Registration opens April 6
Information accurate at time of printing.
Confirm program details online at wbparks.org.

Mother & Daughter Tea Party pg 8
Marshbank Music pg 10
Summer Camps pg 18
Canoe & Brew pg 28
Native Planting 101 pg 30
Senior Single Mingles pg 44

Mud Day pg 7

celebrating fifty years of wbparks

wbparks.org
(248) 451-1900
QUALITY HAS ITS REWARDS

When choosing a skilled nursing facility, nothing matters more than the quality of care and service delivered. But how do you judge quality without first-hand experience?

Fortunately, you can turn to impartial third-party experts who seek excellence - publishing annual assessments that help distinguish the very best in the industry. We are proud to announce that both Newsweek and U.S. News & World Report have each named West Bloomfield Health & Rehabilitation Center to their respective lists of “Best Nursing Homes” for 2020. It’s just more affirmation that quality has its rewards.

Come visit us and see how our award winning care and hotel-like amenities create the perfect environment for your short-term rehabilitative, and long-term nursing needs.
Welcome to West Bloomfield Parks’ Summer Guide. Inside, you’ll find great programs for you and your family to enjoy now through August.

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- Nature Programs ..........28
- Adult Programs
  Recreation ..........32
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COMMISSIONERS
Merv Aronoff  
David Barash  
Robert V. Brooks  
Michele Hembree

Vincent C. Kirkwood  
Gerald J. Sukenic  
Sally Wenczel

2020 COMMISSION MEETINGS
April 23  
May 28  
June 25  
July 23  
August 27  
September 24  
October 22  
November 19  
December 17

All meetings are at 7 pm at Town Hall (4550 Walnut Lake Rd.). They are open to the public and can be viewed online live at civiccentertv.com.

West Bloomfield Parks Recreation Activities Center  
4640 Walnut Lake Road  
West Bloomfield, MI 48323

Office Hours:  
Monday - Thursday, 8 am - 7 pm  
Friday, 8 am - 4:30 pm  
For park hours, see page 5

Connect Hours:  
Monday - Friday, 9 am - 4:30 pm

Phone: (248) 451-1900

Transportation Services: (248) 706-2411  
To schedule a ride; service for residents who are disabled or 55+.

Email: info@wbparks.org

Registration:  
To register for a program, call (248) 451-1900 or visit us online at wbparks.org or use our after hours drop box at the Recreation Activities Center. To view our customer service guidelines or refund policy, visit www.wbparks.org/registration-information.

Staff Contact Information:  
Contact information for individual staff can be found at: wbparks.org/staff.

When choosing a skilled nursing facility, nothing matters more than the quality of care and service delivered. But how do you judge quality without first-hand experience? Fortunately, you can turn to impartial third-party experts who seek excellence - publishing annual assessments that help distinguish the very best in the industry. We are proud to announce that both Newsweek and U.S. News & World Report have each named West Bloomfield Health & Rehabilitation Center to their respective lists of “Best Nursing Homes” for 2020. It’s just more affirmation that quality has its rewards.

6445 W. Maple Road   |   West Bloomfield, MI 48322
|   248-661-1600   |   wbhrc.com
2020 is an exciting year here at your WB Parks. We have already had a Grand Opening and a Re-Opening this year to kick off our 50th Anniversary. WB Parks’ Connect, a senior services facility on Orchard Lake Road, has been an immediate success. We have registered more than 300 members in only two months of operating. The reopening of our renovated Nature Room at the Recreation Activities Center also was well received. Our Grand Re-Opening had many excited children ready to explore nature with the new murals and live animal exhibits.

If that isn’t enough excitement, we are also opening Splash Landing in the summer of 2020. The four slides and 52 water features are sure to make a splash! The year of our 50th Anniversary will be a momentous one and we are glad you are celebrating with us. Here at WB Parks, we can’t wait to see what the next fifty years brings.

Jennifer Tucker, CPRP

Some of our favorite milestones from the past 50 years include:

1970: The West Bloomfield Parks and Recreation Commission was proposed and created by the Township Board and the first millage was passed.

1972: WB Parks took over operations from the Township for its first park, Sylvan Manor Park.

1977: The first West Bloomfield Marathon took place. It evolved into different races over the years but was operated through the mid-2000s.

1986: Bloomer Park hosted the first Haunted Forest/Fantasy Trail which has since transitioned into the very popular Trick-or-Treat Trail at Marshbank Park.

1989: The 162-acre West Bloomfield Woods Nature Preserve was purchased. It was the first in Michigan to receive recognition as an Urban Wildlife Sanctuary.
Splash Landing: Opening Summer 2020

Located at 6200 Farmington Road

Watch for updates online or in our weekly email blasts. There will be a grand opening date announced as a completion date is determined.

- Residents will be able to pre-purchase tickets
- Hours will be 11 am-6 pm, 7 days a week
- Tickets will be sold in timeslot increments
- Ticket prices are $4/resident, $6/nonresident

Splash Landing Includes:
- Fun for children of all ages
- Over 50 play features and 4 water slides
- Splash bucket that dumps 55 gallons of water
- ADA and universally accessible

www.wbparks.org/splashlanding

The first section of the West Bloomfield Trail opened. The second section was added in 2013, transitioning the former railroad corridor into seven miles of trail.

1993

The Nature Room was opened for a dedicated space for nature education. The Outdoor Natural Play Area, one of the first of its kind in Michigan, was added in 2015.

2007

Drake Sports Park opens with lighted ballfields, tennis courts, a walking and exercise trail and more. The most recent amenity is pickleball courts, added in 2017.

1998

The Kids Komotion Concert Series kicked off in 2010. We are celebrating it's 10th anniversary this summer. Come join us!

2010

Connect, our senior services facility, opened. The Nature Room was renovated and re-opened and Splash Landing will open this summer. A very exciting year for WB Parks!

2020
**Bloomfield Knolls**  
1750 Henbert Road  
This two-acre neighborhood park was the first park acquired by the Commission in 1976.

**The West Bloomfield Trail**  
The West Bloomfield Trail is a 63-acre linear park that meanders for nearly seven miles. Parking is available at Sylvan Manor Park and at the West Bloomfield Woods Nature Preserve.

**Keith Sports Park**  
2750 Keith Road  
This 13-acre park features baseball fields, soccer fields and tennis courts. There is also a pavilion and picnic areas.

**Marshbank Park**  
2805 Hiller Road  
The 108-acre, recently-renovated park offers something for sports fans and nature lovers alike.

**Bloomer Park**  
7581 Richardson Road  
This 36-acre park sits next to the picturesque Middle Straits Lake and features beautiful views and natural areas.

**West Bloomfield Woods Nature Preserve**  
4655 Arrowhead Road  
This 162-acre preserve sits along the West Bloomfield Trail and features more than 100 species of birds, whitetail deer, red fox, coyote, weasel, mink and more.

Special thanks to our park sponsors:
FACILITIES

Recreation Activities Center
4640 Walnut Lake Road
West Bloomfield Parks’ offices are located here as well as the Nature Room and Outdoor Natural Play Area. Nature Room open hours can be found on pg 32. Nature trails meander through the woods behind the building.

Karner Farm
5911 Halsted Road
This 32-acre special use park is home to our community garden and dog park. Both require annual permits.

Splash Landing
6200 Farmington Road
This site is under construction with plans to open mid-summer. For details, visit wbparks.org/splashlanding.

Drake Sports Park
6801 Drake Road
This 54-acre park offers something for nearly every sports enthusiast out there from skateboarding to tennis.

Sylvan Manor Park
2294 Woodrow Wilson Blvd.
This three-acre neighborhood park serves as the eastern trailhead to the West Bloomfield Trail and the western trailhead for the Clinton River Trail.

Connect
6335A Orchard Lake Rd.
A West Bloomfield senior gathering place that features multiple rooms for activities and socializing. Members have access to free coffee, wi-fi, free programs and more.

Parks are open 8 am to dusk, year-round.
Special Events

Help us celebrate

Mud Day

Saturday, July 25 from 3-4:30 pm at the Recreation Activities Center

Playing with mud is good for your health! Join us as we celebrate International Mud Day. There is only one requirement: GET DIRTY! Go for a splash in our mud pit, paint works of art with mud, make mud animal tracks and make mud pies with ingredients from our sensory garden. We’ll have sprinklers to play in too.

Discover why mud is important for animals and plants. Wear clothes you can get really dirty, or you could wear a bathing suit! We recommend bringing a change of clothes/shoes. Fee is per child. Adult supervision is required during the entire program. $7/resident, $9/nonresident, ages 3+

Register by 7/20!

Native Plant Sale

Saturday, May 16 from 8 am to 1 pm at Marshbank Park

As native plants are the building blocks of a healthy ecosystem, everything you can buy and plant from the sale improves the world we live in.

A wide range of trees, shrubs and plants will be available. Cash or credit cards accepted. Visit www.plantsforecology.com for a list of plants. Note: not all plants on this list will be available.

Plants for Ecology will donate a portion of the proceeds to our Nature Room to help further our mission of environmental education.

Check out “Native Planting 101” on pg 30 to learn how to incorporate these plants into your landscapes.
Earth Day Celebration

Monday, May 4 from 3-6 pm
Recreation Activities Center

Free!

Come explore the Nature Room and Outdoor Natural Play Area as well as celebrate nature with many activities including:

- Guided nature hikes at 4:30 and 5:30 pm (must pre-register)
- Recycled craft and live animal interactions
- Activities from our conservation and nature-loving partners

GO FISH

Sunday, June 14, 11 am-1 pm at Marshbank Park
$9/resident or $12/nonresident, ages 3+

FISHING CONTESTS, GAME AND PRIZES

Bring your family to our fishing pier for the opportunity to share this great outdoor pastime! Never been fishing before? No problem! We will have staff on hand with a limited number of fishing poles and bait provided along with instruction. Lunch (by Buffalo Wild Wings) will be available for you to enjoy before or after fishing.

This program will be catch and release. This event is during the DNR’s free fishing weekend, so no license required. This is a family program. Preregistration is required for all children and adults.

Mother & Daughter Tea Party

Sunday, August 30, at 10:30 am or 1:30 pm
at the Recreation Activities Center

Mothers, grandmothers or mother-figures, bring your special girl and learn about the importance of pollinators, see live monarch caterpillars, complete a butterfly craft and be a part of our butterfly release (weather permitting).

Tea, punch and snacks are provided.

$15/resident
$17/nonresident
Ages 5+
Pre-register by 8/24
SUMMER on-the-bank
Marshbank Park

JULY 11 11 AM-3 PM
FREE ENTRY!

Stand up Paddle and Kayaking
Entertainment by Super Dave DJ
Wet and Dry Inflatables
Face Painting*
Food Trucks*
Game Zone*
Fishing
Crafts

Bring a swimsuit and towel!

*Fee required, cash only
Socks required for dry inflatables

SPONSORED BY:

PRESENTED BY:
Outstanding Orthodontics
Berkman & Shapiro

Buffalo Wild Wings

Beauchamp

The Kashat Showcase
 Presented by:
The Neighborhoods of White Lake

Marshbank Music
Marshbank Park, 5:30-8:30 pm

15 JULY
6:00 Bernadette Kathryn & The Lonely Days Band
Southern rock
7:30 Motor City Soul
Motown, funk, r&B, soul and pop
Featured food trucks: Simply Spanish, Hunter House Hamburgers

22 JULY
6:00 LL7
LL7 Latin jazz
7:30 Cruizin’ Jupiter
Classic rock
Featured food trucks: Brother Truckers, D&W’s Street Eatery

29 JULY
6:00 Itchycoo Park
Late 60s and early 70s tribute band
7:30 SpaceCat
Top 40s from the 80s to today
Featured food trucks: C.A.V.A. Smokehouse, Streetside Sushi

Weekly Food Trucks:
IMPASTŌ Italian Inspired Grills
Natural & Organic Ingredients
Salt & Sugar Sodas
Cool Jacks
Food and alcohol service begins at 5:30 pm.

Beer/wine tent provided by and in support of Lakeland Youth Baseball.

Presented by:
The Neighborhoods of White Lake

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Marshbank Park, 5:30-8:30 pm

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KIDS KOMOTION
FREE CONCERT SERIES AT MARSHBANK PARK

May 14
5:30 pm
Funny Dumplings

June 18
10:00 am
Candy Bandits

Aug. 27
5:30 pm
Copper Tom

KID–FRIENDLY FOOD FOR PURCHASE
Food proceeds benefit the Optimist Club of West Bloomfield.

INFLATABLES
Socks required. Available for purchase, $1, cash only.

KIDS CRAFT
For the first 250 kids.

Sponsored by:
FOURTH ANNUAL

Senior Dance

AUGUST 12 FROM 6:30 - 9 PM
GLEN OAKS GOLF COURSE

GOURMET DINNER BUFFET
LIVE BIG BAND MUSIC
CASH BAR

$26/PERSON OR $170
FOR A TABLE OF EIGHT
REGISTER BY 4/30

Picnic in the Park

Thursday, August 20 from 11:30 AM-1:30 PM
Marshbank Park

LIVE MUSIC | OLD FASHIONED PICNIC LUNCH | SUN AND FUN

Residents $7, Nonresidents $9, Ages 50+, Register by 8/13

Sponsored by:
ITC Walk West Bloomfield

The ITC Walk West Bloomfield is a fun, free program designed to encourage fitness opportunities while enjoying all the recreational parks and trails West Bloomfield has to offer.

Walks are scheduled from May to July at various locations throughout West Bloomfield and range from 2 to 3.5 miles. Tuesday walks will start at 7:00 pm and Saturday walks will start at 8:30 am. Drawings for door prizes will be held after every walk. Names will also be placed in the grand prize drawing (one entry for each walk attended after a minimum of 5 walks completed). The grand prize drawing will take place following the July 28th walk. Participants need not be present to win. Grand Prize winner must be 18 yrs old and a West Bloomfield resident.

To celebrate WB Parks 50th Anniversary, a small gift will be awarded to any walker that walks over 50 miles in the program. Walks will be held rain or shine unless there is severe weather.

Don't miss the new “Lazy Marathon” walking program on pg 36!

National Trails Day Walk

Saturday, June 6th at 7:30 am

What better way to celebrate National Trails Day than being out on the West Bloomfield Trail. Meet at Walnut Creek Middle School. Check in begins at 7:30am. Our Naturalists will be on the Trail to engage in discussions about local wildlife.

NOTE: The walk from Walnut Creek Middle School and Arrowhead is about 5.4 miles; continue all the way and back to Sylvan Manor Park is about 13.6 miles.

NEW THIS YEAR: For those that need a specific distance, transportation is provided to those that pre-register for a time: 7:30am, 8:15am or 9am. Drop off points will be at: Arrowhead (walk 2.7 miles back to Walnut Creek Middle School) or Sylvan Manor Park (walk 6.8 miles back to Walnut Creek Middle School). Participants will be dropped off and will walk back to their cars at Walnut Creek Middle School.

2020 ITC Walk West Bloomfield Schedule

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>SITE</th>
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<tbody>
<tr>
<td>Saturday</td>
<td>5/2</td>
<td>8:30 AM</td>
<td>Marshbank Park</td>
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<tr>
<td>Tuesday</td>
<td>5/5</td>
<td>7:00 PM</td>
<td>Bloomer Park</td>
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<tr>
<td>Saturday</td>
<td>5/9</td>
<td>8:30 AM</td>
<td>Connect</td>
</tr>
<tr>
<td>Tuesday</td>
<td>5/12</td>
<td>7:00 PM</td>
<td>West Bloomfield High School</td>
</tr>
<tr>
<td>Saturday</td>
<td>5/16</td>
<td>8:30 AM</td>
<td>Drake Sports Park</td>
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<tr>
<td>Tuesday</td>
<td>5/19</td>
<td>7:00 PM</td>
<td>WB Woods Nature Preserve</td>
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<tr>
<td>Saturday</td>
<td>5/23</td>
<td>8:30 AM</td>
<td>Community Sports Park</td>
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<tr>
<td>Tuesday</td>
<td>5/26</td>
<td>7:00 PM</td>
<td>Recreation Activities Center</td>
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<tr>
<td>Saturday</td>
<td>5/30</td>
<td>8:30 AM</td>
<td>Marshbank Park</td>
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<tr>
<td>Tuesday</td>
<td>6/2</td>
<td>7:00 PM</td>
<td>Bloomer Park</td>
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<td></td>
<td>6/23</td>
<td>7:00 PM</td>
<td>WB Woods Nature Preserve</td>
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<td></td>
<td>6/27</td>
<td>8:30 AM</td>
<td>Drake Sports Park</td>
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<tr>
<td>Tuesday</td>
<td>6/30</td>
<td>7:00 PM</td>
<td>Roosevelt Elementary</td>
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<td>7/4</td>
<td>8:30 AM</td>
<td>Recreation Activities Center</td>
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<td>Tuesday</td>
<td>7/7</td>
<td>7:00 PM</td>
<td>Recreation Activities Center</td>
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<tr>
<td>Saturday</td>
<td>7/11</td>
<td>8:30 AM</td>
<td>Marshbank Park</td>
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<tr>
<td>Tuesday</td>
<td>7/14</td>
<td>7:00 PM</td>
<td>Abbott Middle School</td>
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<tr>
<td>Saturday</td>
<td>7/18</td>
<td>8:30 AM</td>
<td>Drake Sports Park</td>
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<tr>
<td>Tuesday</td>
<td>7/21</td>
<td>7:00 PM</td>
<td>Community Sports Park</td>
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<tr>
<td>Saturday</td>
<td>7/25</td>
<td>8:30 AM</td>
<td>Doherty Elementary</td>
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<tr>
<td>Tuesday</td>
<td>7/28</td>
<td>7:00 PM</td>
<td>Connect</td>
</tr>
</tbody>
</table>
6th Annual

Pet Adoption Event
June 13, 2020 | 11:00 am - 3:00 pm

New Location!
West Bloomfield Parks Connect
6335A Orchard Lake Road (at Maple), West Bloomfield
(New 7,000 sqft facility in the northwest corner of Orchard Mall with private outside entrance)

For more information:
248-360-1425 or cmartin@cbwm.com

*Adoption fees and policies vary by participating group.

For over 100 years, Coldwell Banker has helped people find homes, and now our mission extends to a man’s best friend. Coldwell Banker has helped more than 20,000 dogs find loving homes.

Visit wbparks.org/adopt for video tours and detailed information.

Facility & Shelter Rentals

Are you looking to host a meeting, family reunion or celebration? We have five beautifully maintained properties/parks that offer large outdoor shelters and various sized rooms, ideal to rent for a variety of occasions. All of our facilities are available (when not being used for our community programs) to everyone on a first come, first serve basis with reservations required at least 14 days in advance.

Shelter rentals are available Memorial Day through September 30 and are REQUIRED for groups of 20 or more. Our indoor facilities can be rented year round, with a weekday 2 hour minimum and a weekend 3 hour minimum. Our customer service representatives can help you select the ideal location either in person at the Recreation Activities Center or over the phone at (248) 451-1900.
Food Truck Tuesdays

May 19
June 9
June 23
July 21
August 18
September 22
Simply Spanish
Impasto
Crepe De Twah
Ya Eat Yet?
Nosh Pit
44 Burrito

Live broadcast with Larry on:
89.3 LAKES FM
STREAMING AT WWW.LAKESFM.COM

Join Township employees, community leaders and fellow residents for lunch in the Civic Center Complex with different food and dessert trucks featured monthly.

This is an event series organized by West Bloomfield Township, Police and Parks Departments.

Explores
LOCAL HISTORY
SPRING 2020 LOCAL HISTORY PROGRAMS

May 4
Oakland County History 1877 by James Craft
West Bloomfield Library
May 4 • 7 pm

May 25
Join the Memorial Day Parade
Keego Harbor
May 25 • 9 am

June 3
Apple Island Training for Docents/Volunteers
Orchard Lake Museum
June 3 • 7 pm

June 6
National Trails Day Walk
West Bloomfield Parks
June 6 • 8:30 am

June 13-14
Apple Island Tours
Orchard Lake Museum
June 13-14 • 10 am-3:30 pm

July 25-26
OCPHS Ice Cream Social:
Oakland County 200th
405 Cesar E Chavez Ave • Pontiac
July 25-26 • noon-4 pm

July 25-26
Orchard Lake Fine Art Show
Daly Road • West Bloomfield
July 25-26 • 10 am-6 pm
(until 5 pm on Sunday)

August 11
Bus Tour: Great Black Women in Detroit*
West Bloomfield Parks
August 11 • 9:45 am-3:30 pm

For more details and a complete list of events, visit gwbhs.org/events.

* Register at wbparks.org.

Monthly Open Houses
Second Sundays • 1-4pm • Orchard Lake Museum • 3951 Orchard Lake Road

Roosevelt 100th Anniversary May 10 • Then & Now: Our Four Communities Jul 12 • Vintage Cars Aug 9

Food Truck Rally
3rd Annual
Friday, June 5th, 5 - 9:30 pm

Orchard Mall Parking Lot
6337 Orchard Lake Rd.
West Bloomfield, MI 48322

FREE Kids games and bouncers
FREE Parking $5 Admission per family
Live Music Beer and Wine Tent

wbyouthassistance.org
Sports:

**Soccer Academy**
The Challenger Soccer Academy offers players the opportunity to train with the best as they participate in supplementary practices designed around the world’s top youth academies. With no emphasis on winning, our practices only have one goal: to develop and improve each individual both on and off the field! Cleats and shin guards are recommended.

Location: Drake Sports Park  
Instructor: Challenger Sports Coaches

<table>
<thead>
<tr>
<th>Code #</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>R/NR Fee</th>
<th>Age</th>
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<tr>
<td>4321-1A</td>
<td>4/29-6/3</td>
<td>W</td>
<td>5:30P-6:30P</td>
<td>$112/$127</td>
<td>7-9</td>
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<tr>
<td>4321-1B</td>
<td>4/29-6/3</td>
<td>W</td>
<td>6:30P-7:30P</td>
<td>$112/$127</td>
<td>10-14</td>
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**Mini-Hawk**  
*(Baseball & Flag Football)*
This multi-sport program was developed to give young players a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, kids explore balance, hand/eye coordination and skill development at their own pace. Participants should wear comfortable athletic attire and running shoes and bring a water bottle.

Location: Drake Sports Park  
Instructor: Skyhawks Instructors

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<th>Day</th>
<th>Time</th>
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<tr>
<td>4340</td>
<td>4/30-5/28</td>
<td>Th</td>
<td>4:30P-5:15P</td>
<td>$99/$109</td>
<td>4-7</td>
</tr>
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</table>

**Saturday Art Camp w/ Miss Lindsay**
Miss Lindsay’s Art Room is a place where kids can express themselves freely and creatively! Students will get to choose their own subjects and explore with several different mediums and techniques. Drawing, painting, clay, melting crayon art, duct tape projects are all included. Please expect to make a fun mess and leave with at least one finished art piece! A different project every Saturday, join us for all of them. Please bring a $5 material fee paid to instructor.

Location: Steinway Piano Gallery 2700 E. West Maple Road  
Commerce Twp 48390  
Instructor: Lindsay Bochenek

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<tr>
<th>Code #</th>
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<tr>
<td>4211</td>
<td>5/16</td>
<td>Sa</td>
<td>10:00A-1:00P</td>
<td>$45/$50</td>
<td>5-12</td>
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</table>

**Leader in Training Teen Workshops**
Our Leadership in Training (LIT) program offers teens three workshops where they will gain professional and life skills. Topics will include: workforce prep, resume writing, career exploration, interview etiquette, communication skills and more! We are opening these workshops opportunities to the teens in our community. Space is very limited so register early. If interested in applying for our full LIT program visit wbtparks.org/lit.

Location: West Bloomfield Police Department  
Instructor: Michigan State University Extension Educator

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<tr>
<th>Code#</th>
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<th>Time</th>
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<tr>
<td>4016-1</td>
<td>7/17</td>
<td>F</td>
<td>9:00A-12:00</td>
<td>$10/$15</td>
<td>13-16</td>
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<tr>
<td>4016-2</td>
<td>7/28</td>
<td>Tu</td>
<td>9:00A-12:00</td>
<td>$10/$15</td>
<td>13-16</td>
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<tr>
<td>4016-3</td>
<td>8/4</td>
<td>Tu</td>
<td>9:00A-12:00</td>
<td>$10/$15</td>
<td>13-16</td>
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Receive a $5 discount by registering at least 7 days prior to class start date.
Workshops

Turning Teen: Body Basics for Girls
Turning Teen provides age appropriate, medically accurate information about puberty in an engaging and relaxed manner. This educational, interactive workshop is for girls with their trusted adult. Topics include: an introduction to a body and its parts, the difference between boys and girls, physical and emotional changes that happen during puberty, rules for body respect, body safety and more! This class is taught by pediatricians. For more information and to register the adult child pair, visit www.turningteen.com.

Location: Recreation Activities Center
Instructor: Turning Teen Doctors

Turning Teen: Body Basics for Boys
Turning Teen provides age appropriate, medically accurate information about puberty in an engaging and relaxed manner. This educational, interactive workshop is for boys with their trusted adult. Topics include: an introduction to a body and its parts, the difference between boys and girls, physical and emotional changes that happen during puberty, rules for body respect and body safety. This class is taught by pediatricians. For more information and to register the adult child pair visit, www.turningteen.com.

Location: Recreation Activities Center
Instructor: Turning Teen Doctors

Space Robotics Workshop
Humans have accomplished amazing things in our pursuit to understand the universe. This program aims to make your learner a part of the story! Snapology’s “A Universe of Stories Space Robotics” program allows children to discover different aspects of space science and deep space exploration through building robotic models that mimic the concepts that they are investigating. They will discuss the movement of astronomical objects, the developments in space exploration, and the past, present and future of space travel.

Location: Recreation Activities Center
Instructor: Snapology

Toy Story Workshop
Few animated characters are as beloved as our favorite group of toys from Toy Story™, and now they’re back again with a new story, new adventures and a few new toys! This workshop will give students an opportunity to bring their favorite characters to life, experience some of the toys’ most exciting adventures and learn some basic elements of robotics. We’re prepared to take your learner to infinity and beyond!

Location: Recreation Activities Center
Instructor: Snapology

Generation Pound
This is a youth-oriented program that fuses movement and music to improve focus, coordination, physical fitness and teamwork skill. By combining exercise and interactive activities, kids will learn new ways to explore movement, embrace their creativity and ROCK OUT! ultimately building strength, confidence and self-awareness.

Location: Recreation Activities Center
Instructor: Melissa Matoian

Little Medical School: Sports Medicine
In this 6-week course, children learn how muscles and bones allow us to move. Students will role play how to treat common sports injuries like sprains and strains. They will make models of different types of joints and of the hand as they discuss common injuries that may occur. Students will also learn the roles of orthopedic surgeons, physical therapists and doctors focusing on physical activity. Children receive their own reflex hammer, ACE bandage and more. They will graduate and receive a diploma at the end of the course.

Location: Recreation Activities Center
Instructor: Nicole Matoian

CPR Certification for Youth
This class will focus on preparing youth ages 10 and up to respond in emergency situations. This is a great class for youth with younger siblings, for those who babysit, or require certification for school activities (sports, swimming, etc.).

Material covered includes: Injury prevention, emergency scenarios while babysitting and how to respond, how and when to call 9-1-1, child CPR and AED, infant CPR, how to help a choking infant or child and water and playground safety. All students will receive a workbook. Upon successful completion of the class students will be issued a Heartsaver K-12 certification card. American Heart Association Cards are valid for two years.

Location: Recreation Activities Center
Instructor: LaToya Shannon

We're Fishing for Volunteers!
We have the “hook” up for fun volunteer opportunities this summer! Help at our exciting summer events by running games or activity stations, helping at a craft station and general help with event set-up and clean-up. Visit wbparks.org/volunteer for a current list of opportunities.
GENERAL CAMP INFORMATION

FORMS:
Camp registration = Camp Waivers + Payment
• Every child must have all required camp forms completed and submitted before they can be registered for camp.
• Paperwork only needs to be submitted once for the entire summer. Must have a valid digital signature.
• Camp forms must be dropped off (4640 Walnut Lake Rd.), emailed (camps@wbparks.org) or faxed (248.738.2529).
• Once your camp waivers have been processed, you will receive an email confirmation. At that point, you can register online or give us a call for assistance.

Required forms:
- Camp Agreement and Release Form
- Concussion Waiver
- Permission to Administer Medication and Release of Claims
  (Only required if your child needs to take medication (including an inhaler or epi-pen) during camp hours. Must be completed by a doctor.)

Forms can be found online at wbparks.org/camps. Forms will be accepted starting March 2.

Payment: For your convenience, we accept cash, check, Visa or Mastercard.

REGISTRATION DATES:
Registration begins March 23 at 8 am. Early registration for returning 2019 Camp WB campers is on 3/20 from 8 am-4:30 pm. Returning campers can register online or in person. Register by June 1 and receive a $10 discount on each week of camp (unless stated otherwise).

Registration deadline: 7 pm, the Tuesday prior to the camp start date (unless stated otherwise):
• Transfers/cancellations must be requested before the registration deadline and will include a $10 fee per transaction.
• Registration after the deadline will only be accepted if space allows and you will be charged a $20 administration fee.
• We only consider refunds due to a medical condition, with a doctor’s note, if submitted by the end of that week of camp.
• Age requirements: Campers must turn the advertised age within one month of the camp start date (unless noted otherwise).

LATCHKEY:
Daily latchkey is available for Camp WB and some of our sports and nature camps (pm only). It is held in the Community Room for camps taking place at Drake Sports Park or the Nature Room for nature camps. Camps available for latchkey will be designated with an AM or PM symbol. Latchkey for sports and Tech Academy camps is led by WB Parks staff. Preregistration is required by calling (248) 451-1900.

Morning Session: 7:30-9:00 am: $35/week or $8/day
Parent/guardian must accompany children to sign in daily, NO exceptions. Children may not enter the program before 7:30 am and may not be left unattended. *6/29-7/2 is $28 for 4 days, M-Th

Afternoon Session: 4:00-6:00 pm: $45/week or $10/day
Parent/guardian must come in with a valid ID to pick up children and sign them out daily. Please bring an additional snack and drink each day for PM latchkey. Pick up after 6:00 pm will result in penalty fees and potential dismissal from the program. *6/29-7/2 is $36 for 4 days, M-Th

Any transfer/refund requests will include a $10 administrative fee. No transfers or refunds after Tuesday at 7 pm the week prior to the start of camp. Early registration discounts do not apply to latchkey.

WHAT TO BRING WITH YOU TO CAMP:
Full day campers must bring a lunch, two snacks, sunscreen and water bottle daily. Half day campers, please bring a snack, sunscreen and a water bottle daily. Specific requirements will be listed in each camp description. Please label all of your child’s items. All camps are peanut free.

The information in this brochure is considered accurate at the time of printing.
<table>
<thead>
<tr>
<th>Camp Name</th>
<th>Start</th>
<th>End</th>
<th>Age</th>
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</thead>
<tbody>
<tr>
<td>British Soccer (AM)</td>
<td>9:00 AM</td>
<td>12:00 PM</td>
<td>6-14</td>
</tr>
<tr>
<td>British Soccer (Full Day)</td>
<td>9:00 AM</td>
<td>3:00 PM</td>
<td>6-14</td>
</tr>
<tr>
<td>Mini-Hawk Sports</td>
<td>9:00 AM</td>
<td>12:00 PM</td>
<td>4-7</td>
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<tr>
<td>Beach Volleyball</td>
<td>9:00 AM</td>
<td>12:00 PM</td>
<td>7-13</td>
</tr>
<tr>
<td>Junior Sailing</td>
<td>9:00 AM</td>
<td>4:00 PM</td>
<td>6-17</td>
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<tr>
<td>Art with Miss Lindsay Camp</td>
<td>10:00 AM</td>
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<td>5-12</td>
</tr>
<tr>
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<td>5-13</td>
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<td>Camp WB</td>
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<tr>
<td>Junior Nature Explorers</td>
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<td>Junior Sailing</td>
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<td>4:00 PM</td>
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<td>STEM &amp; Play Basketball</td>
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<td>Amusement Park Adventure</td>
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<td>Remote Control Challenge</td>
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<td>British Soccer (AM)</td>
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<td>6-14</td>
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<td>Tennis (Full Day)</td>
<td>9:00 AM</td>
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<tr>
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<td>1:00 PM</td>
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<td>Camp WB</td>
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<td>Wild Kratts 2</td>
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<tr>
<td>Junior Engineering</td>
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<td>Skull Island</td>
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<td>5-13</td>
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<tr>
<td>Black Belt Engineers</td>
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<td>8-14</td>
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<tr>
<td>Robot Olympics</td>
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<td>Junior Sailing</td>
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<tr>
<td>Art with Miss Lindsay Camp</td>
<td>10:00 AM</td>
<td>1:00 PM</td>
<td>5-12</td>
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</tbody>
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**REGISTRATION BEGINS ON APRIL 20!**

**WBPARKS.ORG/CAMPS**

**(248) 451-1900**

**MAKE IT A SUMMER TO REMEMBER! #WBCAMPLIFE**
Keep your busy bee entertained, engaged and learning this summer with our action-packed, state-licensed day camp, Camp WB!

**WEEKLY ACTIVITIES INCLUDE:**
- Unique arts and crafts, swimming, nature exploration, sports, games, scavenger hunts, and wacky water days, just to name a few!
- Trips to Marshbank Park for hikes, fishing and nature education.
- Field trips weekly.

*Your child MUST be 6 years old and have completed kindergarten in order to participate in Camp WB.*

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**REGISTRATION INFORMATION:**

**Location:** The Community Room at Drake Sports Park  
**Instructor:** WB Parks Staff

<table>
<thead>
<tr>
<th>Code #</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>R/NR Fee</th>
<th>Age</th>
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<tr>
<td>4001-1</td>
<td>6/22-6/26</td>
<td>M-F</td>
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<td>7/6-7/10</td>
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<td>4001-8</td>
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<td>9:00A-4:00P</td>
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**CANOEING DATES AT MARSHBANK PARK:**

June 23, July 7, July 21 and August 4  
*Cost included in registration fee.*

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**CAMP WB 2.0**

NEW!

The wait is over! Now offering a bonus week of Camp WB! Camp WB 2.0 will include one of the kid’s favorite things to do, FIELD TRIPS! Each of the four days will include two exciting field trip destinations. The week will be packed full of ever-changing fun and engaging activities along the way. Be sure to secure your child’s spot early! This camp is reserved for current Camp WB participants only.

**FIELD TRIPS (subject to change)**

- Ann Arbor Hands-On Museum, U of M Stadium & Crisler Center
- Impressions 5 Science Center, Arts & Scraps Mobile Workshop
- TreeRunner Adventure Park, WB Parks’ Splash Landing
- Urban Air, Cooks Dairy Farm

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<thead>
<tr>
<th>Code #</th>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>R/NR Fee</th>
<th>Age</th>
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<td>4003</td>
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<td>M-Th</td>
<td>9:00A-4:00P</td>
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**FIELD TRIPS**

Field trips are on Wednesdays.  
*Field trip cost included in registration fee.*

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<tr>
<td>June 24</td>
<td>Defy Detroit</td>
<td>Commerce</td>
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<td>Robot Garage</td>
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<td>Red Oaks Waterpark</td>
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<td>Potter Park Zoo</td>
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<td>Horseback Riding at Blackstone Stables</td>
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<td>Detroit Tigers Comerica Park Tour</td>
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<td></td>
<td>U of M Natural History Museum</td>
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<td>August 5</td>
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<td></td>
<td>Rolling Hills Water Park</td>
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<td>August 12</td>
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</table>
WB Parks Nature Camps take the best parts of a traditional day camp (being outside, active play, craft making, field trips) and transforms them into a more intimate nature-themed camp.

Our camps’ mission is to create fun and memorable experiences through hands-on nature discovery. We achieve this by making one-on-one connections (our camp max is 25 kids with a 1:8 ratio), tailor our educational activities to kids’ developmental stage and offer daily encounters with live animals.

Nature Camps are held in the Nature Room (inside the Recreation Activities Center) and are led by WB Parks Nature Staff. Our Nature Camps are also licensed by the state of Michigan.

**June 22-26**

**Scales, Slime & Sludge**

Ages 6-10  PM

The oooey and gooey parts of nature can be the most fun! Come get muddy and slimy while we learn about the animals that have scales and slime. Let’s interact with live animals and do fun experiments. This camp includes a trip to Nature Discovery in Williamston to see all Michigan’s native reptiles and amphibians!

Code #  Day  Time  R/NR Fee
4433  M-F  9:00A-4:00P  $185/$205

**June 30 & July 1**

**Nature Nuggets:**

Parent & Child Camp

Ages 2-3

Enjoy nature with your little one as we hike, sing and play games. This hands on camp allows you to learn new nature activities your family can do in your own backyard. This program is open to nannies, grandparents and other caregivers over the age of 16. Adult and child both must register; the registration fee covers both.

Code #  Day  Time  R/NR Fee
4434-1  Tu & W  9:00A-12:00P  $76/$96

**July 6-10**

**Go Wild w/ Wild Kratts:**

Session 1

Ages 4-7  PM

We’re offering two weeks of this popular camp this year! What creature powers would your child want to have? Participants will earn their own Creature Power Discs through games and animal activities. If your child has a Creature Power Suit, they can bring it or they will get their very own! This week’s camp includes a trip to Belle Isle to visit the live animals at the Nature Center and help with feeding their deer!

Code #  Day  Time  R/NR Fee
4432-1  M-F  9:00A-4:00P  $285/$305

**July 13-17**

**Adventure Camp:**

The Wetter The Better

Ages 8-13  PM

Let’s get wet out in nature! Come learn all about water and the animals that live in it! We’ll start our week off by learning about the live animals we have in the Nature Room, then the rest of the week, we will be puddle jumping around. Fieldtrips include: fishing at Marshbank Park, kayaking along the Huron River, a behind-the-scenes tour of Sea Life Aquarium and more! All equipment, basic instruction and games are included.

Code #  Day  Time  R/NR Fee
4432-1  M-F  9:00A-4:00P  $285/$305

**July 20-24**

**Junior Nature Explorers**

Ages 5-7  PM

Why is the sky blue? Where do birds go? Why do bats sleep upside down? If you hear questions like this from your child, this camp will be a great fit for him/her. Participants will get all their nature questions answered as they learn through play, games, crafts and hands-on activities. This camp includes a trip to the Detroit Zoo to visit all the animals there, from polar bears to giraffe and everything in between.

Code #  Day  Time  R/NR Fee
4431-1  M-F  9:00A-4:00P  $185/$205

Register by 6/1 and save $10 off each week!
JULY 27-31
ADVENTURE CAMP: FROM EARTH TO SKY
AGES 8-13 PM

From deep within the Earth’s crust to the stars that make up the constellations, come explore both and everything in between! The week will start with digging in the dirt outside the Nature Room, then, the rest of the week is packed full of fun trips. Field trips include Impression 5 Science Center, kayaking along the Huron River, Longway Planetarium in Flint and a day high up in the trees at TreeRunner Adventure Park West Bloomfield. All equipment, basic instruction and games are included.

Code # Day       Time                 R/NR Fee
4432-2 M-F       9:00A-4:00P     $285/$305

AUGUST 3-7
GO WILD W/ WILD KRATTS: SESSION 2
AGES 4-7 PM

Campers can join us for both weeks of Wild Kratts as we will be meeting different animals and earning different badges each week. If your child has a Creature Power Suit, they can bring it or they will get their very own! This week’s trip will be to Howell Nature Center where we’ll learn about animal super powers such as the protecting quills of a porcupine, how flying squirrels “fly”, how the snowy owls’ feathers keep it warm and more!

Code # Day       Time                 R/NR Fee
4434-2 M-F       9:00A-4:00P     $185/$205

AUGUST 10-14
ADVENTURE CAMP: ANIMAL MANIA
AGES 8-13 PM

Reptiles, birds and mammals…oh my! Come interact with all different animals in all different ways this week. Let’s see what animals we can find around the Nature Room, then find animals in so many more locations. We’ll visit animals at Upland Hills Farm, go horseback riding at Brighton Stables, enjoy a live animal show from Preuss Pets, then be squirrels at TreeRunner Adventure Park West Bloomfield and finally, meet the rehab animals at Howell Nature Center. All equipment, basic instruction and games are included.

Code # Day       Time                 R/NR Fee
4432-3 M-F       9:00A-4:00P     $285/$305

OPEN HOUSES:

CAMP WB:
Thursday, June 18 from 6:00-7:30 pm at Drake Sports Park
This is a great opportunity for parents and campers to gather for a meet-and-greet with our Camp WB team. You will have the chance to ask questions about our program and day-to-day activities, pick up your camper’s field trip t-shirt and complete any outstanding field trip waivers. Camp staff will engage your camper in some fun activities. We hope you leave this event knowing your child is in great hands and will have a safe and fun summer! No registration required. **Camp WB is usually sold out by the Open House date.**

NATURE CAMPS:
Wednesday, June 3 from 6-8 pm in the Nature Room
Join us at the Recreation Activities Center as we kick off Nature Camp season! This event is to welcome families who have signed up for one of our Nature Camps or are still deciding. Your child will be able to meet our camp staff, explore the Nature Room (where camp is hosted), make a craft, play a nature-themed game and also see our live animals! Parents will be able to ask the staff any last minute questions. No registration required.

EVENTS EXCLUSIVELY FOR REGISTERED 2020 CAMP PARTICIPANTS:

CAMP WB OVERNIGHT CAMP OUT:
Friday, July 17 (7:30 pm) - Saturday, July 18 (8 am)
Enjoy a special overnight camping experience with your camp friends and counselors at Drake Sports Park. Activities include: roasting s’mores, campfire stories, games, a Naturalist-led activity and more! Space is limited!
Cost: $20/child, $25/nonresident child

ICE CREAM SOCIALS (FREE):
Camp WB: Thursday, August 13, 6-8 pm
This free end-of-camp celebration includes a sundae bar, popcorn, face painting and other family fun!
Nature Camps: Tuesday, August 11, 6-8 pm
This free event serves as the culmination of our camp season and includes live animal encounters, sundae bar, crafts, lawn games, campfire stories and more.

PREREGRISTRATION IS REQUIRED FOR BOTH CAMP OUT AND THE ICE CREAM SOCIALS.
TECHNOLOGY CAMPS

SNAPOLOGY CAMPS:

Instructor: Snapology Instructor

If a camper is registered for both an AM and PM camp, bring a lunch and two snacks and they will be supervised during lunch (12-1pm). Drop-off as early as 8:30 am and pick-up by 5:00 pm. Latchkey is led by Snapology staff at no additional charge.

POKEMANIA

Camps will build and explore the world of Pokemon as they create their own gyms, battles and even their very own generation of Pokemon. Children will also learn about real world science as they learn about the habitats of the Pokemon. Your child will have a blast becoming the best Pokemon trainer ever.

Location: Recreation Activities Center

OCEAN EXPLORATION

Camps will discover all sorts of fun in the ocean in this interdisciplinary camp that uses robotics, coding, art and engineering concepts to learn about our underwater friends. Children will be too busy exploring the ocean world, building and creating to realize that they are gaining critical social and developmental skills.

Location: Recreation Activities Center

SUPER STRUCTURES ARCHITECTURE

Does your builder enjoy designing beautiful buildings or functional spaces for their mini-figures? If so, this camp is the perfect space for your young architect to sharpen their design and building skills! They will be guided through the building process, from creating a floor plan to disaster-proofing the structure, so that they will be able to create the next best thing in LEGO® architecture!

Location: Recreation Activities Center

MECHANICAL MASTERMINDS

Is your camper inquisitive, a problem solver, a big thinker, a tinkerer, a puzzler, a LEGO® lover or a budding engineer? This program gives your camper the tools they need to understand mechanical movement through the foundations of simple machines, physics and engineering design. They will see moving parts close up as they follow instructions to build various machines, then use the models to develop new design ideas, test out physics concepts and even play games with their partners and peers.

Location: Recreation Activities Center

BLACK BELT ENGINEERS

Come build super-cool models that use gears, axles and technic bricks. Campers will use engineering and physics concepts as they work in teams under guided instruction to build a different model using LEGO® TECHNIC® bricks each day!

Location: Marshbank Park

ROBOT OLYMPICS

Camps will build and program robots to compete in sports-themed challenges. Your child will learn both mechanical and computer programming concepts as they create robots that run races, play hockey and much more. Students will work in groups, using LEGO® Mindstorms® EV3 technology, to complete challenges.

Location: Marshbank Park

AMUSEMENT PARK ADVENTURE

Design your own amusement park in this fun camp! Learn how to use LEGO® bricks and other building materials to make coasters and other awesome rides. Can you design the next Disney World?

Location: Marshbank Park

REMOTE CONTROL ROBOT CHALLENGE

Learn engineering strategies and building techniques to use robots constructed from LEGO® bricks to complete missions using remote controls. Apply your knowledge and skill in friendly competitions. Complete as many missions as you can in a specific timeframe to win the ultimate challenge match.

Location: Marshbank Park

SCIENCE OF SUPERPOWERS

Camps explore the world of their favorite superheroes through STEAM activities and experiments. Campers will learn about forces, energy, gravity and problem solving as they build robots, models and Fortresses inspired by Superman, Batman and all their favorite heroes.

Location: Marshbank Park

HARRY POTTERS MAGIC WIZARDING

Enter the world of wizards and witches! Campers will attend Hogwarts classes where they will learn how real life connects to the magic world and allow their creativity to explode. This camp will spark their imaginations and encourage creative reasoning in new ways, allowing them to build amazing things they have only dreamed of before!

Location: Marshbank Park

Register by 6/1 and save $10!
**TECH ACADEMY CAMPS:**

**Location:** Recreation Activities Center

**Instructor:** Tech Academy Staff

The registration deadline is 10 days prior to the start date. If space allows, phone registrations may be permitted after that deadline. Bring a USB drive, snack and water bottle each day.

**STAR WARS JEDI MOVIE MAKING**

From a galaxy far, far away, Star Wars comes to life! Work on a stop-motion animated LEGO Star Wars movie. Star Wars action figures, LEGO®s and backdrops will be available for filming. Handle all the technical details, including using a digital movie camera, filming scenes, doing stop-motion animation and digital editing, and adding finishing touches like special effects and transitions to the movie. In this exciting, hands-on camp, our instructors will take your child through the entire digital filmmaking process from start to finish using the Frames Software.

**Code #** **Date** **Day** **Time** **R/NR Fee** **Age**
4153 6/22-6/26 M-F 9:00A-12:00P $310/$330 6-11

**ROBOTIC BUILDERS: G AMER B OTS**

Let the games begin! Designed by the experts at M.I.T., LEGO® WeDo Robotics’ unique system teaches campers about simple machines, engineering, programming and so much more. Campers will be taught foundational building and introduced to programming concepts with learning about the Sensors, Motors and Special Technics components. Working in small teams, campers will build and program smart robots, based on popular games: Angry Birds, Chutes and Ladder, Hockey, Just Dance, Pinball, Duck Hunt and more!

**Code #** **Date** **Day** **Time** **R/NR Fee** **Age**
4154 6/22-6/26 M-F 1:00P-4:00P $310/$330 6-11

**MULTIPLAYER MINECRAFT: WORLD BUILDER**

Unleash your creativity as you work collaboratively! Create your own world with four unique, themed quadrants. Build different biomes or base a section on your favorite movie or video game! Meld your quadrants together with bridges, and separate them with moats of water, lava or even the void! We will be using the PC/Java Edition of Minecraft.

**Code #** **Date** **Day** **Time** **R/NR Fee** **Age**
4155-A 7/6-7/10 M-F 9:00A-12:00P $310/$330 9-12
4155-B 7/6-7/10 M-F 1:00P-4:00P $310/$330 6-9

**INTRO TO VIDEO GAME DESIGN**

Create your own video game! Choose your storyline with popular Nintendo characters as your stars; add challenges and levels of difficulty, then share your game by email or post it on the web to challenge family and friends. Now 5-8-year-olds can practice math, logic and programming and put their video game talents to work!

**Code #** **Date** **Day** **Time** **R/NR Fee** **Age**
4156 7/13-7/17 M-F 9:00A-12:00P $310/$330 5-9

**JUNIOR ENGINEERING**

If you have a learner who likes building things and figuring out how things work, he/she will love this camp. Join us as we explore, investigate and solve problems while learning about the building blocks of engineering: simple machines. Students working in pairs will enjoy hands-on activities using LEGO® Gears and special LEGO Technic® engineering components that incorporate math, science and creativity. Learning projects may include mini mechanical concept models, a moving dragon, scale, clown, crane, car, fan, merry-go-round and more.

**Code #** **Date** **Day** **Time** **R/NR Fee** **Age**
4157 7/13-7/17 M-F 1:00P-4:00P $285/$305 5-8

**MINECRAFT DESIGNER: DUNGEONS**

Don’t just play Minecraft! Turn Minecraft from a game into a visual learning tool! This camp will reinforce problem-solving skills and spatial cognition through learning to create in-game dungeons and treasure maps. While immersed in the fun and creative world of Minecraft, students will learn about concepts in programming and game design.

**Code #** **Date** **Day** **Time** **R/NR Fee** **Age**
4158-A 7/20-7/24 M-F 9:00A-12:00P $310/$330 5-8
4158-B 7/20-7/24 M-F 1:00P-4:00P $310/$330 9-12

**ROBOTIC BUILDERS: BATTLEBOTS**

Completely new builds! Let the battles begin! Designed by the experts at MIT, LEGO® Wedo Robotics’ unique system teaches campers about simple machines, engineering, programming and so much more. In this camp, students may construct a Catapult, Ninja Star, Tank, Battle Axe, Crossbow and bow more!

**Code #** **Date** **Day** **Time** **R/NR Fee** **Age**
4150 7/27-7/31 M-F 9:00A-12:00P $310/$330 6-11

**ULTIMATE GAME CODING**

Imagine, create and share by creating an interactive 2D video game using your favorite characters. We scoured the Scratch website and assembled a collection of the most popular game sprites. Choose characters from Undertale, Pokémon, Nintendo, Minecraft, and even classic characters like Donkey Kong, Pac-Man, Sonic and Mario!

**Code #** **Date** **Day** **Time** **R/NR Fee** **Age**
4159 7/27-7/31 M-F 1:00P-4:00P $310/$330 8-11

Register by 6/1 and save $10

wbparks.org/camps
SPORTS CAMPS

Please note: Latchkey is only available at Drake Sports Park.

MINI-HAWK SPORTS
SOCcer, flag football, baseBalL
This multi-sport program was developed to give 4 to 7 year-old boys and girls a positive first step into athletics. Baseball, soccer and flag football are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination and skill development at their own pace. All campers will receive a certificate, Skyhawks t-shirt and ball. Camper should wear athletic attire and gym shoes.
Location: Drake Sports Park
Instructor: Skyhawks Instructors

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<td>4140-1</td>
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MULTI-SPORT
SOCcer, flag football, baseBalL
Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as respect and teamwork. The program also includes fun, camp games and other activities such as capture the flag, ultimate frisbee, kickball and dodgeball. All participants receive a t-shirt, sports ball and award certificate. Participants should wear appropriate clothing, shin guards (optional) and running shoes. Bring a water bottle, a snack, a baseball glove and sunscreen.
Location: Drake Sports Park
Instructor: Skyhawks Instructors

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<td>9:00A-4:00P</td>
<td>$269/$289</td>
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BASKETBALL
NEW!
This fun, skill-intensive program is designed for beginner to intermediate players. Using our progressive curriculum, we focus on the whole player-teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense. Participants should bring a water bottle and two snacks. All participants receive a completion certificate, Skyhawks t-shirt and ball.
Location: Bloomer Park
Instructor: Skyhawks Instructors

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<td>M-F</td>
<td>9:00A-12:00P</td>
<td>$175/$195</td>
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STEM & PLAY BASKETBALL
This program combines strategic STEM-based activities with traditional Skyhawks basketball instruction and a focus on life skills such as teamwork and sportsmanship. The STEM Sports® basketball curriculum educates children on subjects including velocity and acceleration, basketball shoe design, tracking with technology and much more! Participants will also learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based drills and scrimmages. Please bring a water bottle and two snacks. All participants receive a completion certificate, Skyhawks t-shirt and ball.
Location: Bloomer Park
Instructor: Skyhawks Instructors

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<td>4162-2</td>
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<td>M-F</td>
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<td>$175/$195</td>
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TENNIS
Whether your child is a beginning or intermediate player, this camp will improve each player’s game and help him/her get more enjoyment from tennis. This camp focuses on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Fun camp games and various other activities such as capture the flag, ultimate frisbee, kickball and dodgeball are included in the week. All participants receive a completion certificate and Skyhawks t-shirt.
Location: Drake Sports Park
Instructor: Skyhawks Instructors

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<td>9:00A-4:00P</td>
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INCLEMENT WEATHER:
During inclement weather, campers will have access to both indoor facilities and outdoor shelters, depending on the severity of the weather. Camp instructors will have alternative activities to keep them occupied, should the need arise.
**BEGINNING GOLF**

Campers will learn the fundamentals of swinging, putting, body positioning, etiquette and keeping score. The program is specifically designed for the entry-level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided. Participants should wear appropriate clothing and shoes; bring snacks, a water bottle and sunscreen.

**Location:** Marshbank Park

**Instructor:** Skyhawks Instructors

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**BEACH VOLLEYBALL**

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun, skill-building week on the sand courts. All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting and serving. All participants receive a completion certificate, Skyhawks t-shirt and volleyball. Please wear appropriate clothing, shoes and sandals (optional).

**Location:** Marshbank Park

**Instructor:** Skyhawks Instructors

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<td>$169/$189</td>
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**INTERNATIONAL COMPETITIVE**

Join this innovative and fully-integrated soccer camp that will accelerate the learning process of young players! A more challenging format featuring advanced technical, tactical and physical training. The curriculum will reflect the truly global nature of the sport today and will provide a wide variety of coaching styles, practices and influences to develop a well-rounded skill set. We have taken the best coaching methodologies and practices from England, Brazil, Spain, Netherlands and France and have woven them together in a multi-faceted on and off-field coaching experience.

**Location:** Drake Sports Park

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<td>9:00A-12:00P</td>
<td>$132/$147</td>
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**NEW!**

Weather make ups will be held the Saturday following the last day of camp at 9 am for each session. Partial refunds will not be issued. Latchkey is only available at Drake Sports Park.

**Instructor:** Challenger Sports Coaches

**FIRST KICKS & MINI-SOCoyer**

A fun introduction to the very basic elements of the game. Small coaching groups, lots of running, kicking, laughing and making new friends. Parents are encouraged to join in and help guide their child through this fun learning experience. Each camper receives a ball and t-shirt.

**Location:** Drake Sports Park

**Code #  Date Day Time R/NR Fee Age**

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<tr>
<th>Code #</th>
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| 4090-2  | 8/3-8/7    | M-F | 9:00A-10:00A  | $117/$132| 3-4 |
| 4091-2  | 8/3-8/7    | M-F | 10:15A-11:45A | $132/$147| 4-6 |
ART CAMP W/ MISS LINDSAY

Miss Lindsay’s Art Room is a place where kids can express themselves freely and creatively! Students will get to choose their own subjects and explore with several different mediums and techniques. Drawing, painting, clay, melting crayon art, duct tape projects are included. Expect to make a fun mess and plan to have at least one finished art piece per day! A materials fee is due to the instructor on the first day, $25 for five day camps, $15 for three day camps.

**Location:** Steinway Piano Gallery, 2700 E. West Maple Rd.

**Instructor:** Lindsay Bochenek

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LEADER IN TRAINING PROGRAM

Our Leader in Training (LIT) program offers teens the opportunity to gain leadership skills, explore topics of self-development and gain experience in a positive and supportive work environment. LITs will assist with our camp program; responsibilities will include: working with campers ages 6-11, assisting camp staff with implementing daily activities, execute crafts and games, assisting with field trips and other off-site activities.

Additionally, through workshops, LITs will gain professional and life skills. Topics will include: workforce prep, resume and cover letter writing, job application skill building, interview etiquette, communication skills and more! There will be LIT-only trips scheduled to accompany workshop days.

This program is for young individuals that exhibit great role model behavior and enjoy working with youth. By the end of the program, your teen will gain confidence, a positive self-image, workforce preparation skills, problem solving abilities and cooperative skills.

Teen must apply to be considered for the program. Please visit wbparks.org/lit for more details. A reference is needed; download the form and allow time for reference to complete it. The application deadline is April 20th. All applications reviewed after April 20th. Interviews will be scheduled the following week. Early registration discount does not apply.

**Register by 6/1 and save $10!**

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</table>

SKULL ISLAND CAMP

Voyage over to your own private island campground for a fun-filled day of activities such as fishing, paddle boating, swimming, zip-lines, rock climbing wall, water trampolines, rope swings and a variety of other sporting activities. Daily treasure hunts and scavenger hunts are also included. Find your own real ‘pirate gold’. Camp includes all snacks, drinks, full buffet lunch, sunblock and safety equipment (zipline harness, helmets, life vests). Additional early/late hours available at 8am and 6pm, $5 per hour, no pre-registration required, pay on site.

Register before April 1st and receive a $20 discount. There will be an open house on May 30th and 31st from 1-4 pm for parents and children to meet staff, explore the island and try many of the activities; including fishing, swimming and zip lining.

**Location:** 8226 Highland Rd, White Lake, MI 48386. Pick-up spot is Walt’s Point Marina. Pontoon shuttle operates from 7:45-9:30 am. Pick-up shuttle runs on the hour at 3, 4, 5 and 6 pm.

**Instructor:** Kathryn Chipman

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<th>Code #</th>
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JUNIOR SAILING

This camp offers sailing instruction for beginners through advanced racers. It is taught on sailboats provided by Pontiac Sailing Education Foundation on Cass Lake by US Sailing Association certified instructors. The purpose of this camp is to help youth feel comfortable and confident while building sailing skills. It includes water safety, parts of a sailboat, wind direction, basic sailing direction and knots. The majority of the camp time is spent gaining experience on the water. This year, the camp day has been extended by an hour each day.

Please note that all participants must be able to swim at least 25 yards unassisted and tread water for at least two minutes. Early registration discount does not apply to this camp.

**Location:** Pontiac Yacht Club, 3270 Wards Point Dr.

**Instructor:** Eric Ellison

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<td>$365</td>
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</table>
Nature Programs

Paddle Programs

Our Naturalist will accompany you as your own personal guide.

Fees are per person, not per watercraft. All equipment is provided, including life jackets.

All programs include a brief lesson on how to successfully enter, exit and paddle your watercraft.

Canoe & Brew Trip

Discover the fun of canoeing on the scenic Huron River. Enjoy a true “up-north” evening just a 30-minute bus ride from our Recreation Activities Center. Your trip will head downstream to Milford’s Central Park where you will dine and drink at River’s Edge Brewing Company. Use your voucher to enjoy a meal and a root beer. Sip on craft beers to round out the evening (price of alcoholic beverages not included). Beginner paddlers are welcome.

Location: Bus departs from the Recreation Activities Center

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Family Kayak

Discover the fun of kayaking on scenic Cass Lake during this all ages family paddle. Choose single or double sit-upon kayaks at registration.

Location: Marshbank Park

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<td>$32/$37</td>
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Nature Birthday Parties

Come to the Nature Room and celebrate your birthday! Our Naturalist will host a two-hour party for up to 16 children. The first hour includes a nature program (and an appearance from one of our live animals), a game and your choice of a hike or a craft. The second hour is reserved for presents and cake. Cost: $165 *Parties for nonresidents are an additional $30

Availability is limited. Please schedule your party at least 6-8 weeks in advance.

Visit wbparks.org/birthdayparties for details!

Nature Appointments

Naturalist-guided services are available year-round for your group. We welcome school field trips (preschoolers too!), homeschoolers, boy/girl scouts and other community organizations to visit the Nature Room for a custom group program. If your group can’t come to the Nature Room we can bring nature to you, just ask about our Outreach Nature Appointments. Our Nature Appointments include a live animal (turtle, toad or salamander), interactive nature talk, stories, songs and more. Contact our Naturalist at (248) 451-1917 or lazoury@wbparks.org for more details on available topics and to schedule your nature appointment!
Who’s Calling? Frog Hike  Free!
As spring rains fill our wetland ponds, frogs are out and about in large numbers. Different frogs call at different times of the season. This fun, interactive walk will help you learn the “when” and “whys” of Michigan’s vocal amphibians. Join Detroit Audobon and Friends of the Rouge (FOTR) out on the trail and learn just who is calling. Learn more about FOTR monitoring program, its importance and how you can help.
Location: West Bloomfield Woods Nature Preserve
Instructor: Sally Petrella

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Garlic Mustard Hike & Contest
What does it mean to be an environmental steward? It means taking care of the land around us. What better way to learn stewardship than with your family, friends and our community. You will be assisting park staff in removing invasive garlic mustard plants from Marshbank Park. Meet at the Marshbank Park Lodge to sign in and receive instructions. You will go on a brief guided hike with our Naturalist and could win a prize for pulling the most garlic mustard (measured in weight). Learn some recipes to put garlic mustard to use in your kitchen! Bring a refillable water bottle, garden gloves and shoes that can get dirty. Long sleeve shirts and pants are recommended. Water, snack and garbage bags will be provided.
Location: The Lodge at Marshbank Park

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Salamander Meander  New!
Join our Naturalist and let’s roll over some logs to find our smooth-skinned amphibian friends, salamanders! As we hike to look for these awesome amphibians, we will learn all about the red backed, blue spotted, tiger and newts that are found in this area.
Location: West Bloomfield Woods Nature Preserve

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Guided Hike and Trail Games
Join our Nature Camp Staff for a fun, guided hike and trail games along the Civic Center Trails. This guided hike will be about one mile and be easy to moderate in difficulty. Fee is per person.

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<td>$3/$5</td>
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Firefly Night Hike  New!
Flashes of light dance across the grass in the summer evenings. Have you ever wondered what causes fireflies to glow? Did you notice they flash in a pattern? Come learn all about lightning bugs though games and hands-on activities, then we’ll look for them as we hike the trails. We will end our hike looking at the stars with the Oakland Astronomy Club’s telescopes (weather permitting).

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<td>$3/$5</td>
<td>3+</td>
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Senior Hikes
Hiking Poles provided, limited quantity available.

At the Recreation Activities Center
Hike the Civic Center Trails (meet at the Recreation Activities Center) and learn all about frogs. We will listen for frogs while we walk. Distance: 0.52 miles, Hike Rating: Easy, Terrain: Unpaved.

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<td>$0/$0</td>
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At Sylvan Manor Park
Hike the West Bloomfield Trail, the rail-trail that meanders through the township. As we walk, we will talk about the history of the trail, as well as all the plants and animals that can be found along it. Distance: 1.0, Hike Rating: Easy, Terrain: Crushed stone, level surface, flat.

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<td>Th</td>
<td>4:00P-5:30P</td>
<td>$0/$0</td>
<td>50+</td>
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</table>

Help us celebrate Mud Day by diving in our mud pit, making mud art and mud pies. Details page 7.
Insect Safari
Put on your hat and grab a net! With the help of our Naturalist, you’ll catch, observe and then release insects. You will get up close and personal with six-legged creatures indoors by checking out our mounted insects. Make and take home your own insect investigation tool. After, you’ll have the opportunity to explore in our Outdoor Natural Play Area too! All adults and children must register for this program.

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Year in the Life of a Chickadee
You hear them sing every spring “sweet- tea” or see them perching on tree branches. Come learn all about the life history of the black-capped chickadee. After looking at a year in the bird’s life, we will take a hike to try to observe this wondrous aerial acrobat. Bring binoculars if you have them or we have limited pairs to share.

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<td>Sa</td>
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<td>$3/$5</td>
<td>18+</td>
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Outstanding Orthodontics
Berkman + Shapiro

Family

Native Planting 101
Interested in having native plants in your garden but don’t know where to start? Ask the expert from Plants for Ecology. WB Parks hosts a native plant sale in May but before you purchase plants it’s good to have a plan. You will learn the basics of how and what to plant. As native plants are the building blocks of a healthy ecosystem, everything you can buy from our sale and plant improves the world we live in. Learn all the benefits of planting native and the history of landscaping. Why we have moved so far away from ecologically focused gardening and landscaping? Time will be reserved at the end for questions.

Instructor: Plants for Ecology

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<td>$3/$8</td>
<td>16+</td>
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Kids Only

Outdoor Survival Day
Think you have what it takes to survive the wild? Come find out as you learn how to forage, build a shelter, start a fire without matches and more. Know what to do if you get lost? You’ll learn how to stay calm if that happens. Please come prepared and dressed to spend most of the day outside. Bring a water bottle, two snacks and a lunch.

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<td>4438</td>
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<td>$69/$79</td>
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Receive a free electric toothbrush with your complimentary consultation!

Mention this ad at your visit to get your free toothbrush!

Did you know?
The American Association of Orthodontists recommends a child have their first orthodontic check up at age 7

(248) 360-7878
OutstandingOrtho.com

The American Association of Orthodontists Member

(248) 360-7878
OutstandingOrtho.com

Mention this ad at your visit to get your free toothbrush!
For information on booking a nature appointment for your group, visit: wbparks.org/nature.

Nature Room and Outdoor Natural Play Area

Open Hours

The critters are ready for you to come and see their new upgrades. Check out the new animal habitat upgrades and new artwork. West Bloomfield Parks’ Nature Room is located inside the Recreation Activities Center. Explore and enjoy hands-on activities, educational displays, read nature-themed story books in the beaver lodge and visit live animals. Seventy plus acres of natural land behind the building offer great nature trails to walk and explore.

For even more to explore, visit the Outdoor Natural Play Area (ONPA). The space features a sensory garden and natural elements for play, designed to engage children with nature. Dress kids in clothes that can get messy. We invite you and your family to come check out all the Nature Room and ONPA have to offer. Our Naturalist will be on hand to answer your nature questions and help you make a craft.

**Family Archery Day**

Bond with your family while learning the exciting sport of archery! Both first time archers and experienced archers are welcome. Equipment, food and drinks will be provided.

**Instructor:** Detroit Archers

**Location:** Detroit Archers, 5795 Drake Rd.

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**Live Animal Show: Small Wonders**

This show will feature exotic creatures of the smaller variety along with information about each animal’s natural history, geography and characteristics. You will meet animals that include a Honduran milk snake, red eyed tree frog, blue tongue skink, parrots, a tortise, a chameleon and a few other surprises! You will be able to feel a furry Chinchilla too! After the program you can make an animal craft.

**Instructor:** Dan Briere

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**Beekeeper for a Day**

Join us as we explore the magical world of beekeeping from our friends at Bees in the D! Become a beekeeper for the day! Discover how integral honey bees are to our food system, how pollination and honey go hand in hand, and how incredible these misunderstood creatures really are.

You’ll have the opportunity to put on a beekeeping suit, get hands on with the bees and learn how a hive works and thrives. Since we’ll be interacting with the bees, all participants will be required to sign a waiver.

**Location:** Schulak Farm

**Instructor:** Brian Peterson from Bees in the D

**Adult Program:**

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**Family Program:**

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<td>$23/$28</td>
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</table>

**Nature Special Events**

These are family programs, ALL children AND adults MUST REGISTER for these programs.

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**Adult Program:**

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**Family Program:**

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<td>Su</td>
<td>9:00A-11:00A</td>
<td>$23/$28</td>
<td>8+</td>
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No registration required and IT’S FREE! Children must be accompanied by an adult at all times.
Health & Fitness

PoundFit
In this “Rock Out Work Out”, you will participate in exercises that engage the whole body. The workout combines yoga and pilates-inspired movements, while using Ripstix©, lightly weighted drumsticks engineered specifically for exercising! Designed for all fitness levels, POUND© provides an atmosphere for rockin’ out to music while getting a great cardio workout, relieving stress and having fun together!
Location: Recreation Activities Center
Instructor: Melissa Marguerite

Cardio Combo
All three fitness components will be covered in this class: cardiovascular, strength training and flexibility. Have fun while getting a great workout for your heart and lungs by doing low impact aerobics. Speed up your metabolism working on your upper and lower body, strengthening your abdominal muscles and back. Stretching will keep the muscles flexible and prevent injury.

Strength Training
Strength training is the best way to speed up your metabolism (even better than cardio). It improves bone mass, is essential for preventing and improving osteoporosis and increases flexibility! You will be coached to make sure you are using the correct form when performing the exercises that will target all major muscle groups from head to toe, it’s just like having your own personal trainer! Free weights, dynabands and your own body’s resistance will be used. Open to all ability levels.

Freedom From Fractures:
Osteoporosis Awareness
Learn how to keep your bones healthy and strong, while preventing osteoporosis with proper nutrition and exercise! Although this event is free, pre-registration is required.

Tai Chi Yang pg 34
**Zumba Gold**

This class is perfect for adults who are looking for a modified Zumba® class that recreates the original moves at a lower-intensity. This low impact and easy-to-follow choreography focuses on balance, range of motion and coordination.

**Location:** Connect at Orchard Mall  
**Instructor:** Brenda Pamela Zarina

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No class 5/25

**Popular Hustles**

Learn popular hustle dances that are done in clubs, at parties and social events. The hustle is a form of line dancing with a variety of moves and turns. Individuals and couples are welcome.

**Location:** Connect at Orchard Mall  
**Instructor:** Byron Johnson

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**Motown Ballroom**

This unique and popular style of ballroom dance stems from the “Baby Boomer” generation and is done in some of the most popular night spots. You will learn basic ballroom steps and several dance combinations. Individuals and couples are welcome. The last class of each session will run from 6:30-8:30 pm.

**Location:** Connect at Orchard Mall  
**Instructor:** Byron Johnson

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**Argentine Tango Beginner**

The instructor will teach you the history, etiquette and terms, all while teaching you the elegant moves of this wonderful dance. This class is a great opportunity to socialize, exercise and have a lot of fun! Both couples and individuals are welcome.

**Location:** Connect at Orchard Mall  
**Instructor:** Alan Kline

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**Chair Exercise**

This class works on both upper and lower body of individuals who find it difficult to stand and exercise for an hour. While using a chair, you will work on strength, balance and stretching while sitting or standing. Fall prevention techniques are also discussed.

**Location:** Connect at Orchard Mall  
**Instructor:** Lisa Fein

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No class 5/25, 7/3, 8/21, 9/4

**Pilates Mat**

Pilates is a full body workout focusing on the core muscles, abdomen and the spine. If you have an injury or special issue with your upper body, such as neck or shoulder, lower back problems, osteopenia or osteoporosis, you will learn the proper way to exercise the core muscles in a safe and healthy way. This class is for all fitness levels.

**Location:** Recreation Activities Center  
**Instructor:** Lisa Fein

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**Adult Tap**

Learn or refresh your dance skills for fun and exercise. You will have the opportunity to learn rhythm, basic tap progressions and fundamentals. This class is ‘no pressure’ so if you’ve always wanted to dance, now is the time. Dancers must have previous tap experience, or have completed the beginner class to enroll in the intermediate level. Dancewear or workout wear is preferred. Tap shoes are strongly suggested.

**Location:** Community Room at Drake Sports Park  
**Instructor:** Liz Mortens

**Code #** **Date** **Day** **Time** **R/NR Fee** **Age**

**Beginner**  
1270-1A 4/30-6/11 Th 11:30A-12:15P $65/$75 18+  
1270-1B 4/30-6/11 Th 12:15P-1:00P $65/$75 18+  
No class 5/7

**Intermediate**  
1270-1B 4/30-6/11 Th 12:15P-1:00P $65/$75 18+  
No class 5/7

**Arms & Abs through Bellydance**

This class will get your upper arms and stomach toned through the world’s oldest and most interesting dance-bellydance! The best part of this low impact class is that it tones the body while teaching you to dance Egyptian style bellydance by a friendly instructor who performs around the world. No rhythm? No problem. Give us three weeks and we will have your hips moving in ways you never thought possible.

**Location:** Recreation Activities Center  
**Instructor:** Lana Mini

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No class 8/19

**Inquire about daily rates if you can’t attend a full session.**
Tai Chi Yang

This style of Tai Chi is gentle and graceful, will help relax the mind and body, relieve stress and tension, develop balance, flexibility and muscle tone. To Ms. Wang, the pursuit of knowledge, understanding and excellence in Tai Chi is a lifelong journey; she has traveled extensively throughout the U.S. and to China to study with the world’s top masters, is a certified Senior Instructor in Traditional Yang Style Tai Chi and has been teaching for more than 35 years.

9am beginner, 10-11am continuing, 11- Noon advanced

Instructor: Han Hoong Wang

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Location: Community Room at Drake Sports Park

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No class 5/23, 7/4

Simplified Tai Chi: Core Strength and Balance

Using select Tai Chi movements as a therapeutic tool, we focus on engaging the inner core muscles to protect the back. With core control you will learn balance strategies while standing and stepping. Chairs could be used for balance support. Experience increased levels of energy, upright posture, relaxation of body and mind and dramatically improved balance! Early registration discount does not apply.

Instructor: Catherine (Runjie) Yu

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Location: Community Room at Drake Sports Park

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No class 5/18, 5/25, 6/17, 6/26, 7/3, 7/6, 8/7, 8/10

Simplified Tai Chi with Support

A 37 posture set will be taught with or without chair support to accommodate different levels of mobility. Sustained Tai Chi practice has been shown to increase brain volume and prevent shrinkage related to aging. As a motor control learning tool, this will greatly improve coordination, soften the body, reduce stress and boost cognitive skills. Early registration discount does not apply.

Instructor: Catherine (Runjie) Yu

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**Gentle Yoga for Health**

Focus on the gentle therapeutic benefits of yoga for both the body and mind. The emphasis on this class will include, foundational poses, basic breathing techniques, deep relaxation, inner awareness and alignment to avoid injury. Come join us as we move toward greater health and well-being. No prior experience necessary. Participants must be able to get down and up from the floor on their own.

Instructor: Julie Levinson, ERYT, C-IAYT

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**Yoga for Rejuvenation**

Reduce stress while strengthening and improving your flexibility and mobility. This is a slow, safe and gentle class with most poses executed while seated or reclining on the floor. Use of hatha yoga postures, breath work and meditation are tools to move toward greater health and well-being. No prior yoga experience necessary.

Instructor: Julie Levinson, ERYT, C-IAYT

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**Yoga and More**

Bring together your body, mind and spirit while emphasizing alignment and safety. Address your health and well-being in this class which draws on several different styles of yoga incorporating yoga postures, breath work and meditation. Come join us and reap the benefits! Some yoga experience suggested.

Instructor: Julie Levinson, ERYT, C-IAYT

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**Gentle Chair Yoga**

Move yourself to greater health and well-being through a gentle, chair practice. Focus on the therapeutic benefits of yoga for both body and mind. Improve your balance, strength, flexibility and mobility with this gentle seated class. Attention to breath work and meditation are included in this mind-body practice.

Instructor: Julie Levinson, ERYT, C-IAYT

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Segway: Summer Rides

You’ve heard about them and possibly have seen them, but have you driven one? Great Lakes Segway will provide the opportunity for you to learn and ride while you experience the sights and smells of summer along our beautiful West Bloomfield Trail. There is a 20 minute intro to get you fitted with a helmet and comfortable on the segway before leaving the sights and smells of summer along our beautiful West Bloomfield Trail. There is a 20 minute intro to get you fitted with a helmet and comfortable on the segway before leaving

Lazy Marathon

Lazy Marathon is a six week event for walkers to complete 26.2 miles. Each participant is responsible to complete 26.2 miles of walking on their own; or at Tuesday 7pm ITC walk events, or at Monday 9am Connect Saunter and Social walks, and/or self-directed Wednesday 9:30 am Drake Sports Park walk. Each participant will be given a score card to be updated each week either at Connect or sponsored walks. Final night, Tuesday, September 8, 2020 will consist of a 2.2 mile Connect walk with taped finished line to receive your T-shirt for completing the marathon.

Pickleball Doubles Ladder

The format of play is designed so that players play mostly with others of similar skill levels. Your ranking on a ladder is based upon your winning points percentage (the ratio of points won to total points available). Players will move up or down the ladder based upon their winning points percentage. The results of the six weeks of play will be used for this calculation. Each week, players will be placed in groups of 4 in the order of their ranking on the ladder for match play. Early registration discount does not apply.

Pickleball 100: Intro to Pickleball

This two hour clinic is an introduction to the game of pickleball. Participants will learn the terminology, rules, basic skills and equipment provided. Participants must wear tennis shoes. Early registration discount does not apply.

Pickleball Doubles Ladder

The format of play is designed so that players play mostly with others of similar skill levels. Your ranking on a ladder is based upon your winning points percentage (the ratio of points won to total points available). Players will move up or down the ladder based upon their winning points percentage. The results of the six weeks of play will be used for this calculation. Each week, players will be placed in groups of 4 in the order of their ranking on the ladder for match play. Early registration discount does not apply.
Dog Enrichment

Instructor: Elaine Chan-Whitlow
Location: Drake Sports Park, unless stated otherwise

Classes:
Please bring small bite size, soft treats; proof of all current vaccines; collar or harness, non-retractable 4 - 6 ft. leash and a clicker if you have one. Attending the free orientations is recommended but not required.

Meet the Trainer Q&A + Treat Sampling
Join us at Premier Pet Supply West Bloomfield for a causal Q&A where you can meet our dog trainer in person and ask her questions about your dog and their needs. Elaine can help you with training recommendations and to look for new and exciting treats or supplies for your dog!

New!

Location: Premier Pet Supply

Code # Date Day Time R/NR Fee Age
1189-4 4/4 Sa 2:00P-4:00P $0/$0 18+

Tails-to-Trails Summer Camp
Come meet other canine friends and our dog trainer as she guides you on a walk while assisting with basic obedience training. We will also play games that will strengthen your dog’s current training skills and practice their manners in an outdoor environment with real life distractions. Camp will consist of a 1.5-2 mile walk, training exercises, socialization and time in between for breaks. Since we will be in a public space, please adhere to these rules: Your dog can’t be aggressive towards people or other dogs, you must bring dog waste bags and water for you and your pup. For safety, one dog per handler. $10 discount for a canine sibling to attend with an additional handler.

Location: Marshbank Park

Code # Date Day Time R/NR Fee Age
1190-1 6/2 Tu 6:30P-8:30P $35/$40 18+
1190-2 6/19 F 6:30P-8:30P $35/$40 18+
1190-3 6/28 Sa 3:30P-5:30P $35/$40 18+
1190-4 7/10 F 6:30P-8:30P $35/$40 18+
1190-5 7/25 Sa 5:00P-7:00P $35/$40 18+

Leash Manners
Walking properly on a leash without pulling isn’t something that comes naturally for any dog. We will go over proper equipment that best fits your dog, learn training exercises that teach your dog how to walk nicely on a leash and how you can gain better control. With a little patience, your dog’s favorite treats and practice, you will have safer and more enjoyable walks. Location: Premier Pet Supply

Orientation (for dogs under 35 pounds):
Code # Date Day Time R/NR Fee Age
1189-8A 5/9 Sa 2:00P-3:30P $0/$0 18+

Orientation (for dogs under 35 pounds):
Code # Date Day Time R/NR Fee Age
1189-8B 5/9 Sa 4:00P-5:30P $0/$0 18+

Class:
Code # Date Day Time R/NR Fee Age
1189-8C 5/23-6/27 Sa 4:30P-5:30P $185/$200 18+

New!

AKC S.T.A.R. Puppy Training
Socialization, training, activity and a responsible owner are the four keys to having a happy, healthy and well-behaved puppy. Puppy socialization and training should start as soon as you bring the puppy home. In this class, you will learn how to potty train your dog, deal with puppy biting as well as handling exercises and basic commands. At the end of class, you will take a test to earn your puppy the AKC S.T.A.R. Puppy Award. All family members are welcome to join. Recommended for pups 8 weeks to 5 months old.

Orientation
Code # Date Day Time R/NR Fee Age
1189-Z 4/30 Th 7:15P-8:15P $0/$0 18+

Class
Code # Date Day Time R/NR Fee Age
1189-2A 5/7-6/11 Th 7:15P-8:15P $167/$177 18+

Leash Reactivity
New!
A leash reactive dog is one who barks, growls, lunges, snaps and acts uncontrollably towards other people, dogs or objects while they are on leash. Living with a reactive dog can be very frustrating for any dog owner, and it is certainly not an easy journey. But the good news is, with proper training and combining the use of reinforcement along with corrections, leash reactive behavior can be modified. In this class, we will help you change your dog’s behaviors for the better.

Orientation:
Code # Date Day Time R/NR Fee Age
1189-3 4/30 Th 8:30P-9:30P $0/$0 18+

Class:
Code # Date Day Time R/NR Fee Age
1189-3A 5/7-6/11 Th 8:30P-9:30P $305/$325 18+

Dog Tricks 101
Teach your dog to roll over, high five, speak, shush on command, or any other tricks you desire. You’ll learn the foundation of how to train your dog tricks, how to break down complicated tricks into parts, and how to put those parts together to complete a trick. Once you understand how to train tricks, the possibilities are endless as to what you can teach your dog. This is a fun and empowering class for both you and your dog!

Orientation:
Code # Date Day Time R/NR Fee Age
1189-1 4/30 Th 6:00P-7:00P $0/$0 18+

Class:
Code # Date Day Time R/NR Fee Age
1189-1A 5/7-6/4 Th 6:00P-7:00P $130/$145 18+

Potty Training Seminar
Is your dog still having accidents in the house? Potty training a puppy or an adult dog is not impossible, you just need to know how. In this informative seminar, you will get the answers to your potty training questions. Our trainer will help you get closer to your goal of having a dog that is potty trained! You may attend with or without your dog.

Location: Premier Pet Supply

Code # Date Day Time R/NR Fee Age
1189-5 4/25 Sa 1:00P-2:30P $17/$20 18+
1189-6 5/30 Sa 1:00P-2:30P $17/$20 18+
1189-7 6/27 Sa 1:00P-2:30P $17/$20 18+
Educational Seminars

Location: Connect at Orchard Mall, unless stated otherwise. These classes aren’t eligible for early registration discounts.

Creative Retirement Income & Pension Planning
Learn how to create a monthly income program for retirement needs to supplement your social security to live on while still maintaining your retirement savings. The instructor will teach you to invest using predictable investment strategies, use strategies for tax deferred investments and methods to pass money to family members. Instructor: Jonathan Strong

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<tbody>
<tr>
<td>2060-1A</td>
<td>5/13</td>
<td>W</td>
<td>6:00P-8:00P</td>
<td>$5/$7</td>
<td>25+</td>
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How to Earn Tax Free Income
This class will teach you how to earn tax free income today and in retirement. The instructor will discuss Michigan Tax Free Municipal Bonds as well as how you can earn higher interest rates at your local bank. Instructor: Jonathan Strong

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<td>6:00P-8:00P</td>
<td>$5/$7</td>
<td>25+</td>
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Real Estate 101: How To Sell & Buy Homes From A-Z
This course will teach you all you need to know to sell and buy residential homes and condos. The instructor will guide you through and simplify the stressful steps from staging and home selection to negotiation, mortgages, credit and the lending process. You will also learn about important legalities of the many forms from the lead base paint and seller’s disclosures to deeds, title and title insurance. Learn about these topics and more to realize how they can affect you as you sell and/or buy a home. Instructor: Allan Mindell

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<tr>
<td>1080-2</td>
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<td>M</td>
<td>6:30P-8:00P</td>
<td>$5/$7</td>
<td>25+</td>
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Using Current Investment Themes and Sectors
Learn how to develop a diversified investment program that works for you using leading investment sectors such as consumer products, healthcare and technology. You will also learn how to build a dividend growth stock portfolio and be given useful portfolio examples, along with a question and answer session. Instructor: Jonathan Strong

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<td>$5/$7</td>
<td>25+</td>
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Basic Life Support for Healthcare Providers
In this course, students complete BLS skills practice and testing as well as participate in simulated clinical scenarios and learning stations. All participants who pass the written exam/skills test will receive a current BLS Provider card. American Heart Association Cards are valid for 2 years. Eligible for early registration discount.

Location: Recreation Activities Center
Instructor: LaToyia Shannon

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<tr>
<td>1291-1</td>
<td>5/14</td>
<td>Th</td>
<td>5:00P-9:00P</td>
<td>$75/$85</td>
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<td>1291-2</td>
<td>6/9</td>
<td>Tu</td>
<td>5:00P-9:00P</td>
<td>$75/$85</td>
<td>16+</td>
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Successor Trustee Workshop
This class will examine what it means to be a “successor trustee”. The instructor will outline the fiduciary duties and responsibilities of a trustee for a living trust. He will also discuss how to manage those responsibilities and administer the trust when the time comes. Instructor: Eric Glick

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<td>2:30P-4:30P</td>
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<tr>
<td>1081-2C</td>
<td>6/16</td>
<td>Tu</td>
<td>6:30P-8:30P</td>
<td>$5/$7</td>
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Probate Court Basics
This class will educate you on the probate court’s function and purpose including the probate court process, what a personal representative is and what you need to know to open a “probate” estate. You will learn about the different types of estates, estate administration and the benefits of having a will in place. Guardianships and conservatorships will also be discussed. Instructor: Eric Glick

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Estate Planning Basics
Learn the benefits and goals of proper estate planning as well as the dangers of do-it-yourself techniques. The instructor will explain important legal documents such as Revocable Living Trusts, Last Will and Testaments, Durable Powers of Attorney and Patient Advocate Designations. He will also lead a discussion centered on how to achieve common estate planning goals. Instructor: Eric Glick

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<td>1081-2A</td>
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<td>M</td>
<td>6:30P-8:30P</td>
<td>$5/$7</td>
<td>25+</td>
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</table>
**Plein Aire Art Camp for Adults**

Learn to paint from life with accuracy and speed. The instructor helps solve common painting concerns with light, value, composition and the development of a center of interest. Although the instructor prefers to work in pastel, all mediums are acceptable for this workshop. Demonstrations and discussion will be followed by one-on-one assistance. Participants must bring their own supplies.

**Location:** Recreation Activities Center  
**Instructor:** Frances Seikaly  
**Code # Date Day Time R/NR Fee Age**  
1120-1A 8/18-8/21 Tu, W, Th, F 10:00A-2:00P $145/$160 18+

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**Knitting Inspiration & Instruction**

Are you looking to begin knitting? Do you need inspiration and instruction to start new projects? This class is for all levels, so come learn a new skill, tackle a tricky pattern or rekindle your love of knitting. Bring any project you are working on and our instructor will help you through it!

**Location:** Connect at Orchard Mall  
**Instructor:** Katherine Ligon  
**Code # Date Day Time R/NR Fee Age**  
1130-1A 4/29-6/3 W 10:00A-12:00P $88/$98 18+  
1130-1B 6/10-7/15 W 10:00A-12:00P $88/$98 18+  
1130-1C 7/22-8/26 W 10:00A-12:00P $88/$98 18+

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**Knitting with Beads**

If you haven’t learned to embellish your knitting with beadwork this class is for you! The instructor, a Master Knitter, will guide you in making beautiful beaded handbags and trendy headbands. But if you would like to learn on something of your own that’s fine too! Patterns will be supplied and a supply list will be given the first day of class.

**Location:** Connect at Orchard Mall  
**Instructor:** Katherine Ligon  
**Code # Date Day Time R/NR Fee Age**  
1140-B 7/14-8/18 Tu 10:00A-12:00P $88/$98 18+

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**Quilt Making**

If you’ve always wanted to learn how to quilt, here’s your chance. Learn the essential techniques, from start to finish, while making a beautiful Irish Chain (wall hanging or crib size) quilt. You’ll use quick rotary cutting and machine piecing. Homework will be assigned, but by the end of the session you will have your own beautiful quilt! A supply list will be provided when you register, but come to the first class before you purchase your fabric. In order to participate in this class, you must bring your own portable sewing machine.

**Location:** Connect at Orchard Mall  
**Instructor:** Katherine Ligon  
**Code # Date Day Time R/NR Fee Age**  
1140-1 4/28-6/2 Tu 10:00A-12:00P $88/$98 18+

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**Open Studio**

Here’s your chance to finish up those art projects or start a new one with an award winning instructor. All mediums are welcome. Help will be individualized for each student. Students must provide their own supplies.

**Location:** Recreation Activities Center  
**Instructor:** Frances Seikaly  
**Code # Date Day Time R/NR Fee Age**  
1112-1A 7/14-8/11 Tu 10:00A-1:00P $89/$99 18+  
No class 8/4

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**Colored Pencils**

This six week class covers basic tools, supports, tonal applications, pressure, layering and fixatives. A series of exercises will be done to familiarize you with this medium. Bring a set of colored pencils, a white plastic eraser, a kneaded rubber eraser and a small pencil sharpener to the first class. Additional supplies will be discussed in the first session.

**Location:** Recreation Activities Center  
**Instructor:** Frances Seikaly  
**Code # Date Day Time R/NR Fee Age**  
1151 5/8-6/12 F 10:00A-12:30P $140/$155 18+

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**Art as Therapy**

Take time to enjoy some relaxing and therapeutic fun! This class utilizes materials to create art while expressing yourself in a supportive environment. Art therapy has been proven to significantly reduce symptoms in many mood disorders. The Affordable Care Act (ACA) ordered all major medical plans to cover 10 “essential health benefits”. One of the benefits is “mental health and substance use disorder services. This class is taught by a registered art therapist so check with your health insurance, you may be able to get reimbursed for this class!

**Location:** The Lodge at Marshbank Park  
**Instructor:** Jennifer Edwards M.ED,ATR  
**Code # Date Day Time R/NR Fee Age**  
2145-1 5/12 Tu 6:30P-8:30P $45/$50 50+  
2145-2 6/9 Tu 6:30P-8:30P $45/$50 50+  
2145-3 7/7 Tu 6:30P-8:30P $45/$50 50+  
2145-4 8/18 Tu 6:30P-8:30P $45/$50 50+
Trips

Due to the popularity of trips and the often limited seating on buses, registration is limited to enrolling 2 people at a time.

Location: Bus Departs from the Recreation Activities Center
Home pick-ups and returns can be arranged by calling (248) 706-2411.

Chaperone: West Bloomfield Parks Staff

Ford Field Tour & Lunch
We invite you on a tour of Ford Field for a behind-the-scenes glimpse at Detroit’s crown jewel and the home of the Detroit Lions, Super Bowl XL and the 2009 NCAA Men’s Basketball Final Four. Ford Field represents Detroit’s history and its future in a single venue. You will experience this innovation in architecture, as Ford Field integrates the Detroit Lions stadium into the historical old Hudson’s warehouse built in the 1920’s. Peek at a Ford Field suite, an NFL locker room, walk down the tunnel to the field and stand on the turf for a player’s view of the stadium. The tour will last about an hour. Lunch will be on your own after the tour at Hockeytown Café. This trip involves a lot of walking. There are wheelchairs you can use at Ford Field, but you will need someone to push the wheelchair.

Code # Date Day Time R/NR Fee Age
2290-1A 5/12 Tu 10:00A-3:30P $20/$25 50 +

Detroit Tigers Game
Join us for an afternoon at the old ballpark. The Tigers play host to the Oakland Athletics. Price includes: round-trip transportation to and from Comerica Park, outfield box seat and a voucher for lunch. Tickets are limited!

Code # Date Day Time R/NR Fee Age
2290-2A 6/11 Th 11:00A-6:00P $46/$51 40 +

Sensational Shopping
Join West Bloomfield Parks for a day of shopping, browsing and lunch. Plus, it’s great exercise! The registration covers roundtrip transportation from the Recreation Activities Center. You must register separately for each trip.

Code # Date Day Time R/NR Fee Age
2300-A 5/19 Tu 9:30A-3:00P $7/$9 50 +
2300-B 6/16 Tu 9:30A-3:00P $7/$9 50 +
2300-C 7/21 Tu 9:30A-3:00P $7/$9 50 +
2300-D 8/18 Tu 9:30A-3:00P $7/$9 50 +

Special thanks to our senior services sponsor:

Marvin & Betty Danto
Health Care Center
DSO Concerts

Enjoy a morning at the Detroit Symphony Orchestra. All seats are on the main floor within the first four rows of the stage. Cost includes round trip transportation to and from the Max M. Fisher Music Center. The bus will leave the Recreation Activities Center at 9:15 am in time to have a quick beverage and pastry, before the performance and return by 2 pm. There will be no refunds once registered.

Prohibition: Moulin Rouge to Boardwalk Empire

Time travel through the dark cabarets and speakeasies of New York, Paris, Berlin, London, Chicago and Atlantic City. Featuring vintage imagery and video, Prohibition lets audience members experience the 1920s in all its decadence, with music from Irving Berlin, Edith Piaf, Josephine Baker and more.

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<tr>
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<td>5/15</td>
<td>F</td>
<td>9:15A-1:45P</td>
<td>$55/$65</td>
<td>50+</td>
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Summer Blockbusters

Large budgets, epic storylines and record crowds. The arrival of summer brings with it blockbuster movies that capture everyone’s attention, and turn film composers - such as John Williams, James Horner and Hans Zimmer - into household names. Enter the summer with the best music from some of the top-grossing summer movies of all time, including Aladdin, Gladiator and Raiders of the Lost Ark.

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<td>2240-2A</td>
<td>6/12</td>
<td>F</td>
<td>9:15A-1:45P</td>
<td>$55/$65</td>
<td>50+</td>
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Exercise Your Mind Series: Sponsored Meals from Wellbeing Experts

New! Free!

This program includes lunch. Pre-registration is required and space is limited. Registration deadline is two business days prior to event. Location: Connect at Orchard Mall.

Signs and Symptoms of Strokes

As May is Stroke Awareness month, Anna Ruhs RN, BSN, Stroke Coordinator will present on stoke education. She will discuss risk factors, stroke prevention, signs and symptoms to look for to determine if a stroke is occurring, as well as when it’s time to call emergency services. Includes lunch. Instructor: Anna Ruhs RN, BSN

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<tr>
<td>2087-1</td>
<td>5/12</td>
<td>Tu</td>
<td>11:30A-1:00P</td>
<td>$0/$0</td>
<td>45+</td>
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The ABC’s of CBD

Kathy Housey CCBDC, local lecturer and educator will present the scientific information about CBD and why it’s so different than the psychoactive ingredients associated with marijuana. She will walk you through the history of CBD in the United States, the legalities of it’s use as well as the medical conditions it has been used to treat. Includes lunch. Instructor: Kathy Housey CCBDC

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<td>Th</td>
<td>12:00P-1:15P</td>
<td>$0/$0</td>
<td>45+</td>
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DIA-Van Gogh in America

This is the first exhibition dedicated to the introduction and early reception of Vincent Van Gogh’s art in the United States. The DIA was the first public museum in the United States to purchase a painting by Van Gogh. The exhibition will display 68 works by Van Gogh and is the exclusive venue for this exhibition. Enjoy the coffee/cookie reception and motor coach transportation provided by the DIA.

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<tr>
<td>2290-3A</td>
<td>7/9</td>
<td>Th</td>
<td>12:00P-3:45P</td>
<td>$16/$21</td>
<td>50+</td>
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Great Black Women of Detroit Tour & Lunch

We’re still celebrating the Centennial of the Women’s Right to Vote, 1919-2019. Join us for a bus tour where Jamon Jordan, of Black Scroll Network History and Tours, will share stories of the Great Black Women in Detroit’s history, including the Underground Railroad, Civil Rights Movement, Labor Movement and more. Lunch at Garden Theatre’s - The Block will be at your own expense. This trip involves a lot of walking.

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<td>$7/$12</td>
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Michigan State Fair: Honored Citizens’ Day

Participants will enjoy special senior programming including a continental breakfast, boxed lunch, door prizes and senior day vendors. After, visit the animal exhibits and additional vendors on your own - all a part of the free fair only admission. If you wish to upgrade your wristband to include the circus, it will be an additional fee, payable to the box office on-site.

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Benefits of Short Term Rehab

Board certified, Dr. Jeffrey Kandt, from the Oakland County Orthopedic Institute will discuss the importance of short term rehabilitation not only for your body but for your mind as well. Dr. Kandt will focus on physical strength training and the thought processes that are also learned to make you more aware of your surroundings and body signals. Includes lunch. Instructor: Jeffrey Kandt M.D.

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<th>Day</th>
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<th>Age</th>
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<tr>
<td>2087-2</td>
<td>7/12</td>
<td>W</td>
<td>11:00A-12:30P</td>
<td>$0/$0</td>
<td>45+</td>
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Troublesome Veins

A West Bloomfield provider will educate you on your veins, their health and problem vein solutions. There will be a powerpoint presentation, a question and answer session and even vein screening, if you so choose. Includes breakfast. Instructor: Staff Allure Med. Vein Center

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<th>Age</th>
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<tr>
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<td>W</td>
<td>9:00A-11:00A</td>
<td>$0/$0</td>
<td>45+</td>
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Do you enjoy food, good company and a little bit of travel? Then join this “out-to-lunch bunch” as we make the reservations and provide the transportation while you choose what to eat and pay for the meal. A great way for new residents of the area to get acquainted with their neighbors.

**IMPORTANT lottery style registration information below:**

Due to the volume of customer feedback, with limited seating on the buses combined with the popularity of trips, a new registration process is being implemented. This is being done to try to accommodate people that have not been able to secure a seat on one of the bus trips. This revised process will also make registration more accessible for a wider range of patrons. In addition, we are trying to improve the process and registration experience while eliminating participants from having to arrive in the wee hours of the morning to get in line. Anyone can register to be a part of the lottery, but must be present on April 30th. Call 248-706-2411 to reserve community transit service for on-site registration at Connect.

**STEP ONE:** To be entered into the registration lottery, please pre-register for course #: RR Lottery (course #2280). Once you have pre-registered for this course, your name will be entered into the registration lottery. Pre-register for the registration lottery anytime up until 9:30 am on 4/30/20. Only one person per household can be drawn to be eligible to register for their family members.

**STEP TWO:** On-site registration will be at Connect, 6335A Orchard Lake Rd. starting at 9 am on April 30, 2020. Arrive between 9am-10am to enjoy a free breakfast*. Once your name has been randomly selected from the lottery, you will be able to register with the following parameters:

- Only one representative per account can sign up members in their household for these trips. If more than two adults live in your home and want to sign up for the same trip, you will have to prove residency so each person must provide their driver’s license or state id, showing current home address.
- You may register to be in the lottery to represent someone who can’t be present, but only if you’re not enrolling in the same activity (exception: if you live alone).
- Enroll for a maximum of five out of the eight Restaurant Rambler trips.
- The first day of registration is typically very busy and with our change to a lottery style registration process, we are asking for your patience.

**PREFER THE PHONE?** Phone reservations will be taken at 1pm and in the order they are received. Sorry, no online registration will be offered for the first week.

**STEP THREE:** Any open spots on remaining trips may be filled starting on May 7 at 8 am, phone, in person or online.

*Breakfast is only for people registering or being registered for Restaurant Ramblers or SRG Trips.

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**Registration Lottery**

Breakfast available between 9:00 and 10:00 am. Those pre-registered in the lottery will receive a $10 discount to be used towards any trip registration that morning ($10 discount per person registered for the lottery). Not redeemable for cash nor refundable. **Registration will begin at 9:30am.**

**Location:** Connect at Orchard Mall

**Code #** | **Date** | **Day** | **Time** | **R/NR Fee** | **Age**  
---|---|---|---|---|---
2280  | 4/30 | F | 9:00A-12:00P | $10/$10 | 50+

**Restaurant Ramblers**

**Code #** | **Date** | **Day** | **Time** | **R/NR Fee** | **Age**  
---|---|---|---|---|---
**Buca di Beppo - Livonia $**
2280-1A  | 6/3 | W | 11:15A-2:45P | $5/$7 | 50+
2280-1B  | 6/5 | F | 11:15A-2:45P | $5/$7 | 50+
2280-1C  | 6/10 | W | 11:15A-2:45P | $5/$7 | 50+

**Brown Iron Brewhouse - Washington $**
2280-2A  | 6/17 | W | 11:00A-3:00P | $5/$7 | 50+
2280-2B  | 6/19 | F | 11:00A-3:00P | $5/$7 | 50+
2280-2C  | 6/24 | W | 11:00A-3:00P | $5/$7 | 50+

**Nico & Vali - Plymouth $**
2280-3A  | 7/8 | W | 11:15A-2:45P | $5/$7 | 50+
2280-3B  | 7/10 | F | 11:15A-2:45P | $5/$7 | 50+
2280-3C  | 7/15 | W | 11:15A-2:45P | $5/$7 | 50+

**The Masters - Madison Heights $$$**
2280-4A  | 7/22 | W | 11:00A-3:00P | $5/$7 | 50+
2280-4B  | 7/24 | F | 11:00A-3:00P | $5/$7 | 50+
2280-4C  | 7/29 | W | 11:00A-3:00P | $5/$7 | 50+

**Sindbads-Detroit $**
2280-5A  | 8/5 | W | 11:00A-3:00P | $5/$7 | 50+
2280-5B  | 8/7 | F | 11:00A-3:00P | $5/$7 | 50+
2280-5C  | 8/12 | W | 11:00A-3:00P | $5/$7 | 50+

**Fork n’ Pint - Lake Orion $**
2280-6A  | 8/21 | F | 11:15A-2:45P | $5/$7 | 50+
2280-6B  | 8/26 | W | 11:15A-2:45P | $5/$7 | 50+
2280-6C  | 8/28 | F | 11:15A-2:45P | $5/$7 | 50+

**White Horse Inn - Metamora $$$**
2280-7A  | 9/2 | W | 11:00A-3:00P | $5/$7 | 50+
2280-7B  | 9/4 | F | 11:00A-3:00P | $5/$7 | 50+
2280-7C  | 9/9 | W | 11:00A-3:00P | $5/$7 | 50+

**Bobcat Bonnies-Detroit $**
2280-8A  | 9/16 | W | 11:00A-3:00P | $5/$7 | 50+
2280-8B  | 9/18 | F | 11:00A-3:00P | $5/$7 | 50+
2280-8C  | 9/23 | W | 11:00A-3:00P | $5/$7 | 50+

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For information on our Community Transit program, please call (248) 706-2411.
Photo Safari #2

If you love to take pictures and travel, come join us for our second photo safari! Your guide will take you around the monuments and historic locations in the City of Detroit. We know all the great spots, and you'll have a lot of fun hearing colorful history about the sites we visit while learning how to take postcard-quality pictures! A box lunch will be included. Please note: this trip will involve a lot of walking.

ArtPrize: Day Trip to Grand Rapids

Wear your comfy shoes and join WB Parks as we travel to Grand Rapids by motor coach for our self-guided tour of ArtPrize, an open, independently-organized, international art competition. Art is exhibited throughout downtown Grand Rapids—museums, bars, parks, restaurants, theaters, hotels, bridges, laundromats, auto body shops, vacant storefronts and office spaces.

Talk Time Series Free!

Each of the sections will focus on healthy, smart financial practices and wise decision making. Beverages and a light snack will be served during each presentation. Programs are free but require pre-registration.

National Senior Day: Independence Oaks

Come along with WB Parks as we celebrate National Senior Day at Independence Oaks County Park. Enjoy fishing, archery, a nature education program, paddle boats, lawn games and pontoon boat rides. Lunch includes a hot dog, chips and lemonade. Please note the trip will be on uneven ground and mostly outdoors.

Advanced registration is required (pre-register for registration lottery and come for breakfast on April 30 at 9:30 am at Connect. See page 43 for complete details.

The Senior Resource Group (SRG) is a network of professionals connected through the West Bloomfield Chamber of Commerce that looks to connect seniors and their families with knowledge and resources on relevant topics in today’s environment. Sponsors contributing to each trip help defray the cost of trips which reduces trip costs. Sponsors may chaperone trips and have an opportunity to make personal connections with participants.
Canasta
This game is great for memory retention and a fun way to meet new people to socialize with. There will be a $5 material fee collected on the first day.

**Location:** Connect at Orchard Mall  
**Instructor:** Ann Podolsky

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<td>$55/$65</td>
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Senior Single Mingle
Senior single men and women, please join us for an afternoon of fun, conversation, light refreshments and meeting other singles. We will start with an ice breaker activity and then enjoy a guest speaker. Must pre-register by noon on 5/12.

**Location:** Connect at Orchard Mall

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Senior Single Mingle: Marshbank Music
Join us at Marshbank Park to enjoy one of our summer concerts! We will all meet at 5:00 at the lodge building so that we can find our place to enjoy a light refreshment, wonderful company and music on a beautiful summer night. Must pre-register by noon on 7/14. Location: Marshbank Park

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AARP Drivers Safety Course
The AARP Driver Safety Course is the nation’s first and largest refresher course for drivers age 50 and older. Learn defensive driving techniques, new traffic laws and rules of the road. Find out how to adjust your driving to age-related changes in vision, hearing and reaction time. Auto insurance companies in most states provide a multi-year discount to AARP graduates (consult your insurance agent). Bring your lunch or go out during the half hour break around noon each day. This is a two day class.

**Location:** Connect at Orchard Mall  
**Instructor:** Donna Bucciarelli

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<td>10:00A-2:30P</td>
<td>$20/$25</td>
<td>50+</td>
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AARP Smart Driver’s TEK Workshop
Our Smart Driver’s TEK workshop, presented by AARP Driver Safety, will keep you in the know about the latest high-tech safety features in your current car or help you choose the features you would love to have in a future car. Learn all about blind-spot warning systems, forward collision warnings, smart headlights and more. The workshop includes presentations, videos, a feature checklist and interactive discussions which will allow you to ask questions. This class is free for Connect members and pre-registration is required.

**Location:** Connect at Orchard Mall  
**Instructor:** Michael Allie

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<td>50+</td>
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<tr>
<td>2190-T2</td>
<td>8/19</td>
<td>W</td>
<td>1:30P-3:00P</td>
<td>$0/$2</td>
<td>50+</td>
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Check our website for new Mah Jongg classes!
Creative Life Writing
Do you enjoy writing? Whether you are a rookie or a pro, join our friendly and supportive group. Any type of writing is welcome - including memoirs, poetry and fiction.
Location: Connect at Orchard Mall

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<td>1:00P-3:00P</td>
<td>$5/$7</td>
<td>25+</td>
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Vicarious Travels:
In this program you will experience fabulous travel destinations without leaving West Bloomfield! In one hour, we will take you to some of the world’s greatest places through wonderful photography, narration and question and answer sessions. Must pre-register. Free for Connect members!
Location: Recreation Activities Center
Guest Speaker: Dan Navarre

Antarctica and South America

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Kenya Wildlife Safari

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Wednesday Lunch @ Connect

We serve a delicious, locally made lunch at Connect every Wednesday. Each lunch includes a main entrée, side, dessert and drink. If you have special dietary requirements and are not able to eat what is on the menu, you are welcome to bring your own lunch and join us at no charge. Registration required no later than 2 pm Monday before the scheduled lunch date.

May 6: Club sandwich, fries, quinoa salad & ice cream sandwich
May 13: Tilapia picatta, rice pilaf, vegetable medley & lemon bars
May 20: Minestrone soup, mini pepperoni pizzas, antipasti skewer & brownie bites
May 27: Michigan chicken salad sand., crudités, chips & cupcake
June 3: Potato pancakes, sour cream, applesauce, big green salad & banana cream pie
June 10: Ham, gruyere & apple panini, beet & carrot slaw, fries & cinnamon cake
June 17: Taco bar, rice, beans, light & tangy coleslaw & cookie
June 24: Sliders, sweet potato fries, cucumber salad & blueberry pie*dessert offerings subject to change based on availability.

Connect Memberships:
Connect Members have access to free programs, coffee, wi-fi, a comfortable lounge area and more. Join the more than 300 seniors who have already signed up! Connect is open Monday-Friday from 9 am-4:30 pm. Stop in for a tour and more information. Call (248) 451-1900 for more information!

Drop-In Programs at Connect

Program pricing is listed as Connect Member fee followed by the nonmember fee

- Cornhole: $0/$2  Fridays: 5/8, 6/12, 7/10  1:00-2:30 pm
- Bunko: $0/$2  Fridays: 5/8, 6/12, 7/10  2:00-3:30 pm
- Checkers: $0/$2  Fridays: 5/8, 6/12, 7/10  12:00-1:30 pm
- Saunter & Social Walk: $0/$0  Mondays: 5/4-8/24, skip 5/25  9:00-9:30 am
- Line Dance: $5/$5  Tuesdays & Fridays  11:00-12:00 pm
- Ping Pong: $0/$2  Tuesdays & Thursdays: 5/12-8/27  2:00-4:00 pm
- Open Game Room: $0/$2  Mondays & Tuesdays: 5/5-8/25 skip 5/12, 5/25  12:30-4:30 pm
- Stretch and Tone: $0/$0  Tuesdays & Thursdays: 5/4-8/27  9:00-10:00 am
- Game Show Fun: $0/$2  Wednesdays: 6/10, 7/8, 8/12  2:00-3:00 pm
Pickleball

Location: Drake Sports Park

Participants must wear tennis shoes and bring a pickleball paddle.

Pickleball 100: Intro to Pickleball
Participants will learn the terminology, rules, basic skills and will enjoy playing a game by the end of the class. Equipment provided.
Instructor: Janet Walton

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Pickleball 101: Supervised Beginner Open Play
This two hour clinic builds upon the skills learned from Pickleball 100. It will consist of supervised game playing to practice your new found skills. While the participants are playing, the instructor will engage with the students to assist.
Instructor: Shelley St. Amand

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Pickleball 201: Dinking Strategies
This clinic is for those individuals interested in advancing their dinking skills. It will focus on body positioning, paddle positioning, dink placement and strategies to use while at the non-volley zone line. Clinic will also introduce fun dinking skills to make the drilling process more exciting. This is a must have clinic for those wishing to advance their game.
Instructor: Shelley St. Amand

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<td>12:00P-1:00P</td>
<td>$10/$15</td>
<td>50+</td>
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Pickleball 202: Volley Drills
This drill clinic will focus on the volley shot. Items covered will include the block volley, punch volley and drills to improve hand eye coordination and paddle placement. Students taking this clinic should have some proficiency with being able to directionally hit and place a ball.
Instructor: Shelley St. Amand

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Pickleball 203: Serve and Return
This clinic will focus on serves and returns. It will include the various types of serves, when to use them and the strategy involved with the return of serve. Students should have some proficiency with being able to directionally hit and place a ball.
Instructor: Shelley St. Amand

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Pickleball 204: Third Shot Options
This clinic will focus on the third shot options; the drop, the drive and the lob. Items covered will include the strategy involved with each shot and their appropriate use. Students should have some proficiency with being able to directionally hit and place a ball.
Instructor: Shelley St. Amand

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Pickleball 300: Beginner Round Robin Competition
This two hour event is a friendly competition for participants that successfully completed our Pickleball 100 or Drill Classes. Awards will be given to the participants with the top three scores (ties will be broken by point differential). Come test your new pickleball skills in a friendly competition!
Instructor: Shelley St. Amand

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Pickleball 400: Advanced Round Robin Competition
This two hour event is a friendly competition for participants with a rating level of 3.5 and above. Awards will be given to the participants with the top three scores (ties will be broken by point differential). Come test your new pickleball skills in a friendly competition!
Instructor: Shelley St. Amand

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<td>$10/$10</td>
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Pickleball Doubles Ladder
The format of play is designed so that players play mostly with others of similar skill levels. Your ranking on a ladder is based upon your winning points percentage (the ratio of points won to total points available). Players will move up or down the ladder based upon their winning points percentage. The results of the 7 weeks of play will be used for this calculation. Each week, players will be placed in groups of 4 in the order of their ranking on the ladder for match play.
Below 3.5 Rating

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Above 3.5 Rating

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<tr>
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<td>50+</td>
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</table>

wbparks.org
May 14
5:30 pm
Funny Dumplings

June 18
10 am
Candy Bandits

Aug. 27
5:30 pm
Copper Tom

FREE CONCERT SERIES AT MARSHBANK PARK

Presented by:
MICHIGAN SCHOOLS & GOVERNMENT CREDIT UNION

See pg 11 for full details!