



Challenger Sports Health and Safety COVID19 Guidelines and Protocols - 2021

Introduction:

Challenger Sports has created a detailed document of health and safety guidelines to implement at all Challenger Sports in-person youth programs. All coaches will be required to abide by the following guidelines in order to prioritize and maintain the health and safety of all participants, parents and staff.

These are the guidelines for Challenger Sports, but there may be differences depending on what state you are working in, and their current guidelines. Local guidelines will always take precedent in regards to health and safety and curriculum content.

Your Regional Director will highlight any differences from this handbook to your camp.

Responsibilities:

Organization responsibilities:

- Discuss with your Regional Director if camp has any specific agreements with the local organization other than listed in this handbook.

Coach responsibilities:

- Safety of all players
- Ensure everyone is adhering to new practices in place
- Wear masks at check in/check out and during any other interactions, unless told otherwise
- No high 5s or physical contact with players
- Coaches must adhere to social distancing at all times
- Cleaning and disinfecting equipment at the start and after completion of each day of camp
- Display CDC posters in relevant areas before & after camp each day
- Coaches are responsible for numbering soccer balls for all players on their roster (Monday morning), setting up each players soccer locker and numbering as per their roster, and preparing grid prior to start of camp (every day)

Player responsibilities (parents have received this information prior to the camp - this is for your reference)

- Masks are mandatory upon arrival, departure and when not physically active during activities.
- Players are asked to bring hand sanitizer but coach can distribute if needed
- No high 5s or physical contact with other players
- Players must adhere to social distancing at all times
- No touching of anyone else's soccer balls/equipment
- Must remain in designated soccer locker for any breaks

Parent responsibilities (parents have received this information prior to the camp -

this is for your reference):

- Complete relevant paperwork and waivers beforehand
 - Ensure child feels well and comfortable with attending camp prior to arrival
 - Check temperature and symptoms before arrival at camp each day ●
- Physically sign in and out children each day
- Keep physically distanced from other parents/families/campers
 - Only 1 parent/guardian to accompany player to check in/out
 - Send child with enough water and refreshments for ALL day
 - If full day, send child with something to keep occupied over 1 hour lunch-break

WHAT TO DO IF A CHILD DISPLAYS COVID SYMPTOMS

At check in -

- If a child responds yes to any of the screening questions, or has a temperature above the acceptable range, ask them to leave.
- Complete 'accident report form' and record symptoms; keep this safely in directors' pack to return to HQ.
- Report to RD immediately. RD will follow next steps to ensure all procedures are followed.

During camp -

- report to the parent immediately and have parent collect child immediately.
- Have the child sit in soccer locker until parent arrives.
- Report to RD immediately. RD will follow next steps to ensure all procedures are followed.
- Complete 'accident report form' and record symptoms; keep this safely in directors' pack to return to HQ.

Symptoms of COVID19 to look out for

Fever - Cough - Shortness of breath

New Equipment (all to be shipped with balls & t-shirts):

Disinfectant / Cleaner + spray bottles - 1 per program

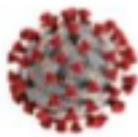
Hand sanitiser - 1 16oz bottle per camp

Plastic gloves/ medical gloves - 50 pair per

camp Masks for coaches - 1 per coach for the

week Thermometer - 1 per camp
CDC Posters
Medical Packs - 1 per program
Markers/pens - 5 per program
Camp Balls and T-shirts

What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.



CORONAVIRUS

cdc.gov/coronavirus

Documents to be signed by parent and handed in at registration or at the very latest at the end of Monday's session - these will be added to camp waiver on Configio - for all camps not registering players through configio these must be available in Directors packs



Camper Name: _____ Camp Location: _____ Session: _____

PRE-CAMP HEALTH SCREENING

Dear Camp Families,

In an effort to minimize illness at camp we ask that you check on the health of your camper daily beginning 7 days prior to camp. The best camp sessions start with healthy campers and this begins at home. Please bring this completed form to camp on opening day.

Please indicate if your camper has any of the following symptoms prior to camp. We recommend that you record a temperature daily for a period of at least four days prior to camp. If any temperature or symptoms are present, please have your camper evaluated by a licensed provider and contact camp for further guidance.

Symptoms :

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle Pain
- Sore throat
- New loss of taste or smell
- Nausea
- Vomiting
- Diarrhea

Please initial

1. My child has not been around anyone with any of the listed symptoms or diagnosis of COVID19 in the 14 days before the start of camp.

Initial _____

2. No one in our household has been sick in the 14 days prior to camp.

Initial _____

3. My child has not traveled by air or traveled out of state in the 14 days prior to camp.

Initial _____

4. My child has adhered to our state's guidelines regarding COVID19.

Initial _____

Parent Name: _____

Parent Signature: _____ Date: _____ 2020