM	6-9					
,	Basketball	1:00 PM	4:00 PM	7-11	July	Camp WB	9:00 AM	3:00 PM	6-11
June	Tiny Tykes	9:00 AM	10:00 AM	3-4		Mini-Hawk Sports	9:00 AM	12:00 PM	5-7
	Mighty Tykes	10:00 AM	11:30 AM	5-6	31	Multisport (Full Day)	9:00 AM	3:00 PM	7-11
26	Challenger Core (AM)	9:00 AM	12:00 PM	7-14	- >	Game On! Art Camp	9:00 AM	12:00 PM	5-12
-30	Challenger Core (Full Day)	9:00 AM	3:00 PM	7-14	Aug	Let's Draw, Paint & Sculpt	1:00 PM	4:00 PM	5-12
	Mirabel's World Art Camp	1:00 PM	4:00 PM	4-9	4	Combat Robot	9:00 AM	12:00 PM	7-14
	Our Littlest Fan's Favorites	10:30 AM	12:00 PM	3-6		Let's Make a Movie	1:00 PM	4:00 PM	7-14
	Roblox Editor	9:00 AM	3:00 PM	5-12					
						Camp WB	9:00 AM	3:00 PM	6-11
ے	Camp WB	9:00 AM	3:00 PM	6-11		Tiny Tykes	9:00 AM	10:00 AM	3-4
July 5 -	Tennis (AM)	9:00 AM	12:00 PM	7-11		Mighty Tykes	10:00 AM	11:30 AM	5-6
	Tennis (Full Day)	9:00 AM	3:00 PM	7-11		Challenger Core (AM)	9:00 AM	12:00 PM	7-14
7	Multisport (AM)	9:00 AM	12:00 PM	7-11		Challenger Core (Full Day)	9:00 AM	3:00 PM	7-14
			-	Basketball	1:00 PM	4:00 PM	7-11		
	Camp WB	9:00 AM	3:00 PM	6-11	1	Claylicious Art Camp	1:00 PM	4:00 PM	5-12
July	Pistons Basketball	9:00 AM	3:00 PM	7-15		The Very Hungry Caterpillar	9:00 AM	12:00 PM	3-6
	Beach Volleyball	9:00 AM	12:00 PM	9-14		Art with Miss Lindsay	10:00 AM	1:00 PM	5-12
10 -	Multisport (PM)	12:30 PM	3:30 PM	7-11		Creature Creator	9:00 AM	12:00 PM	6-12
4	Glow-In-The-Dark	9:00 AM	12:00 PM	5-12		Superstructure	1:00 PM	4:00 PM	6-12
	Nailed it! Art Camp	1:00 PM	4:00 PM	5-12					
					Aug	Camp WB 2.0	9:00 AM	3:00 PM	6-11
	Camp WB	9:00 AM	3:00 PM	6-11		Art with Miss Lindsay	10:00 AM	1:00 PM	5-12
	Basketball	1:00 PM	4:00 PM	7-11	4-1	Youtube Production	9:00 AM	3:00 PM	5-12
Ju	Beach Volleyball	9:00 AM	12:00 PM	9-14	00	Mining & Building Basics	9:00 AM	12:00 PM	5-10
l L	Tiny Tykes	9:00 AM	10:00 AM	3-4		Pokemania		4:00 PM	5-10
17	Mighty Tykes	10:00 AM	11:30 AM	5-6		Single Day Na	ature Ca	mps	
- 21	Challenger Core (AM)	9:00 AM	12:00 PM	7-14	7	Animal Mania (6/29)	9:00 AM	3:00 PM	6-12
	Challenger Core (Full Day)	9:00 AM	3:00 PM	7-14	Nature	Natural Science (7/13)	9:00 AM	3:00 PM	6-12
	Mini-Hawk Sports	9:00 AM	12:00 PM	5-7	re	Nature at Night (7/20)	3:00 PM	9:00 PM	6-12
	Amusment Park Engineering	9:00 AM	12:00 PM	6-12	Cal	Fishing Frenzy (7/27 & 8/14)	9:00 AM	3:00 PM	6-12
	Incredible Inventions	1:00 PM	4:00 PM	6-12	sdmı	What's the Buzz? (8/8)	9:00 AM	3:00 PM	6-12
					S	Pokemon Journey (8/1)	9:00 AM	3:00 PM	6-12

REGISTER BY JUNE 1 TO RECEIVE A MEET 10 DISCOUNT OFF EACH WEEK 10 DISCOUNT OFF EACH MEET 10



All programs take place at the Recreation Activities Center and are led by WB Parks Nature Staff, unless stated otherwise.

Family Programs

All children and adults must register for these programs.

Who's Calling? Frog Hike....8+

As spring rain fills our wetland ponds, frogs and toads are out in large numbers. Different species call at different times of the season. This interactive walk will help you learn the "when" and "whys" of Michigan's vocal amphibians. Learn more about how the Friends of the Rouge citizen scientists monitor wetlands for frogs and toads.

4/28 | F | 7:30-8:30P

Garlic Mustard Gatherers.....5+

Are you interested in putting in some volunteer hours? Or just doing some good in your community? Help with invasive species management by removing garlic mustard plants. Training provided. Some friendly competition is included, let's see who can gather the most! Winner will receive a prize.

Marshbank Park

5/6 | Sa | 9:00-11:00A

Beaver Hike.....8+

What animal is the largest rodent in North America? Beavers! Marshbank Park is home to some busy beavers who have inspired this hike. We will look for the signs of beaver activity and search to see if we can find their lodge.

Marshbank Park

5/6 | Sa | 12:30-2:00P | \$5/\$7

Planting for Beginners....3+

Are you interested in learning about gardening by getting some hands-on experience? Not only will you learn how to garden, but you will also learn all about what makes plants important. This program will take place outdoors and will be fun for the whole family!

5/11 | Th | 6:00-7:30P | \$5/\$7

Eat Your Freedom Lawn.....5+

We can eat our lawn...and it's delicious! Dandelion, violet, plantain, dock and even ground ivy! Join Sally Wenczel and learn how to add nutrient-packed living plants to meals and learn tips on how to maintain a beautiful, natural,

chemical free lawn. We will round out the program with a guided hike on the Civic Center Trails.

5/23 | Tu | 5:30-7:00P | \$7/\$9

Bees are Beneficial.....3+

Join us virtually as we explore the magical world of beekeeping with our friends at Bees in the D! Discover how integral honey bees are to our food system, how pollination and honey go hand in hand and how incredible these misunderstood creatures really are. Attention girl scouts, this program will cover 2/3 of the requirements needed to earn the new honey bee patch.

5/24 | W | 6:00-7:00P | \$5/\$7

Makin' Meals for Bigfoot ... 3+

Do you love North America's most mythical creature? If you do, join us for this fun family activity that includes a story, hike and scavenger hunt activity. After the program, stay to explore in the Outdoor Natural Play Area.

5/31 | W | 6:00-7:00P | \$5/\$7

Beekeeper for a Day Hive Tour.....8+

Join us as we explore the magical

world of beekeeping with our friends at Bees in the D! Discover how integral honey bees are to our food system and how incredible these misunderstood creatures really are. You'll have the opportunity to put on a beekeeping suit and get hands on with the bees to learn how a hive works and thrives.

6/4 | Su | 10:00A-12:00P | \$30/\$35 6/4 | Su | 2:00-4:00P | \$30/\$35

Karner Farm

Pokémon Journey.....3+

Discover Pokémon with a naturalist! We will explore the similarities between animals in the wild and the Pokémon we find while hiking. We will discover different habitats and learn about how animals are categorized in the animal kingdom.

6/17 | Sa | 1:00-3:00P | \$7/\$9

Pollinator Storytime around the Hive.....3+

Have you heard the buzz? National Pollinator Week is June 18-24. Join us for a story, songs and craft all about bees and other native pollinators. The program will be on the pathway to our bee hives at Karner Farm so we can observe the hives from a distance. We will also use nets to catch and observe our native pollinators that may be fluttering in the gardens nearby.

• Karner Farm
6/21 | W | 5:00-6:30P | \$7/\$9

Discovery at Dusk.....5+

We will hit the trails for a sunset hike while searching for the animals most active during twilight. We might be lucky enough to spot fireflies! After the hike, bask in the glow of a campfire, roast s'mores and listen to some stories.

7/14 | F | 8:00-10:00P | \$7/\$9

Little Hikers.....All Ages

Join our Naturalist on a nature discovery walk. Enjoy silly songs and fun activities to keep all ages, from babies to school-aged, engaged. This program has a reservation fee. When you attend, the fee is returned to your account to use for a future program.

5/4, 6/1, 8/3 | Th | 10:30-11:30A | \$5/\$7 per family

Fishing & Kayaking Adults & Seniors

Marshbank Park

Fish with a Hero.....3+

Join members of West Bloomfield's Fire Department, for some family fishing fun. Fishing equipment will be provided. If you plan on catching anything and are older than 17, you will need a fishing license.

6/28 | W | 5:30-7:00P | \$7/\$9

Intro to Kayak Fishing w/ the Bassquatch Hunter.....6+

Mike has been fishing for a living and filming "The Bassquatch Hunter" show since 2015. Mike and friends will teach you how to bait a hook, catch, handle and safely release fish. You will also learn about kayak safety, how to catch fish from a kayak and have the opportunity to check out the kayaks that professional fishermen use.

8/10 | Th | 5:45-8:00P | \$7/\$9

Family Kayak.....8+

Discover the fun of kayaking on scenic Cass Lake during this naturalist-led paddle. Upon arrival, receive a brief lesson on how to successfully enter, exit and paddle. Fee is per person, choose single or double kayak at registration. All equipment is provided, including life jackets.

8/16 | W | 7:00-8:30P | \$38/\$43

Senior Kayak

Fun on the water doesn't have to end as you age. Join us as we explore Cass Lake, the largest and deepest lake in Oakland County. Must be able to get in and out of a kayak with minimal assistance. All equipment is provided, including life jackets. Fee is per person, choose single or double kayak at registration.

8/16 | W | 10:00-11:30A | \$38/\$43

Check out our Single Day Nature Camps on page 19!

Native Garden Design & Planting

Learn some basics about designing your native landscape and how to plant it. Join Brendan Nolan of Plants for Ecology for an informative presentation about native plants. Time will be reserved at the end for questions. WB Parks is hosting a native plant sale, see page 8. This is the perfect program to attend before you order!

5/4 | Th | 6:00-7:30P | \$5/\$7

Nature Trivia

This naturalist-led trivia night is bound to be a blast! You can compete individually or in a group of up to 3 people (each person must register). The nature topic of choice will be determined on the West Bloomfield Parks Facebook/Instagram pages by popular vote, so stay tuned!

8/25 | F | 6:00-7:30P | \$5/\$7

Night Hike

Experience the trails after dark on a naturalist-led hike. Please bring a flashlight, bug spray and comfortable walking shoes. Ages 16+ welcome.

Marshbank Park

8/30 | W | 8:30-10:00P | \$5/\$7

Senior Seasonal Hikes

Join our Naturalist on a nature discovery walk. Each walk ranges from 1-1.5 miles. Pre-registration required.

WB Woods Nature Preserve

4/26 | W | 2:00-3:30P

Recreation Activities Center
5/10 | W | 2:00-3:30P

Marshbank Park

6/14 | W | 2:00-3:30P

WB Woods Nature Preserve
7/12 | W | 2:00-3:30P

Mindfulness in Nature

This workshop is designed to cultivate mindfulness exercises by bringing your attention to the natural world. Participants will focus on nature, connect with their senses and practice self-care to support mental wellbeing. This program is not intended as therapy or treatment.

4/17 | M | 2:00-4:00P



Nature Open Hours

Come check out all the Nature Room and Outdoor Natural Play Area has to offer. The Nature Room inside the Recreation Activities Center has animal ambassadors (turtles, frogs and more), a craft, nature books and activities. The Outdoor Natural Play Area features natural elements for play, designed to engage children with nature. Naturalist staff will be on hand to answer your nature questions. Best of all - IT'S FREE! Children must be accompanied by an adult at all times.

Recreation Activities Center

Saturday, May 13 from 10 am-1 pm Wednesday, May 31 from 2-4 pm Wednesday, June 21 from 1-3 pm Wednesday, July 12 from 4-6 pm Saturday, July 22 from 10 am-12 pm Saturday, August 12 from 9 am-1 pm

Go Fish.....3+

Join us on our fishing pier located on Cass Lake to share in this great outdoor pastime! Never been fishing before? No problem! We will have staff on hand with a limited number of fishing poles provided for hands-on instruction to get you and your child started. Win a fishing themed prize if you catch the smallest or the largest fish! A simple craft and game will be available in case the fish aren't biting.

Special guest; Mike McKinstry of "The Bassquatch Hunter" TV show, will be sharing great fishing tips! This program will be catch and release of ALL fish. This event is on the DNR's free fishing weekend, so no fishing license is required.

Marshbank Park

6/11 | Su | 9:00-10:00A | \$9/\$11 6/11 | Su | 10:00-11:00A | \$9/\$11



Save the date:

Pollinator Festival

Sunday, August 27 at Drake Sports Park Free! Pre-registration not required.



Explore

Docent Training for Apple Island & Orchard Lake Museum Wednesday, May 10 • 7 pm Orchard Lake Museum - 3951 Orchard Lake Members, supporters, and volunteers are Learn to lead a group tour of the island or a 2nd grade class visit to the museum. RSVP by Monday, May 8 to contact@gwbhs.org.

Join GWBHS in Memorial Day Parades (Keego & Sylvan Lake) Monday, May 29 • 9 am - noon Walk, bike, or drive your classic car in the parade! Do you have a golf cart with a hitch to pull the GWBHS carriage? To volunteer contact duannesonneville@hotmail.com.

Apple Island Tours* Saturday & Sunday, Jun 10-11

Appreciation Reception Wednesday, July 12• 6-8 pm Orchard Lake Museum - 3951 Orchard Lake invited for refreshments and a raffle. RSVP appreciated to snelsen@gwbhs.org by 7/7.

Pine Lake Marina Tour* Wednesday, August 9 • 7 pm Pine Lake Marina - 3955 Orchard Lake Road Learn the history of the marina, water taxis. and trolley transportation. Limited space. Registration is required through WB Parks.

Classic Cars & Local Auto Pioneers Sunday, August 13 • 1-4 pm Orchard Lake Museum - 3951 Orchard Lake All are welcome to showcase their classic 10 am - 3:30 pm (last boat leaves) cars. Significant Buildings of Auto Pioneers Orchard Lake Museum - 3951 Orchard Lake Presentation at 2 pm & 3 pm. Reserve your See gwbhs.org/apple-island-tours/ for details space at snelsen@gwbhs.org.

*Sponsored with West Bloomfield Parks



Food & Farming May 14 Apple Island Jun 11 Resorts Jul 9 Classic Cars Aug 13

Winter Open House Dates 1st/2nd/4th/5th Sundays 1-4 pm 3rd Fridays 1-4 pm

Jul May Jun Aug 5/7 6/4 7/2 8/6 5/14* 6/11* 7/9* 8/13* 5/19 6/16 7/21 8/18 6/25 8/27 7/23

* Themed event





7/30

3951 Orchard Lake Rd. **GWBHS.org**

For more details, possible event changes, and a complete list of events, visit gwbhs.org/events.





Pre-paid, individual classes are available for most fitness classes.

Pilates Mat

A full body workout focusing on the core muscles, abdomen and spine. If you have an injury or special issue with your upper body, or have lower back problems (osteopenia or osteoporosis), you will learn the proper way to exercise the core muscles in a safe way.

Recreation Activities Center

Lisa Fein

5/1-6/5 | M | 9:00-10:00A | \$65/\$75 5/1-6/5 | M | 6:30-7:30P | \$65/\$75 5/3-5/31 | W | 9:00-10:00A \$65/\$75 6/12-7/17 | M | 9:00-10:00A | \$65/\$75 6/12-7/17 | M | 6:30-7:30P | \$65/\$75 6/14-7/19 | W | 9:00-10:00A | \$77/\$87 7/31-8/28 | W | 9:00-10:00A | \$65/\$75 7/31-8/28 | W | 6:30-7:30P | \$65/\$75 8/2-8/30 | W | 9:00-10:00A | \$65/\$75 No class 5/29, 6/19

Strength Training + Abs

This is the best way to speed up your metabolism, even better than cardio! You will be coached to make sure you are using the correct form when performing exercises that target all major muscle groups from head to toe.

Recreation Activities Center

Lisa Fein

5/2-5/30 | Tu | 9:00-10:00A | \$65/\$75 5/5-6/2 | F | 9:00-10:00A | \$65/\$75 6/13-7/18 | Tu | 9:00-10:00A | \$65/\$75 6/16-7/21 | F | 9:00-10:00A | \$77/\$87 8/1-8/29 | Tu | 9:00-10:00A | \$65/\$75 8/4-9/1 | F | 9:00-10:00A | \$65/\$75 No class 7/4

Zumba®

We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning, dance fitness party. Come ready to sweat and prepare to leave empowered and feeling strong.

- Brenda Pamela Zarinana
- O Drake Sports Park 5/10-5/31 | W | 6:30-7:15P | \$49/\$54
- Marshbank Park 6/14-7/5 | W | 6:30-7:15P | \$49/\$54

Zumba® Gold

Join us for a modified Zumba® class that recreates the original moves, at a lower-intensity. This low impact choreography focuses on balance, range of motion and coordination.

Brenda Pamela Zarinana

- O Drake Sports Park
 5/5-6/2 | F | 11:30A-12:15P | \$49/\$54
- Marshbank Park
 6/16-7/7 | F | 11:30A-12:15P | \$49/\$54
 No class 5/12

Cardio Combo

A complete workout; strength training for the upper & lower body, cardio & flexibility. You'll get great conditioning for your heart and lungs with low impact aerobics and you'll speed up your metabolism strengthening your abdominal muscles and back. Stretching will keep the muscles flexible and prevent injury.

Recreation Activities Center

Lisa Fein

5/3-5/31 | W | 6:30-7:30P | \$65/\$75 6/14-7/19 | W | 6:30-7:30P | \$77/\$87 8/2-9/6 | W | 6:30-7:30P | \$65/\$75 No class 8/16

Yang Family Tai Chi

This style of Tai Chi is gentle and graceful, will help relax the mind and body, relieve stress and tension, and develop balance, flexibility and muscle tone. The advanced class is

only for those that have previously taken class with the instructor. We will practice Yang Style Saber form and Hand forms. Beginner = 9 am, Intermediate = 10 am, Adv. = 11 am

Recreation Activities Center

Han Hoong Wang 5/6-6/17 | Sa | \$65/\$75 7/1-8/12 | Sa | \$75/\$85 No class 5/27

Integrated Yoga

Yoga postures, meditation, breathing exercises and mindfulness are combined to create a safe and fun approach to calm the mind and find ease of movement. Not strenuous, yet still challenging, this class is a "work in" not a "work out."

Recreation Activities Center

Katherine Schaefer

5/1-6/5 | M | 10:30A-12:00P | \$75/\$85 No class 5/29

Integrated Yoga Therapy

This class is adapted for those who have injuries or physical limitations. Chairs are available for assistance. Most of the class involves standing, moving in a variety of ways, balancing and using the wall. A lot of focus is on the feet, joint mobility and balance.

Recreation Activities CenterKatherine Schaefer

5/4-6/8 | Th | 2:00-3:30P | \$75/\$85 No class 5/18

Yoga and More

Focus on the therapeutic benefits of yoga for both body and mind with Julie Levinson, Certified Yoga Therapist. Improve your balance, strength, flexibility and mobility. Attention to breathwork and meditation are included in this practice. Some prior yoga experience suggested.

Julie Levinson, E-RYT, C-IAYT

O Drake Sports Park

5/10-5/31 | W | 10:30-11:30A | \$57/\$67

Recreation Activities Center
 6/11-7/19 | W | 10:30-11:30A | \$83/\$93
 8/2-8/30 | W | 10:30-11:30A | \$70/\$80
 No class 4/19

Barre by the Bay

Overlooking Cass Lake and using the rails by the fishing pier, we will flex and flow our way through a workout. Barre engages all muscles and incorporates low-impact movements. Music and light weights will be provided. No experience necessary.

Marshbank Park

Alicia Long, RYT-200

6/13-7/18 | Tu | 5:00-6:00P | \$55/\$65 8/1-8/29 | Tu | 5:00-6:00P | \$55/\$65 No class 7/4

Sunset Yoga

A yogi favorite every year! Meet at the top of the hill at Marshbank Park for gentle yoga as the sun dips down. This class is perfect for beginners and the instructor will guide you through the entire practice.

Marshbank Park

Alicia Long, RYT-200

6/13-7/18 | Tu | 6:30-7:30P | \$65/\$75 8/1-8/29 | Tu | 6:30-7:30P | \$65/\$75 No class 7/4

Essentrics

This class will rebalance your body, unlock tight joints, restore connective tissue, and relieve tension in overworked muscles. Distilled from Tai Chi, dance technique and physiotherapy. Class is done barefoot and consists of standing, floor and chair exercises.

Robin Gillis

O Drake Sports Park
5/4-6/1 | Th | 10:00-11:00A | \$60/\$70

Recreation Activities Center

Lauren Bauer

6/15-7/20 | Th | 10:00-11:00A | \$71/\$81 8/3-8/31 | Th | 10:00-11:00A | \$60/\$70

Popular Motown Hustles

Learn popular hustle dances that are done in clubs and social events. The hustle is a form of line dancing with a variety of moves and turns. Individuals and couples are welcome.

Recreation Activities Center 5/4-6/8 | Th | 7:30-8:30P | \$55/\$65

Motown Ballroom

This popular style of ballroom dance stems from the "baby boomer" generation and combines the "Social" and the "Cha-Cha" often seen at weddings and other social events. You will learn basic ballroom steps and several dance combinations. Individuals and couples are welcome. The last class of each session will run an additional hour.

Recreation Activities Center5/4-6/8 | Th | 6:30-7:30P | \$75/\$85

Tennis: Skill Building

Clinic will focus on improving each intermediate players' skills. Player will decide the skills they need to work on for improvement during each session.

O Drake Sports Park 5/24-6/2 | W,F | 5:00-6:00P | \$75/\$85

Tennis: Advanced

This clinic is for advanced players. Clinic will focus improving skills and teach proper forehand, backhand, strategy and ball spin.

O Drake Sports Park 5/24-6/2 | W,F | 6:15-7:15P | \$75/\$85

Botanical Colored Pencil

Capture an accurate, scientific depiction of a seed pod, leaf, stone, mineral or flower using colored pencils and direct observation. A \$5 material fee will be collected in the first class. Supply list provided with registration receipt.

Marshbank Park 5/9-6/13 | Tu | 1:00-4:00P | \$185/\$200

Knitting Inspiration

Are you looking to begin knitting? Do you need inspiration and instruction to start new projects? This class is for all levels, so come learn a new skill, tackle a tricky pattern or rekindle your love of knitting.

Recreation Activities Center
 5/17-6/21 | W | 10:00A-12:00P | \$88/\$98
 7/12-8/16 | W | 10:00A-12:00P | \$88/\$98

Mah Jongg Beginner

If you have been wanting to learn the popular game of Mah Jongg, this beginner's class is for you! Learn the basics of playing and keeping score following the National Mah Jongg League rules. There will be a \$14 material fee collected the first day of class.

Recreation Activities Center
 5/17-6/7 | W | 1:00-4:00P | \$45/\$50
 7/5-7/26 | W | 1:00-4:00P | \$45/\$50

Canasta

Learn the popular game of Canasta! This class is for beginners who have never played before or for those who have just learned but need to sharpen their game. You will learn game basics and strategies to win. There will be a \$10 material fee collected the first day of class.

Recreation Activities Center 6/26-7/24 | M | 9:00-11:00A | \$65/\$75 No class 7/3

Canasta Advanced

This class is for the intermediate or advanced player who wants to build on their Canasta skills and learn more about the strategies to strengthen their game! There will be a \$10 material fee collected the first day of class.

Recreation Activities Center5/15-6/12 | M | 9:00-11:00A | \$65/\$75

Men's Softball

Fall Leagues will be at Drake Sports Park on Tuesdays and Thursdays. The top 6 teams participate in a single game elimination tournament at the conclusion of the season. Registration begins 7/3 for returning teams and 7/24 for new teams. Visit wbparks. org/softball for more information. Team Fee: \$675 (early registration discount doesn't apply)

Pickleball programs are all listed on page 30!

Finance Seminars

Early registration discounts do not apply.

Investment Education & Retirement Planning

Learn how to organize your investments, set planning goals, and ways to earn high interest on your cash using CDs, Treasury Bills and bonds. Also best investments using mutual funds, ETFs, stocks and bonds. We will discuss today's investment environment and how to invest during high interest rates, inflation and a possible recession.

Recreation Activities Center
5/4-5/11 | Th | 6:00-7:30P | \$5/\$7

Social Security: Preparing for Retirement

Social Security claiming strategies can be complex. This seminar discusses important considerations for retirement and how working with investment and tax professionals may help put it all in perspective.

Recreation Activities Center 5/10 | Th | 2:30-4:00P | \$5/\$7

Probate Court Basics

This class will educate you on the probate court's function and purpose. Also discussed: different types of estates, estate administration, the benefits of having a will, guardianships and conservatorships.

Recreation Activities Center 6/22 | Th | 2:00-4:00P | \$5/\$7

Estate Planning Basics

Learn the benefits and goals of proper estate planning. The instructor will explain important legal documents; such as revocable living trusts, last will and testaments, durable powers of attorney and patient advocate designations.

Recreation Activities Center 8/24 | Th | 2:00-4:00P | \$5/\$7



Business Cycle Approach to Sector Investing

The 2022 stock market was one of the top 10 worst years in its history. Despite the performance of the averages, two sectors of the S & P were positive. This class provides details on how you can take advantage of opportunities that arise due to the performance of 11 sectors in each phase of the economy.

Recreation Activities Center 6/15 | W | 2:30-4:00P | \$5/\$7

Real Estate 101

This course will teach you how to buy and sell properties. Some of the topics include: how to prepare your home to get the highest sale price, mortgages, credit and the lending process. Also home warranties, home inspections, title insurance as well as the forms needed to buy and sell a property.

Recreation Activities Center 5/18 | Th | 1:00-2:30P | \$5/\$7

Estate Planning Basics

Learn the benefits and goals of proper estate planning. The instructor will explain important legal documents; such as revocable living trusts, last will and testaments, durable powers of attorney and patient advocate designations.

Recreation Activities Center 8/24 | Th | 2:00-4:00P | \$5/\$7



All programs require pre-registration unless noted otherwise.

Medicare 101

You will learn about each part of original Medicare as well as how, and why, it can be paired with either a Medicare Supplement or Medicare Advantage Plan. No specific plan or plan premium will be presented. A healthy snack will be provided.

Recreation Activities Center
5/17 | W | 1:00-3:00P | \$5/\$7

Friday Lunch @ the RAC

We will serve a boxed lunch, catered by Honey Baked Ham.

May - Turkey or Veggie Sandwich July - Ham or Veggie Sandwich

Recreation Activities Center
5/19 | F | 11:30A-12:30P | \$9
7/21 | F | 11:30A-12:30P | \$9

Bingo Connect Members Only

You will be given three cards to play at a time in six rounds of bingo. Must be over 60 to participate. Takes place on Fridays from 1-2 pm, dates below.

Recreation Activities Center 4/28 | 5/19 | 6/9 | 7/21 | 8/11

Senior Tennis Clinic

This class is for beginner through intermediate players. Clinic will focus on forehand, backhand, serves and volleys using drills, games and point situations. Participants will be grouped based on ability level.

O Drake Sports Park 5/23-6/1 | Tu, Th | 10:30-11:30A | \$70/\$80

Chair Exercise

This class works on both the upper and lower body of those who find it difficult to stand and exercise for an hour. Using a chair, you will work on strength, balance and stretching. Fall prevention techniques are also discussed. Pre-paid individual classes available. Eligible for \$5 early registration discount.

Recreation Activities Center
 Lisa Fein
 5/1-6/5 | M | 1:00-2:00P | \$70/\$80
 5/5-6/2 | F | 1:00-2:00P | \$70/\$80

5/1-6/5 | M | 1:00-2:00P | \$70/\$80 5/5-6/2 | F | 1:00-2:00P | \$70/\$80 6/12-7/17 | M | 1:00-2:00P | \$70/\$80 6/16-7/21 | F | 1:00-2:00P | \$82/\$92 7/31-8/28 | M | 1:00-2:00P | \$70/\$80 8/4-9/1 | F | 1:00-2:00P | \$70/\$80 No class 5/19, 5/29, 6/19

Gentle Chair Yoga

Focus on the therapeutic benefits of yoga for both body and mind with Julie Levinson, Certified Yoga Therapist. Improve your balance, strength, flexibility and mobility. Attention to breathwork and meditation are included in this practice. Eligible for \$5 early registration discount.

○ Drake Sports Park
○ Julie Levinson, E-RYT, C-IAYT
5/10-5/31 | W | 12:00-1:00P | \$62/\$72
6/14-7/19 | W | 12:00-1:00P | \$75/\$85
8/2-8/30 | W | 12:00-1:00P | \$75/\$85
No class 6/21

Line Dance

With roots in country and western dancing, line dancers now step to a wide variety of popular music. It's a great way to exercise! Age and ability doesn't matter. Preregistration is now required.

Recreation Activities Center 5/9-8/29 | Tu & F | 11:00A-12:00P | \$5/\$7 per class No class 7/4, 7/7

Senior Resource Group*: Talk Time

Talk Times are sponsored by the West Bloomfield Chamber's Senior Resource Group, a network of professionals that look to connect seniors with knowledge and resources on relevant topics.

Recreation Activities Center

W | 10:30A-12:00P

May 17

American Stroke Association says strokes are 80% preventable. Speakers are all from Henry Ford Health.

- Strokes: First the Science
- Role of fitness in stroke prevention
- Eat healthy for life. What & how?

June 21

Alzheimer's Awareness - 10 ways to love your brain.

- Brain teasers and more. Debi Banooni, Director, Brown Adult Day Care Center.
- Alzheimer's in the home. Matt Yaari, My Family Home Care.

July 19

Summer fun and sun the safe way.

- Skin cancer prevention, diagnosis & treatment. Daniel Tomlinson, WB Dermatology & Mohs Surgery.
- Pamper and protect your skin.
 Professional Esthetician, WB
 Dermatology & Mohs Surgery.
- Red Shoe Day Lyme disease and seniors. Disease Expert, Corewell Health.

August 16

This session runs 10:30A-12:30P

WB Fire Department Station #5

August is National Medic Alert Month - A matter of life and death. Speakers are all from the WB Fire Department.

- In an emergency are you truly prepared?
- We've all heard, "Help I've fallen.." But you haven't heard why paramedics need your help too.

Veterans Meet-Ups:

May: Trip to Great Lakes National Cemetery & Lunch

Hop on our bus and join us for a tour of the Great Lakes National Cemetery. Lunch will be on your own at the Deer Lake Inn, Clarkston, after our tour. Spouses are welcome to register as well.

Recreation Activities Center
5/4 | Th | 10:00A-2:45P | \$7/\$9

July: Picnic

Join us at Bloomer Park Shelter for a summer picnic lunch, catered by Meals on Wheels. Free for veterans. Guest fee: \$7/\$9

7/12 | W | 11:00A-12:00P

Exercise Your Mind:

Recreation Activities Center

Knee Treatments

Come learn everything you need to know about knee treatment: Including robotic partial knee replacement with Dr. Michael Fleischman from Straith Orthopedics. Boxed lunch from Honey Baked Ham included.

6/27 | Tu | 1:00-2:00P



Connect Member Programs:

Pre-registration required.

Recreation Activities Center

Strawberry Shortcakes

Free!

Join us for our 3rd annual Strawberry Shortcake Dessert Day! One dessert per member.

6/1 | Th | 10:00-11:00A

Ice Cream Floats

Join us for a root beer float, Boston Cooler or scoop of ice cream. Stay and mingle with fellow Connect members or take a float to-go.

8/10 | Th | 2:00-3:00P

Senior Nature Programs

Don't miss our Senior Hikes and Senior Kayak on page 23!

Drop-in Open Game Room

Please bring your own game supplies and a friend. Free for Connect members and \$2 for non-members.

• Recreation Activities Center 5/8-8/31 | M, Tu | 1:00-4:00P | \$0/\$2 Skip dates: 5/1, 5/29, 6/19, 7/4, 8/8.

Summer Craft with Kari

Join us for a summer "Kraft with Kari" from CarePatrol. All materials are included. Refreshments provided.

Refreshments provided.

Recreation Activities Center

| W | 1:00-3:00P

Free!

Tech Talk

Technology is ever-changing and it can feel impossible to keep up! Let our teen volunteers help you navigate your technology questions with patience and knowledge. Class topics below. Classes are held from 4-5:30 pm.

WB Township Public Library 6/5: Google Maps / Open Q&A 8/7: Maps / Open Q&A

Pine Lake Marina Tour

Gather at Pine Lake Marina for a walking tour with historical information about the longtime marina, water taxis and trolley transportation. We'll walk to the Interurban railway bed. Park on Seminary Road and meet at 3599 Orchard Lake Road. Program offered in collaboration with Greater West Bloomfield Historical Society.

Pine Lake Marina
8/9 | W | 7:00-8:00P | \$8/\$10

Pickleball:

Full descriptions available at wbparks.org/pickleball. Due to the popularity of pickleball, nonresidents may register two weeks after registration opens for residents on 4/3 (i.e. 4/17), pending availability.

O Drake Sports Park

Pickleball 100

Jan Walton

5/16 Tu 2:00-3:30P \$25/\$30 50+
5/16 Tu 4:00-5:30P \$25/\$30 18+
5/17 W 12:30-2:00P \$25/\$30 50+
5/17 W 2:30-4:00P \$25/\$30 50+
5/23 W 2:00-3:30P \$25/\$30 50+
5/23 Tu 4:00-5:30P \$25/\$30 18+
5/24 W 2:30-4:00P \$25/\$30 50+
6/13 Tu 4:30-6:00P \$25/\$30 18+
6/14 W 2:30-4:00P \$25/\$30 50+
6/20 Tu 3:00-4:30P \$25/\$30 50+
7/12 W 2:30-4:00P \$25/\$30 50+
8/16 W 2:30-4:00P \$25/\$30 50+
8/23 W 1:00-2:30P \$25/\$30 50+

Pickleball 105:

Maureen Nelson

5/16 | Tu | 9:00-10:30A | \$25/\$30 | 18+ 5/23 | Tu | 9:00-10:30A | \$25/\$30 | 18+ 6/6 | Tu | 9:00-10:30A | \$25/\$30 | 18+ 6/20 | Tu | 9:00-10:30A | \$25/\$30 | 18+ 7/11 | Tu | 9:00-10:30A | \$25/\$30 | 18+ 8/8 | Tu | 9:00-10:30A | \$25/\$30 | 18+ 8/22 | Tu | 9:00-10:30A | \$25/\$30 | 18+

Pickleball 200

Pre-requisite: Pickleball 100

Jan Walton

5/24 W 1:00-2:00P \$20/\$25 50+
6/13 Tu 3:00-4:00P \$20/\$25 50+
6/14 W 1:00-2:00P \$20/\$25 50+
6/20 Tu 5:00-6:00P \$20/\$25 18+
6/21 W 3:00-4:00P \$20/\$25 50+
7/11 Tu 5:00-6:00P \$20/\$25 18+
7/18 Tu 3:00-4:00P \$20/\$25 50+
8/22 Tu 3:00-4:00P \$20/\$25 50+

Pickleball 250

Pre-requisite: Pickleball 200

Jan Walton

▼ = ▼
6/21 W 1:30-2:30P \$20/\$25 50+
7/11 Tu 3:30-4:30P \$20/\$25 50+
7/18 Tu 4:30-5:30P \$20/\$25 18+
7/19 W 1:30-2:30P \$20/\$25 50+
8/15 Tu 3:30-4:30P \$20/\$25 50+
8/22 Tu 4:30-5:30P \$20/\$25 18+

Pickleball 300

Pre-requisite: Pickleball 250

Jan Walton

7/12	W	1:00-2:00P	Ī	\$20/\$25	Ī	50+
7/19	W	3:00-4:00P	Ī	\$20/\$25	Ī	50+
8/15	Tu	5:00-6:00P	Ī	\$20/\$25	Ī	18+
8/16	W	1:00-2:00P	Ī	\$20/\$25	Ī	50+
8/23	WI	3.00-4.00P	ï	\$20/\$25	ï	50+

Above 3.5, ages 18+:

5/10-6/14 | W | 6:30-8:00P | \$25/\$30 6/21-7/26 | W | 6:30-8:00P | \$25/\$30 8/2-9/6 | W | 6:30-8:00P | \$25/\$30

Above 3.5, ages 50+:

5/11-6/15 | Th | 9:00-10:15A | \$25/\$30 6/22-7/27 | Th | 9:00-10:15A | \$25/\$30 8/3-9/7 | Th | 9:00-10:15A | \$25/\$30

Pickleball 350

This four-week clinic is for intermediate/advanced players (3.0+ rating). Ages 18+.

Rick Schmidt

5/4-5/25 | Th | 6:00-8:00P | \$75/\$85 6/1-6/22 | Th | 6:00-8:00P | \$75/\$85 6/29-7/27 | Th | 6:00-8:00P | \$75/\$85 8/3-8/24 | Th | 6:00-8:00P | \$75/\$85 No class 7/6

Doubles Ladder

Judy St. Amand

Below 3.5, ages 18+:

5/10-6/14 | W | 5:00-6:15P | \$25/\$30 6/21-7/26 | W | 5:00-6:15P | \$25/\$30 8/2-9/6 | W | 5:00-6:15P | \$25/\$30

Below 3.5, ages 50+:

5/11-6/15 | Th | 10:30A-12:00P | \$25/\$30 6/22-7/27 | Th | 10:30A-12:00P | \$25/\$30 8/3-9/7 | Th | 10:30A-12:00P | \$25/\$30

PICNIC IN THE PARK

Thursday, June 8 at 12:00 pm

\$5/\$7

Marshbank Park Shelter

Enjoy the music of Mark Reitenga and a great picnic lunch. We will be under the Mapleridge shelter, but feel free to bring lawn chairs to sit in the sun or shade of the trees.

Lunch will include: fried chicken and a biscuit, coleslaw, watermelon and a treat for dessert.

Sponsored by:









Meet Our FAMILY of PHYSICIANS

Maple Manor Rehab and Neuro Centers are one of the only

physician-family owned and operated rehabilitation centers in the state of Michigan, with physicians on-site daily to direct patient-centered care.

Our team of physicians and therapists are on site seven days per week and specialize in a complete range of rehabilitation.

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- · Board Certified Physicians
- Psychiatrist
- Nurse Practitioners
- · Physician Assistants
- Administrators
- Rehabilitation Nurses
- Certified Nursing Assistants • Respiratory Therapists
- · Behavioral / Cognitive Therapists





Physical Therapists

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Innatient and Outpatient Rehabilitation Assisted Living and Long-Term Living Options

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HOWELL Coming in 2023



MapleManorRehab.com

Detroit Tigers Game

Join us for an afternoon at the ballpark. Price includes: round-trip transportation to and from Comerica Park, an outfield box seat and a \$10 lunch voucher. Tickets are limited!

7/27 | Th | 11:00A-6:00P | \$57/\$67

Summertime Senior Picnic

Come enjoy the day at Independence Oaks County Park. Enjoy fishing, archery, a nature education program, lawn games and pontoon boat rides. Lunch of hot dog, chips and lemonade included

8/16 | W | 10:00A-3:00P | \$15/\$20

Royal Eagle: Russian Tea*

In the tradition of the Grand and Elegant Court of Imperial Russia, the Royal Eagle Restaurant, at the St. Sabbas Monastery in Harper Woods offers a seven-course Russian Tea. The Tea features an exotic selection of luncheon foods, homemade soup, finger sandwiches, desserts, as well as a selection of tea varieties from around the globe.

8/22 | Tu | 10:00A-3:00P | \$49/\$54

Selfridge Military Air Museum

Met Opera Live Stream*

production of the Champion. Live-

Phoenix Theatre in Livonia. Truly a

Digital Cinema, heated reclining

seats, reserved seating, assisted listening, closed caption.

5/3 | W | 12:00-5:15P | \$29/\$34

streamed on the large screen, at the

unique way to experience the opera.

Experience the Met Opera Live

Join us for an afternoon on post at Selfridge Air National Guard Base, home of the 127th Wing of the Air Force. Enjoy lunch featuring a burger bar buffet at Mulligan's followed by a self-guided tour through the Selfridge Military Air Museum. Due to security reasons, date of birth and driver's license or state ID number must be provided at registration for background checks to get on post. 5/13 | Sa | 10:15A-4:00P | \$38/\$43

Tuesday at Eastern Market

This trip is perfect for stocking up on fresh produce, baked goods and meats. Visit some of the specialty shops and have lunch on your own at one of the area restaurants.

6/13 | Tu | 9:30A-3:00P | \$7/\$9

Murals in the Market & Lunch*

Explore "Murals in the Market," with guide Linda Yellin of Feet on the Street Tours. Discover the history and culture of the Eastern Market and the stories behind these wonderful pieces of street art. The tour will be part bus and walking, and will include a sampling of meats, cheeses and nuts from area shops. Lunch will be on your own in Eastern Market.

6/27 | Tu | 9:15A-3:45P | \$29/\$34

Portofino on the River **Brunch & Cruise***

Join us for a day trip to Portofino on the River, in Wyandotte. Outing includes brunch and a two-hour narrated cruise on the Detroit River. Brunch includes: scrambled eggs, sausage, bacon, has browns, salmon and fresh fruit.

7/12 | W | 10:15A-4:15P | \$61/\$71

Detroit Symphony Orchestra

Respect: A Tribute to **Aretha Franklin**

Aretha Franklin's music, activism, faith, and strength are woven into the fabric of American history. Celebrate the singer, the icon, the leader, and her greatest hits, including "Respect," "Chain of Fools," "Natural Woman," "Think," and "Amazing Grace."

5/26 | F | 9:15A-1:45P | \$61/\$71



All trips leave from the Recreation Activities Center.

SENIOR RECREATION

To schedule a home pickup through West Bloomfield Community Transit, call (248) 706-2411.

Restaurant Ramblers

We make the reservations and provide the transportation while you choose what to eat and pay for the meal. Each trip is \$5/\$7.

Registration Event:

The registration process is a lottery style registration which includes a continental breakfast available between 9-10 am. Those pre-registered in the lottery will receive a \$10 discount to be used toward any trip registration that morning. Phone reservations will be taken at 1 pm.

5/5 | F | 9:00A-11:00P | \$10

Too-Ra-Loo: Rochester \$\$ W 6/7, F 6/9, W 6/14 | 11:15A-2:45P | \$5/\$7

A Plus Crab: Auburn Hills \$\$ W 6/21, F 6/23, W 6/28 | 11:15A-2:45P

Anita's Kitchen: Lake Orion \$\$ W 7/19, F 7/21, W 7/26 | 11:15A-2:45P

Redwood Grill: Waterford \$\$ W 8/2, F 8/4, W 8/9 | 11:30A-2:30P

Czapski's: Milford \$\$ W 8/23, F 8/25, W 8/30 | 11:15A-2:45P

Sedona Taphouse: Troy \$\$ W 9/13, F 9/15, W 9/20 | 11:15A-2:45P

> \$ Under \$20 \$\$ Between \$20-\$30 **\$\$\$ Over \$30**

*These programs are sponsored by the West Bloomfield Chamber's Senior Resource Group, a network of professionals that look to connect seniors with knowledge and resources on relevant topics. Sponsors contribute to each trip to help reduce trip costs.



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