

JUNE

See the Connect Team at the Recreation Activities Building (RAC) to stay up to date on information. Transportation will continue M-F 8:30a.m.-4p.m. 4640 Walnut Lake Rd. West Bloomfield, MI 48323. Schedule available at www.wbparks.org/adult-50. To schedule a transport, please call: 248.706.2411.

Color Key:

- ◆ RAC Tents (Outside of RAC)
- ◆ RAC Room #101
- ◆ RAC Room #102
- ◆ Nature Room
- ◆ Travel / Trip
- ◆ Library Room/Civic 4600 Walnut Lake.
- ◆ Abbott School 3380 Orchard Lake.
- ◆ Office Closed
- ◆ Marshbank Lodge 2805 Hiller Rd.

Helpful Notes:

- ◆ Essentrics Class 1: Toning
- ◆ Essentrics Class 2: Aging Backwards
- ◆ Coffee Service: Coffee services will be provided weekdays at the RAC Monday-Friday between the hours of 8:30a.m.-4:00p.m.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Veterans Meetup@11 MAHJ@1-4 Knitting@10-2	2 Stretch & Tone@9 Essentrics 1@10:30 Essentrics 2@11:30 Motown Ballroom@6:30 Motown Hustle@7:30	3 Line Dance@11 BINGO@1 Summer Blockbusters Trip	4 National Trails Day
5	6 Canasta@9 Open Game@1-4 Chair Ex@1 Pilates Mat@6:30	7 Stretch & Tone@9 Line Dance@11 Open Game@1-4 Member Day @10-11& 2-3 Walk WB@6:30p	8 Pilates Mat@9 Knitting@10-2 MAHJ@1-4 Art Camp@1 Township Health Fair@11-2	9 Stretch & Tone@9 Essentrics 1@10:30 Essentrics 2@11:30 Art Camp@1 Motown Ballroom@6:30 Motown Hustle@7:30	10 Line Dance@11 Exercise Your Mind@12 Art Camp@1	11 Free Fishing Weekend Walk WB@8a
12 Free Fishing Weekend	13 Pilates Mat@6:30 Canasta@9 Open Game@1-4 Chair Ex@1 Strength & Balance@1	14 Stretch & Tone@9 Line Dance@11 Strength Train@9 Open Game@1-4 Walk WB@6:30p	15 Knitting@10-2 MAHJ@1-4 SRG Talk Time@10:30-12 Cardio@6:30p Pilates Mat@9	16 Stretch & Tone@9 Essentrics 1@10:30 Essentrics 2@11:30 Motown Ballroom@6:30 Motown Hustle@7:30	17 Senior Single Mingle@2 ZumbaGold@12	18 Walk WB@8a
19 Father's Day Juneteenth @ WBHS	20 Offices Closed Honoring Juneteenth	21 Stretch & Tone@9 Line Dance@11 Strength Train@9 Open Game@1-4 Walk WB@6:30p	22 Pilates Mat@9 Knitting@10-2 MAHJ@1-4 Cardio@6:30p	23 Stretch & Tone@9 Essentrics 1@10:30 Essentrics 2@11:30 Motown Ballroom@6:30 Motown Hustle@7:30	24 ZumbaGold@12	25 Walk WB@8a
26	27 Pilates Mat@6:30 Canasta@9 Open Game@1-4 Chair Ex@1 Strength & Balance@1	28 Stretch & Tone@9 Line Dance@11 Strength Train@9 Open Game@1-4 Walk WB@6:30p	29 Pilates Mat@9 Knitting@10-2 MAHJ@1-4 Cardio@6:30p	30 Stretch & Tone@9 Essentrics 1@10:30 Essentrics 2@11:30 Motown Ballroom@6:30 Motown Hustle@7:30		